# Marinwood Review Spring/Summer 2023

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www.marinwood.org

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# **Assisted Living & Memory Care**

Oakmont of San Rafael offers comprehensive assisted living and memory care services in a resort-style setting.

### **Five-Star Amenities & Services**

Wellness & Engagement Programs • Onsite Nursing Staff Concierge Physician Program• Full-Service Restaurant

Assisted Living & Memory Care Oakmont of San Rafael

Call (628) 333-2042 today to schedule your tour!

1 LAS GALLINAS AVE · SAN RAFAEL, CA

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## Marinwood Community Center

775 Miller Creek Road, San Rafael, Ca 94903

(415) 479-0775 Fax (415) 479-7759

csd@marinwood.org

HOURS Monday-Friday 9am-5pm

Marinwood Community will be closed on: 5/29, 7/4, 9/4

#### Marinwood Community Services District Contact Information

District Manager, Eric Dreikosen edreikosen@marinwood.org, (415) 479-7751

Recreation Director, Luke Fretwell Ifretwell@marinwood.org, (415) 479-0775 x103

Assistant Recreation Director, Robyn Bruton rbruton@marinwood.org, (415) 479-0775 x 104

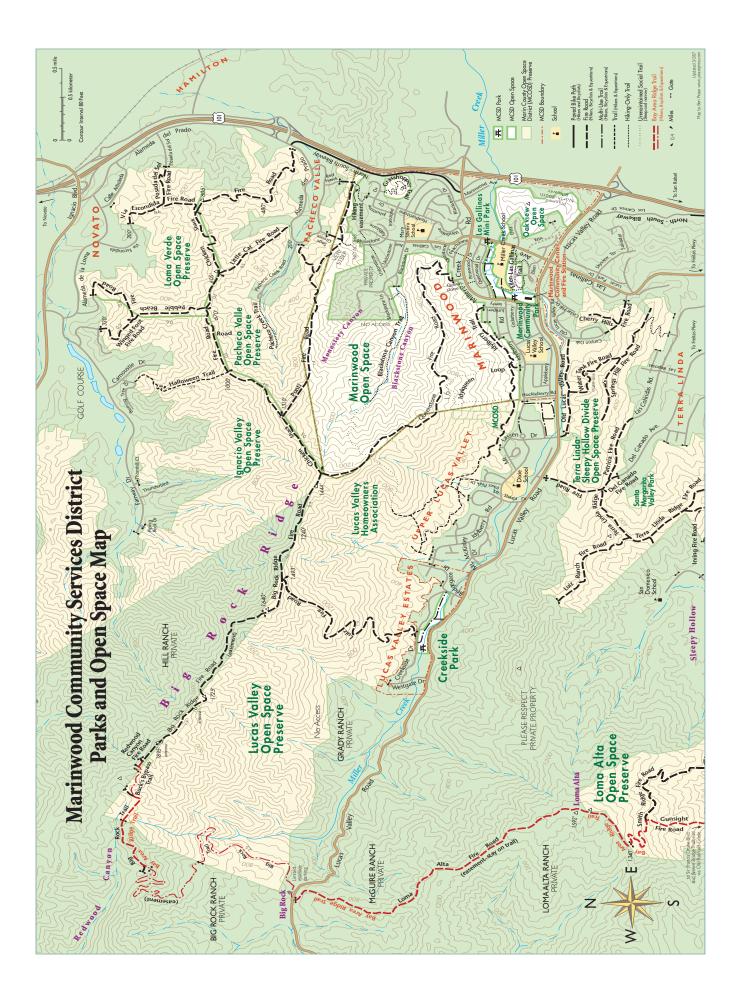
Recreation Supervisor, John Paul Kessler jpkessler@marinwood.org, (415) 479-0775 x105

General Inquiries, Carolyn Sullivan csd@marinwood.org, (415) 479-0775 x106

Marinwood Pool (April - October) (415) 479-2335

Parks and Open Space, Luke Fretwell Ifretwell@marinwood.org, (415) 479-0775 x 103

Fire Department - Non-emergency (415) 479-0122



# Policies/District Information

#### Policies

All registrations are on a first come, first served basis.

Classes fill up quickly. Please register early.

Three easy ways to register:

- 1. Online: www.marinwood.org
- 2. Walk in: Monday Friday 9:00am-5:00pm
- 3. Mail or fax a registration form

#### Payment:

Payment must be received at the time of registration along with a registration form. We gladly accept Visa, Mastercard, American Express, Discover, cash, or check (made out to MCSD). Upon receipt of your registration form and payment, you will be registered for the class unless notified that a class is full or cancelled, in which case a full refund will be granted. Please note: Marinwood CSD only allows one payer per receipt.

#### Classes and Camps Refund and Transfer Policy:

Minimum cancellation fee: \$10.00. (Cancellation fee may vary, check registration activity on website for details). All refunds and changes must be made in writing and can be emailed to csd@marinwood.org. We will not process refunds or changes over the phone. Marinwood CSD reserves the right to cancel any class/activity that does not meet minimum enrollment. Please register early to avoid class cancellations. If a class is cancelled, you will receive a full refund.

#### Classes:

Refunds are class specific, please see activity details for policy.

#### Summer Camps:

All refund and change requests must be made in writing and can be emailed to csd@marinwood.org. We will not process refunds or changes over the phone. Cancellations made more than 6 business days prior to the beginning of the camp session will result in a \$35 per session per camper fee. Cancellations made less than 6 business days prior to the beginning of the camp session will result in the forfeiture of half the camp session fee per camper. No refunds will be granted after 5:00pm the Friday before the camp session begins. All camp change requests must be made in writing and are subject to a \$10 handling fee. Marinwood does not prorate camp sessions.

#### **District Information**

The Marinwood Community Services District (CSD) was formed in 1960 to provide street lighting, fire protection and park and recreation services for our area. The CSD is governed by an elected five-member Board of Directors. The Board has established two advisory Commissions (Fire and Parks and Recreation) to oversee the routine operations of the District and to make recommendations regarding policies and budgetary matters. The District Manager and Department Heads carry out the day-to-day functions of the District as directed by the Board. The Board and Commission agendas can be found at www.marinwood.org. The Marinwood Review provides information on community meetings, events, programs, and other information of interest to the Community. Comments or suggestions regarding the publication should be directed to csd@marinwood.org.

#### Marinwood CSD Board of Directors

Meets 2nd Tuesday of each month, 7:30pm

Christopher Case	(415) 250-5443
Kathleen Kilkenny	(415) 601-1497
Sivan Oyserman	(415) 488-6669
Lisa Ruggeri	(415) 531-4232
William Shea	(415) 472-4880

#### Fire Commission

Meets 1st Tuesday of each month, 7:00pm

Tom Elsbree Steve Farac Pascal Karsenti Ron Marinoff - CSA 13 Representative Greg Stilson - CSA 13 Alternate John Seratt

#### Park and Recreation Commission

Meets 4th Tuesday of each month, 7:00pm

Jon Campo Ian Fein Michael Benesch

# Welcome Letter



#### Lost & Found

Greetings and welcome back to the Marinwood Review. We're so glad you found your way into our humble catalog. Please read on to find out about all the classes, camps, and community events coming your way this spring and summer.



And since you found your way here, we certainly hope you also find your way to our community center, our parks, our pool, or our open space trails sometime soon. We would love to see you.

But please be sure to check your pockets before you head home.

While multitudes of people find their way to our community center, parks, and pool each year, we also seem to attract multitudes of people's things. And this may be on odd flex but I think our community center has a world class Lost & Found collection, ever brimming with curiosities. For example:

The single shoe (typically a child's but not always). Who left without a shoe? Did they not notice? Did they hop all the way home? Are they now wearing mismatched shoes?

The long-lost cellphone. Who stops looking for their cellphone? Probably someone due for an upgrade, but I like to imagine this person got home, realized their phone was missing and decided they were better off without it. And they were probably right.

The mysterious paper bag containing an unfinished plate of spaghetti, a walkie-talkie, and a feather. There are so many questions. (We threw out the spaghetti.)

Most Lost & Found items don't stay lost for long and it's always fun to reunite people with their lost possessions. Over the years we have reunited crying kids with their lost razor scooters, squinting seniors with their lost eyeglasses, stranded travelers with their lost car keys, and even an anxious husband with his lost wedding ring (he was so relieved he gave me a hug). It's a minor aspect of working at a community center, but an amusing and rewarding one.

We hope to see you soon, and we hope you leave with both your shoes. But if not, you can always check the Lost & Found.

- Luke Fretwell, Recreation Director



# Join the Las Gallinas Lions Club

"WE SERVE"

# **Club Highlights**

- Service Projects such as Vision Clinics & Volunteer Days helping seniors
- Social Engagements such as Crab Feed, Dinners and Presentations

# **JOIN US!**

- Bi-Monthly Meetings, 1st and 3rd Wednesday evenings each month
- In-Person and/or on
  Zoom

INTERESTED IN JOINING A MEETING? lasgallinaslions@gmail.com



### MORE INFORMATION www.lasgallinaslions.com

# MARINWOOD'S 12TH ANNUAL RAISE A GLASS

A Winter Wine Tasting

Includes tastings, a commemorative glass, live music and hor d'oeuvres.

> MARCH 4, 2023 2:00-5:00PM \$30

Childcare available ages 2-8 \$15/child

# **Preschool Open House**

Saturday, March 18 10:00am-12:00pm











# MARINWOOD'S ANNUAL Spring Art Show

# Saturday, April 22, 2023 3:00-7:00pm

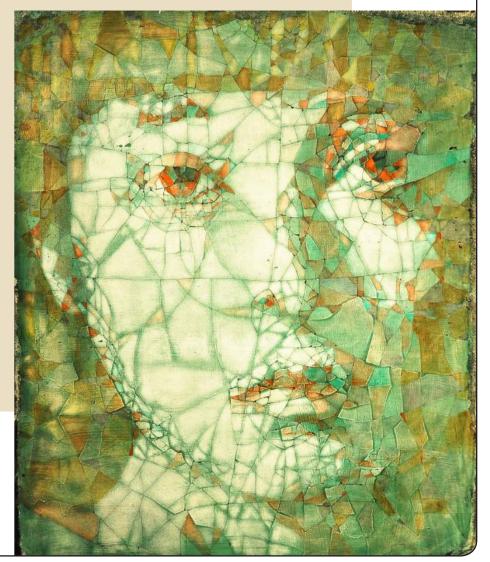
# Free Admission

"Green Mansions" by Stephen Maffin

View works from local artists with the theme "Lines & Layers".

Juror: Robert Abrams, Artist, Curator and Owner of the Abrams Claghorn Gallery in Albany, Ca.

Marinwood Community Center 775 Miller Creek Rd San Rafael, Ca 94903



# Summer Series Music in the series Dark



# FRIDAYS • 6-8PM MARINWOOD PARK

Join us this summer for live music, food and fun for the whole family! Each concert will feature high quality music from some of the Bay Area's top rock, bluegrass and folk artists, delicious BBQ by Marinwood Market and a bar for adults. Don't forget the picnic blanket! Bands will be posted on www.marinwood.org.

 Admission includes 10 beer tastes and commemorative glass!

SATURDAY

**JULY 22** 

3:00-7:00PM

\$25

- Childcare available ages 2-8 (\$10/child).
- Food available for purchase.

### **MARINWOOD PARK**

775 Miller Creek Road San Rafael, CA 94903

BREWFEST

# Preschool

# Threes Together

#### Ages 3-4

Our Threes Together class is a stimulating program that meets the developmental needs for three and four year olds. With small class sizes and a low student teacher ratio, we offer nurturing interactions, thoughtful and creative activities, and intentional support to our children as they begin their preschool experience. Each day, children will explore play materials that stimulate their imaginations, engage in art, play outside, and gather for circle time which includes puppetry, storytelling, and music.

Child must be 3 years old by September 1, 2023. \$150 Registration and Materials fee.

Fall 2023 registration opens March 29, 2023 at 9:00am for new students at www.marinwood.org.

Instructor: Marinwood Staff

## Morning School

#### Ages 4-5

Similar in structure to our Threes Together Program, Morning School offers children a thriving environment to play and explore, with additional stimulation that caters to the older preschool child. With an emphasis on creative thinking and expression, Morning School provides rich opportunities to share, question, perform, role play, make decisions and construct. This final year of preschool prepares children for kindergarten with an enthusiastic and joyful outlook on learning.

Child must be 4 years old by December 1, 2023. \$150 Registration and Materials fee.

Fall 2023 registration opens March 29, 2023 at 9:00am for new students at www.marinwood.org.

Instructor: Marinwood Staff

Ages	Day	Dates	Times	Fee
3-5	3 or 4 day options	Sept-May	9:30am- 12:30pm	\$37/ day

#### Monday-Thursday (choice of 3 or 4 days)

Tuition: Monthly tuition is due the 1st business day of the month and will be automatically charged. There is no prorating for absences. Tuition is non-refundable. Your monthly tuition payment is based upon the number of school days per month.

Registration options are:

- Mon-Th
- Mon-Wed
- Tue-Th







# After School Program

#### Ages 6-11 (1st-6th grade)

The mission of the Marinwood After School Care Program is to provide participants quality care in a safe, recreational environment that promotes creative group and individual activities. Core activities include homework help, outdoor games and activities in our beautiful park setting and creative arts and crafts inspired by weekly themes. Other enrichment opportunities such as cooking projects, special visitors or seasonal swimming will also take place.

#### Schedule:

The Marinwood After School Program is offered as follows to students on days when school is in session: Monday, Tuesday, Thursday: 2:45-6:00pm Wednesday: 2:00-6:00pm

Marinwood will <u>not</u> be offering the After School Program on Friday afternoons.

#### Transportation:

Marinwood does not provide transportation. Parents are responsible for escorting their children to Marinwood Community Center or obtaining a bus pass with the Miller Creek School District transportation office if your student attends Mary E. Silveira School or Lucas Valley School. The bus will stop in front of the Community Center and staff will escort the participants inside. Miller Creek Middle School students will walk to the Community Center on their own.

#### Tuition:

Monthly tuition is due the 1st business day of the month and will be automatically charged. There is no prorating for absences. Tuition is non-refundable. Your monthly tuition payment is based upon the number of school days per month.

4 days/week: \$26/day 3 days/week: \$28/day 2 days/week: \$29/ day \$100 Registration fee

Fall 2023 registration opens March 29, 2023 at 9:00am for new students at www.marinwood.org.

Ages	Day	Dates	Times	Fee
1st-6th grade	M, T, Th	Aug-June	2:45-6:00pm	Varies
	W		2:00-6:00pm	







## All Sorts of Sports Flag Football Club

Ages 7-11

This Flag Football Club is packed with fun. Children will learn to throw and catch, cover and run without the worry of contact! Each day players are challenged to do their best while learning to fall in love with the game of football. Emphasis will be on proper conditioning and warm-ups, footwork drills, agility, passing, receiving, and game strategies. Featuring: Quarterback challenge, games, competitions, instruction, and tons of fun! After the skills clinics, players participate in challenges and games.

Instructor: National Academy of Athletics Location: Marinwood Park

Ages	Day	Dates	Times	Fee
7-11	Th	2/9-4/6	3:30-5:00pm	\$164/ 8 classes

No class 2/23



# All Sorts of Sports Junior Academy Club

This program gives children a fun, active and educational experience tailored to the abilities of their age group.

Your child will have a blast learning motor skills and coordination while playing games with the other children that may include: teeball, soccer, flag football, capture the flag, relay and obstacle races and a whole lot more. Featuring structured simple activities, individual and team-building challenges along with small sided competitions to develop and engage small athletes.

Instructor: National Academy of Athletics Location: Marinwood Park

Age	s Day	Dates	Times	Fee
4-6	Tue	4/18-5/30	3:30-5:00pm	\$144/ 7 classes

# All Sorts of Sports - Soccer Club

Ages 7-11

The Soccer Club by the National Academy of Athletics is packed with fun. Whether your child is a beginner or more advanced

player, the drills taught at this camp will help them fall in love with the game. Our soccer camps are the perfect place to learn about the game and fitness while having a blast and making new friends.

Instructor: National Academy of Athletics Location: Marinwood Park

Ages	Day	Dates	Times	Fee
7-11	ТН	4/20-6/1	3:30-5:00pm	\$144/ 7 classes

### The ART of Attachment: Art & Emotion

Ages 6-9 (with parent/guardian)

Art & Emotion! In this class you and your child will participate together! You will learn child friendly ways to help your child cope with and express big feelings during emotional moments. Using a variety of art media, group lessons focus on increasing confidence, emotion regulation skills, and family connection.

Instructor: Renee Surcouf Location: Marinwood Community Center

Ages	Day	Dates	Times	Fee
6-9	Sat	3/11-4/1	9:30-11:00am	\$212/ 4 class-
				es



## Art Class for Kids: Famous Artists through the Ages



Ages 7-11 (2-5th Grade) In this class your child will get the opportunity to study

some of the greatest artists of history. Each week will include a short overview and a fun project inspired by that artist of the week. We will work our way through some of the history of art and explore various mediums and techniques. This is a continuous course which follows chronologically into the next session, so students that stay with the program will add to their knowledge allowing for a seamless journey through the history of art. Children receive a portfolio of their work at the end of the session.

**Session 1:** Impressionism and Post-impressionism, Pointillism, and Abstract art. Featuring Van Gogh, Monet, Seurat and Kandinsky.

**Session 2:** Modern Art, American Modernism, Action painting, and Pop art. Featuring Matisse, Georgia O'Keefe, Jackson Pollock, and Andy Warhol.

Instructor: Alonya Van Rooyen

Ages	Day	Dates	Times	Fee
7-11	М	3/6-3/27	4:00-5:00pm	\$154/ 4 classes
7-11	М	5/1-5/22	4:00-5:00pm	\$154/ 4 classes

# Babysitter's Training

#### Ages 10-14

Babysitting is an important job. You need safety and life skills to take care of and protect children. In the American Red Cross Babysitter's Training course, you will learn basic care giving, how to make good decisions, accident prevention and age appropriate play. You'll gain the confidence to make smart decisions and stay safe in any babysitting situation. Impress parents by earning your Babysitter's Training certificate!

Please bring a pen/pencil, note paper, and lunch to class. Course fee includes American Red Cross Babysitter's handbook and certificate.

#### Instructor: Marinwood Staff

Ages	Day	Dates	Times	Fee
10-14	Th	2/23	9:30am-1:00pm	\$92
10-14	Tue	4/11	9:30am-1:00pm	\$92

### Capoeira

#### Ages 6-10

Capoeira (pronounced ka-poo-eyh-da) is an Afro-Brazilian martial art from that incorporates acrobatics, dance, percussion, and songs in a rhythmic dialogue of body, mind, and spirit. It is a communal game in which two opponents play each other inside a circle, formed by the other players who create a rhythm for the game by clapping, singing, and playing traditional handmade instruments.

Daily Drop-in rate: \$25. Students may enroll mid-session.

Instructor: ABADÁ Capoeira Marin

Ages	Day	Dates	Times	Fee
6-10	Wed	3/1-4/5	3:20-4:15pm	\$115/ 6 classes
6-10	Wed	4/19-5/31	3:20-4:15pm	\$134/7 classes

### Irish Dance

Ages 5+

Award winning dance instruction for children and adults. Irish reels, jigs, and folk dances for fun and competition. Annie McBride has been teaching since 1960.

Monthly tuition is payable on the first week of each month. Students are expected to pay the full monthly fee, regardless of missed classes. Class level times vary, for schedule and more information, please contact anniemcbr@aol.com.

#### Instructor: Annie McBride

Ages	Day	Dates	Times	Fee
5+	Th	Ongoing	5:30-8:oopm*	\$79/ single; \$125/ 2 family members

\*Class times vary due to student ability.

### Play Well Teknologies class with Lego® Materials

#### Ages 7-12

Ratchet up your imagination with tens of thousands of LEGO® parts! Build engineer-designed projects in our fun classes. It's about the process, not the result. Themed classes and camps explore imaginative worlds that kids already know and love, such as Star Wars or Minecraft.

Instructor: Play-Well TEKnologies

Please check website for class details.

# Tae Kwon Do

Ages 5-12

Your child will learn to defend themself, gain selfconfidence, and increase mental concentration. This program is designed to develop motor skills, balance, and self-



discipline. Both boys and girls are encouraged to experience this fun and confidence building program. This is a non-competitive curriculum. The instructor will announce belt testing dates and an optional TKD uniform may be purchased through the instructor. Students not purchasing a uniform should wear loose fitting clothing that they can move around in easily. Start building selfesteem and confidence today! Advanced Tae Kwon Do must have instructor approval.

Students may enroll mid-session or drop in.

Instructor: Master Hyo Sim

#### Beginning Tae Kwon Do (Ages 5-6)

Ages	Day	Dates	Times	Fee
5-6	T/Th	2/28-3/30	3:30-4:oopm	\$144/ 10 classes
5-6	T/Th	4/4-5/23	3:30-4:00pm	\$186/ 13 class- es

No class 4/11, 4/13

#### Beginning Tae Kwon Do (Ages 7-10)

Age	es	Day	Dates	Times	Fee
7-10	C	T/Th	2/28-3/30	4:00-4:45pm	\$184/ 10 classes
7-10	C	T/Th	4/4-5/23	4:00-4:45pm	\$238/ 13 classes

No class 4/11, 4/13

#### Advanced Tae Kwon Do (Ages 8-12)

Ages	Day	Dates	Times	Fee
8-12	T/Th	2/28-3/30	4:45-5:30pm	\$204/ 10 classes
8-12	T/Th	4/4-5/23	4:45-5:30pm	\$264/ 13 classes

No class 4/11, 4/13

# **Tennis Swingers**

#### Ages 5-7

These little swingers learn the FUNdamentals of tennis. The basic strokes and court sense will be introduced through fun drills and games.

Instructor: Jerry Mehciz

Ages	Day	Dates	Times	Fee
5-7	Tu/Th	2/14-3/9	3:00-3:30pm	\$82/6 classes
5-7	Tu/Th	3/21-4/13	3:00-3:30pm	\$108/8 classes
5-7	Tu/Th	4/25-5/11*	3:00-3:30pm	\$82/6 classes
5-7	Tu/Th	5/16-6/1	3:00-3:30pm	\$82/6 classes

No class 2/21, 2/23

\* Instructors: Madison Kenny and Joseph Zeno

### Tennis Youth Beginner

#### Ages 8-14

Tennis is a game, so lets have fun learning forehands, backhands, volleys, smashes, and serving in a fun progressive program.

Instructor: Jerry Mehciz

Ages	Day	Dates	Times	Fee
8-14	Tu/Th	2/14-3/9	3:30-4:30pm	\$112/6 classes
8-14	Tu/Th	3/21-4/13	3:30-4:30pm	\$148/8 classes
8-14	Tu/Th	4/25-5/11*	3:30-4:30pm	\$112/6 classes
8-14	Tu/Th	5/16-6/1	3:30-4:30pm	\$112/6 classes

#### No class 2/21, 2/23

\* Instructors: Madison Kenny and Joseph Zeno





### Tennis Youth Intermediate/ Advanced

Ages 9-14 For the player who has graduated from beginner to an intermediate/advanced level. Consistency, accuracy, and power will be stressed through fun drills and match play.

Instructor: Jerry Mehciz

Ages	Day	Dates	Times	Fee
9-14	Tu/Th	2/14-3/9	4:30-5:30pm	\$112/6 classes
9-14	Tu/Th	3/21-4/13	4:30-5:30pm	\$148/8 classes
9-14	Tu/Th	4/25-5/11*	4:30-5:30pm	\$112/6 classes
9-14	Tu/Th	5/16-6/1	4:30-5:30pm	\$112/6 classes

No class 2/21, 2/23

\* Instructors: Madison Kenny and Joseph Zeno

### Tennis Junior League

#### Ages 9-14

This is an introduction to competitive tennis including practices and matches. **Players must know how to play the game and must have permission from coach to join the league.** If you know your child will participate in the whole season, sign up early for all sessions.

For questions please call Jerry Mehciz at (707) 235-0973. Parents are responsible for getting players to "away" matches and providing snacks and drinks for "home" matches. League matches are held on Fridays at various locations in Marin from 4:00-6:00pm.

Instructor: Jerry Mehciz Location: Marinwood Courts

Ages	Day	Dates	Times	Fee
9-14	M/W/F	2/13-3/10	4:00-5:30pm	\$229/9 classes
9-14	M/W/F	3/20-4/14	4:00-5:30pm	\$304/ 12 classes
9-14	M/W/F	4/17-5/12*	4:00-5:30pm	\$304/ 12 classes
9-14	M/W/F	5/15-6/2	4:00-5:30pm	\$204/ 8 classes

No class 2/20, 2/22, 2/24, 5/29 \* Instructors: Madison Kenny and Joseph Zeno

# White Crane Silat

#### Ages 7-11

White Crane Silat is a Chinese Indonesian martial art with roots in the kung fu diaspora. In this upbeat class for kids we play with jumping, rolling, sliding, falling, animal inspired movements, and breath, using obstacles and games to develop awareness, alertness, grounding, centering, balance, coordination, and a vocabulary of novel functional movement.

Instructor: Maggie Dawson

Ages	Day	Dates	Times	Fee
7-11	М	2/27-3/27	4:00-5:00pm	\$112/ 5 classes
7-11	М	4/17-5/22	4:00-5:00pm	\$136/ 6 classes



# Youth Programs - Spring Break

# Spring Break Camp

#### Ages 4-12 (Pre-K - 6th grade)

Our camp counselors are dedicated to providing a safe and fun environment for children to interact, meet new friends and participate in exciting camp activities. Campers will spend their day at the park, playing dodgeball, creating art masterpieces and splashing around in the pool. Join us for an exciting week of camp games, sports, swimming and more! Please bring a sack lunch, snacks, water bottle, swimsuit, towel and sunblock to camp daily. Come join the fun!

Camp Grasshopper: Pre K and Kindergarten (Ages 4-5) Camp Cricket: 1st-2nd grades (Ages 6-7) Camp Dragonfly: 3rd-6th grades (Ages 8-11)

No drop-in availability. Space is limited, please register early! \$20 Sibling Discount.

Instructor: Marinwood Staff

Ages	Day	Dates	Times	Fee
Grasshopper (Ages 4-5)	M-F	4/10-4/14	9:00am- 3:00pm	\$278/ Resident \$327/ Non Res.
Cricket (Ages 6-7)	M-F	4/10-4/14	9:00am- 3:00pm	\$278/ Resident \$327/ Non Res.
Dragonfly (Ages 8-12)	M-F	4/10-4/14	9:00am- 3:00pm	\$278/ Resident \$327/ Non Res.

# Spring Break Camp - Before & After Care

Before and After Care is available for Spring Break Camp.

	Day	Dates	Times	Fee
Before Care	M-F	4/10-4/14	8:00-9:00am	\$52
After Care	M-F	4/10-4/14	3:00-5:00pm	\$104

Please refer to website www.marinwood.org for Spring Break FAQs. Thank you.

# Spring Break Flag Football Camp

#### Ages 7-11

The Spring Break Flag Football camp by National Academy of Athletics is packed with fun. Whether your child is a beginner or more advanced player, the drills taught



at this camp will help them fall in love with the game. Our noncontact football camps are the perfect place to learn about the game of football and fitness while having a blast and making new friends.

Instructor: National Academy of Athletics Location: Marinwood Park

Ages	Day	Dates	Times	Fee
7-11	M-F	4/10-4/14	9:00am-12:00pm	\$220
7-11	M-F	4/10-4/14	9:00am-2:00pm	\$250

### Spring Break All Sorts of Sports Junior Academy Club

#### Ages 4-6

Jr. Academy gives children ages 4 to 6 years, a fun, active and educational experience tailored to the abilities of their age group. Our program uses FUN to teach problem solving skills and the beginning fundamentals for sports including: throwing, catching, kicking, running and teamwork. Jr. Sports Academy provides structured simple activities, individual and team building challenges along with simple, small-sided competitions to develop and engage young athletes.

Instructor: National Academy of Athletics Location: Marinwood Park

Ages	Day	Dates	Times	Fee
4-6	M-F	4/10-4/14	9:00am-12:00pm	\$220











#### ABADÁ - Capoeira Marin

productions and exhibitions.

Lisa Willoughby "Instructora Ciranda" is the founder and co-director of ABADÀ Capoeira Marin. She was born and raised in Goiània, Brazil and graduated from Sao Paulo State University. Lisa teaches Capoeira to all ages and has participated in ABADÀ's Jogos Mundiais in 2009, 2011, 2013, and 2015. She has been a regular member of the ACSF performance troupe since 2008. Diego Freitas "Professor Prego" was born in Rio de Janeiro, Brazil where he trained extensively with Professor Arpoador. Prego is a world class competitor and has performed in many Capoeira

\_\_\_\_\_

#### Maggie Dawson - White Crane Silat Instructor

Maggie Dawson is a 20-year practitioner of White Crane Silat who practices globally. Her laurels include two years under tutelage of the grandmaster, Suhu Gunawan Rahardja in West Java. Prior to that, several years in residence at the Esalen Institute root Maggie in the practice of somatic movement for healing. Kindhearted, personable, spontaneous and precise, Maggie energetically empowers each student through the metaphor of the conscious physical. Based in Marin County, she's been teaching silat as a vehicle for awakening since 2010. When not teaching and practicing, Maggie is using her presence and mindful words to raise a powerful and compassionate kid.

#### Alaina Fuetsch - Preschool Supervisor

Alaina Fuetsch graduated in 2020 from San Francisco State University with a Bachelor's degree in Psychology. Since becoming a Preschool Teacher she has decided to pursue her Masters in Early Childhood Education at her alma mater. Alaina has over 8 years of experience working with kids in a home and daycare setting. This will be her third year as a Preschool Teacher at Marinwood. "I've always had a passion for working with children. I believe that preschool is a very important year for their growth and helps form key building blocks for their future emotional and social development. I am committed to providing a safe and caring environment while preparing students to be successful in Kindergarten."

#### Annie McBride - Irish Dance Instructor

Annie McBride, A.D.C.R.G., began dancing at a young age under the tutelage of Peggy O'Neill in Glasgow, Scotland. After immigrating to the United States, Annie continued her dancing with Margaret McTeggert Hall and the McTeggert School. Annie pursued her TCRG and ADCRG credentials, which she received in 1967 and 1975 respectively. Annie has also received certification from An Coimisuin as a Grade Examiner.

Annie founded the McBride School in 1967, and the school has been going strong ever since. She has been training dancers of all levels, from beginners to World qualifying champions for over 45 years.

#### Jerry Mehciz - Tennis Instructor

Jerry Mehciz has been teaching tennis as a career since 1987. He is part of the United States Professional Tennis Association and is ranked "elite". Jerry is also part of the Babolat Pro Staff. Although his tennis career has taken him to many places (Instructional Editor of Inside Tennis Magazine, Head Pro at Tiburon Peninsula Club, Tennis Director of Marin Country Club), he has always had an affection for Marinwood. "The people here in the Marinwood area are great. The way they live reminds me of where I grew up in the Midwest...family values and having fun doing it".



#### National Academy of Athletics

The NAofA sport programs for kids are specifically designed to help players of all abilities. The goal is to have tons of fun, learn sport-specific skills, and gain confidence on and off the field. We teach children about success, failure, and what it means to be part of a team. Our coaches provide an enthusiastic place for kids to fall in love with their chosen sport. All programs are led by a highly trained team of NAofA Certified coaches and instructors who are carefully selected to ensure each camper's safety, skill development & individual enjoyment. We encourage all our campers to play with confidence, enthusiasm and a love for the game.

#### Play-Well TEKnologies

We teach through play. We explore, solve problems, and express ourselves through LEGO. Our curriculum is designed by engineers and refined by teachers, but the kids just think it's fun! We bring A LOT of LEGO®. With over 20,000 pieces in each class/camp, and hundreds of projects, there is no limit to what you can build.

#### Master Hyo Sim - Tae Kwon Do Instructor

Master Sim is an 8th Dan Black Belt. He has been a student of Martial Arts since late 1968 and has been sharing with others since 1980. He was a national collegiate champion and coached national and international level black belt competitors. Master Sim has worked with AAU TKD promoting their Jr. Olympics program, as well as initiate events for USTU/USTA (National Governing Body for TKD). However, he is best known amongst his peers for his tutorage of children in using TKD for their character building.



#### Renee Kelly - Art Instructor

Renee Kelly, owner of HeART in Mind, is a professional artist who has taught after school art at various Marin County schools. She has a Certificate in Drawing and a

Post-Bac Certificate in Visual Arts from Berkeley Extension as well as a Certificate in Social Emotional Arts from UCLA Arts & Healing.



#### Alonya Van Rooyen- Art Instructor

Alonya Van Rooyen is a well-seasoned creative and local mom. Originally from South Africa, she moved to California in 2010 and worked for Levi Strauss & Co. for many years around the globe in various creative roles. When she became a mother, Alonya decided to pursue a new avenue of creativity while raising her young family. She has since taught several enrichment art classes in Tiburon, Strawberry and Ross and also owns a children's clothing label. She is a qualified early childhood teacher with 24 ECE units from UCLA. She is excited to share her skills and teach youth art classes at Marinwood.

# Adult Programs

### "Capture Marin" Photography Workshop

#### Teens 15+ and Adults

Led by instructor Duncan MacSwain, this workshop focuses on the enjoyment photography brings to the moment. Open to all levels, Duncan can help hone your skills and bring new perspective to your photos whether you are a novice or seasoned photographer. After an initial orientation, participants will explore a new location throughout Marin County each Saturday culminating in a Victory Banquet.

All types of photo equipment welcome: film, digital, point and shoot, smart phone, etc.

All classes will meet at Marinwood Community Center and then go to various locations.

New students \$129. Returning students \$100 (must call Community Center to register).

#### Instructor: Duncan MacSwain

Class #	Day	Dates	Details & Location
Orientation	Th	3/9	7:oopm Marinwood Community Center
#1	Sat	3/11	9:00am, Civic Center Lagoon
#2	Sat	3/18	9:00am, McInnis Park
#3	Sat	3/25	5:oopm, Golden Gate Bridge sunset
#4	Sat	4/1	9:00am, Falkirk Cultural Center
#5	Sat	4/8	9:00am, Portraits
#6	Sat	4/15	9:00am, Pet Portraits
#7	Sat	4/22	9:ooam, China Camp or Pt. Reyes
#8	Sat	4/29	9:ooam, Pacheco Pond
Victory Banquet	Sat	5/6	9:00am, Big Rock Deli Cafe



#### CPR/AED and First Aid Adults 15+

This comprehensive American Red Cross course certifies participants in CPR, AED, and First Aid for 2 years. The course is designed to train participants how to recognize and respond



to emergencies involving injuries, illnesses, and life threating situations. This class is perfect for employees of day cares, gyms, preschools, nursing homes, and anybody interested in learning how to save a life. Space is limited. Sign up today!

Instructor: Marinwood Staff

Day	Dates	Time	Fee
W	3/22	5:30-9:00pm	\$125
W	5/24	5:30-9:00pm	\$125

### **Dance Away Stress**

#### Adults 15+

Did you know dancing is the best exercise?

In this class you will have fun and feel immediate release, letting go of stress and tension. We will stretch, swing and sway without memorizing steps as everyone moves within their own limits. We will move and improvise to exciting music genres: Rhythm & Blues, Latin, Rock 'n Roll, Folk and Jazz. Claire's instructions are easy to follow and will energize your whole body, mind and spirit! No previous dance background necessary! Classes are safe for those with limited mobility.

Preview Claire's class with a 15-minute overview via Zoom! Contact Claire at clairecohn@comcast.net to schedule a session. More information at www.onyourfeetwellness.com.

Instructor: Claire Cohn

Day	Dates	Time	Fee
F	3/3-4/7	11:00am-12:00pm	\$136/6 classes
F	4/28-5/26	11:00am-12:00pm	\$114/ 5 classes

Photo courtesy of former student

www.marinwood.org

# Adult Programs

## Las Gallinas Lions

Adults



The Las Gallinas Lions is Marinwood's only service club - our motto is "We Serve". Typical service activities include Vision Clinics for pre-school children and people in Marin's lower income communities, offering free eye-exams and glasses to people in need, supporting isolated seniors and other people in need, and organizing our Annual Marinwood Easter Egg Hunt for children in our community. We raise money and donate to organizations such as the SF-Marin Food Bank, Marin Villages, local youth sports teams and our Community Services District.

Membership is open to any adult who would like to know more about Marinwood and contribute toward helping others and improving our community. We welcome volunteers to support our service projects and hope you will consider joining us.

To learn more, check our website at www.lasgallinaslions.com or contact us at lasgallinaslions@gmail.com.

Day	Dates	Time	Fee
1st Wed Zoom 3rd Wed In Person	Ongoing	7:00-9:00pm	\$8o/year



Pilates

Adults 15+

**Dynamic Mat Pilates:** Pilates is an incredible form of movement that connects us deep



into our core. The practice emphasizes moving mindfully with intention and awareness; this is what creates a powerful mindbody connection. This class will combine the elements of physical strengthening and therapeutic exercises. We will explore the fundamentals of Pilates to create a deeper understanding of the exercises and increase overall body awareness. Modifications will be offered. This class is also offered via zoom as well. All participants must have a Zoom account prior to start of the session. Instructor will email participants a Zoom link and password to join the class. Participants will need their own mats, computer/camera.

Instructor: Janet Carter

Day	Dates	Time	Fee
F	3/3-4/7	9:00-9:45am	\$112/6 classes
F	4/21-5/19	9:00-9:45am	\$94/ 5 classes

### Tennis - Adult Beginner

Ages: 15+

Have you always wanted to learn tennis? Now here is your chance. All you need is a pair of sneakers and a racket to join in on the fun. The basics will be covered as well as scoring and playing. Class size is small, so register early. Registration for July/ August classes will open on March 29, 2022 at 9:00am.

Instructor: Jerry Mehciz Location: Marinwood Courts

Day	Dates	Times	Fee
Tu/Th	2/14-3/9	6:00-7:00pm	\$136/ 6 classes
Tu/Th	3/21-4/13	6:00-7:00pm	\$180/ 8 classes
Tu/Th	5/16-6/1	6:00-7:00pm	\$136/ 6 classes
Tu/Th	6/13-6/29	6:00-7:00pm	\$136/ 6 classes
Tu/Th	7/11-8/3	6:00-7:00pm	\$180/ 8 classes
Tu/Th	8/8-8/31	6:00-7:00pm	\$180/ 8 classes

No class: 2/21, 2/23

# Tennis - Adult Beginner Doubles

#### Ages: 15+

Have you always wanted to learn tennis? Now here is your chance. All you need is a pair of sneakers and a racket to join in on the fun. The basics will be covered as well as scoring and playing. Class size is small, so register early.

Instructor: Jerry Mehciz Location: Marinwood Courts

Day	Dates	Times	Fee
M/F	2/13-3/10	10:30am-12:00pm	\$136/ 6 classes
M/F	3/20-4/14	10:30am-12:00pm	\$180/8 classes
M/F	5/15-6/2	10:30am-12:00pm	\$114/ 5 classes

No class: 2/20, 2/24, 5/29

# Tennis - Adult Intermediate/ Advanced Doubles

Ages: 15+

For the player who has prior experience and would like drills to sharpen skills. The last half hour is reserved specifically for playing, using skills, and strategies learned in the lessons. This should be a "C" or 3.0 or higher player. Class is limited to eight players.

Instructor: Jerry Mehciz Location: Marinwood Courts

Day	Dates	Times	Fee
M/F	2/13-3/10	9:00-10:30am	\$172/6 classes
M/F	3/20-4/14	9:00-10:30am	\$228/8 classes
M/F	5/15-6/2	9:00-10:30am	\$144/ 5 classes

No class: 2/20, 2/24, 5/29

### Tennis - Adult Intermediate/ Advanced

Ages: 15+

For the player who has prior experience and would like drills to sharpen skills. The last half hour is reserved specifically for playing, using skills, and strategies learned in the lessons. This should be a "C" or 3.0 or higher player. Class is limited to eight players. Registration for July/August classes will open on March 29, 2022 at 9:00am.

Instructor: Jerry Mehciz Location: Marinwood Courts

Day	Dates	Times	Fee
Tu/Th	2/14-3/9	7:00-8:30pm	\$172/6 classes
Tu/Th	3/21-4/13	7:00-8:30pm	\$228/8 classes
Tu/Th	5/16-6/1	7:00-8:30pm	\$172/6 classes
Tu/Th	6/13- 6/29	7:00-8:30pm	\$172/6 classes
Tu/Th	7/11-8/3	7:00-8:30pm	\$228/8 classes
Tu/Th	8/8-8/31	7:00-8:30pm	\$228/8 classes

No class: 2/21, 2/23



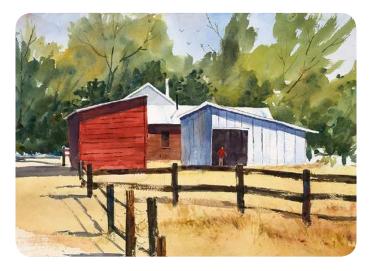


#### Ages: 15+

In this class, you'll learn all about what makes painting with watercolor so exciting. It's the sparkling transparency that makes looking at a watercolor so enjoyable! You'll learn how to control watercolor washes on wet and dry paper. In this class, you'll begin with learning about all of the materials; paints, brushes, paper, palettes as we work our way through all of the techniques used with watercolor. You'll learn color theory, color mixing, color schemes, the importance of values, as well as the elements of design and composition. You'll be making paintings on your own in very short order.

Instructor: Michael Friedland

Day	Dates	Times	Fee
W	3/8-3/29	2:00-5:00pm	\$116/ 4 classes





Paintings by Michael Friedland

# Zumba®

#### Ages 15+

Perfect for everybody and every body. Each Zumba® class is designed to bring people together to sweat and smile. How it works: We take the "work" out of workout, by mixing low intensity and high intensity moves for an interval style, calorie burning dance fitness party. This class fuses hypnotic rhythms and easy to follow moves to create a high energy, calories blasting, total body dance based workout. The perfect combo of fun and fitness has made Zumba® classes a worldwide phenomenon. Benefits: A total workout, combining all elements of fitness - cardio, muscle conditioning, balance and flexibility, boosted energy, and a serious dose of awesome each time you leave class.

"I think Chrissy has done a phenomenal job at transferring a Zumba class into a virtual realm. Her audio and tech is always on point. I really appreciate how she highlights everyone for a song - I haven't seen any other instructors do that either - it makes it feel like you are with a community which is definitely something I miss from being in live classes. I LOVE her music choices! I feel like they are very different from the typical 'Zumba' songs. Her positive energy and generous nature are inspiring!" -Sara K.

Instructor: Chrissy Costello

Day	Dates	Times	Fee
Mon	Ongoing	6:00-7:00pm	\$12/class or \$100/ 10 class card
Tue	Ongoing	6:00-7:00pm	\$12/class or \$100/ 10 class card





#### Janet Carter - Pilates Instructor

Janet teaches Yoga and Pilates in Marin and San Francisco. She believes that practice is a journey of self discovery and internal transformation that helps to cultivate a more mindful way of living. Janet's classes are fun and upbeat with the opportunity for students to challenge themselves as they develop strength, balance, and flexibility. Her sequencing is grounded in the principles of alignment and breath awareness, offering a dynamic and centering practice. Janet also teaches Yoga and Mindfulness to kids and teens.



Claire Cohn, M.A., B.F.A., dancer, choreographer and movement therapist, she also teaches QiGong Movement Meditation at Body Kinetics Novato.

#### Chrissy Costello - Zumba® Instructor

"I've been passionate about dance my entire life - Salsa, Samba, Afro-Brazilian, Capoeira, Hip-Hop, South African House...the list goes on. If you've never tried Zumba, now is the time to start. No previous experience is necessary. The only goal is to have a blast while getting a great workout. The more you come, the easier and more enjoyable it gets (as you familiarize with the choreography). Smiling and sweating are the ultimate goals. If you have any questions, please don't hesitate to contact me at (415) 306-2683 or christine.o.co.costello@gmail.com.



#### Michael Friedland - Watercolor Instructor

Michael studied painting and design at Paier College of Art, Coronado School of Fine Art and Philadelphia College of Art. Retired now from a forty year career as a designer, he has been teaching painting (with watercolor) for the last eight years. He teaches in San Rafael, Corte Madera and Tiburon. He helps with CWA's Community Outreach program teaching Vietnam veterans in Oakland. He taught design at a university in Montréal and at the Academy of Art University in San Francisco. He teaches for several weeks each year at Yosemite in their artists in residency program. Michael is on the California Watercolor Association's board and is Director of their National Exhibition. He is an elected member of the Baywood Artists, a group that paints together each summer (en plein air) to fundraise for non-profit environmental organizations through an annual show and sale in the Fall.

# Adult Instructors



#### Duncan MacSwain- Photography Instructor

Duncan MacSwain, teacher, photographer, and international youth group leader, has lived in the Marinwood community for over 40 years. His photos have been published in books, calendars, magazines, and promotional materials in 15 countries. He has previously taught photo workshops in the UC Berkeley Research Expeditions Program, at the Quadrennial Art and Culture Festival of the Pacific in Palau, and throughout Marin. Duncan is a frequent speaker on the book store circuit, and at various conventions and promotional events throughout Marin and Northern California.

#### Jerry Mehciz - Tennis Instructor

Jerry Mehciz has been teaching tennis as a career since 1987. He is part of the United States Professional Tennis Association and is ranked "elite". Jerry is also part of the Babolat Pro Staff. Although his tennis career has taken him to many places (Instructional Editor of Inside Tennis Magazine, Head Pro at Tiburon Peninsula Club, Tennis Director of Marin Country Club), he has always had an affection for Marinwood. "The people here in the Marinwood area are great. The way they live reminds me of where I grew up in the Midwest...family values and having fun doing it".

# INTERESTED IN TEACHING A CLASS AT THE MARINWOOD COMMUNITY CENTER?

Please contact Assistant Recreation Director Robyn Bruton for youth related programs at rbruton@marinwood.org

Please contact Recreation Supervisor John Paul Kessler for adult related programs at jpkessler@marinwood.org



# WELCOME TO SUMMER CAMP! CAMP REGISTRATION DATES:

# Residents\*: Monday, March 13 at 9:00am Non-Residents: Thursday, March 16 at 9:00am

Don't miss out on camp discounts! Purchase your pool membership prior to camp registration. \*Resident: A resident of the Marinwood Community Services District.







# **CAMP SECTION SHORTCUT**

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# Summer Camp

# **ABOUT US**

Marinwood's award-winning summer camp program offers all the outdoor adventure of a stayaway camp but in a convenient day camp format. Utilizing every square inch of our unique property, our program is able to feature nature hikes through the foothills, swimming at the pool facility (including waterslides and shallow tot pool), playground time, adventures in the forest, sports and games in the park, arts & crafts under the trees, and much more—all right on site. Activities each week are planned around a unique theme and include dress-up spirit days, special events, and presentations from visiting entertainers and educators. Our amazing camp staff works tirelessly to create a safe and welcoming atmosphere of camaraderie and friendship, ensuring that your camper will have a happy, healthy, and memorable summer at Marinwood. We keep our camper/staff ratio low and seek to create the

best possible experience for each and every one of our campers. We look forward to seeing you this summer!

# **OUR STAFF**



Marinwood's camp staff is a close-knit crew of highly trained and enthusiastic counselors, directors, and supervisors, many of whom grew up attending our camps together as kids. All are certified in Professional Rescuer CPR/AED & First Aid and have been fingerprinted and undergone background checks. Our counselors take pride in passing on Marinwood's unique games, crafts, stories, and traditions to the next generation of campers and upholding the standard of excellence that has made Marinwood the premier day camp of Marin. Our staff looks forward to reconnecting with all the returning campers and meeting the new ones this summer!

# Summer Camp FAQ

#### How do I register my child for camp?

There are three ways to register:

-Online registration at www.marinwood.org. (Recommended—typically the fastest registration method)

-Register in person at the Community Center

-Mail, fax or email a registration form (complete with full payment).

#### What if the camp I want is full?

If a desired camp session is full, you will see an option to add your child to the waiting list (at no cost). We will contact you if a spot becomes available and you will have until 10:00am the next business day to claim your spot. If we don't hear from you in time, we will remove you from the waitlist and contact the next person.

To expedite the waitlist process, in early May we will purge the waitlist of all those no longer interested. We will email you at that time asking you to confirm your continued interest in remaining on the waitlist. Anyone who asks to be removed or fails to respond will be removed and everyone else will move up, respectively.

On June 5th the waitlist will be discontinued altogether and any camp openings thereafter can be registered for online on a first come, first served basis. Anyone looking for camp spots after June 5th will be able to browse the registration site for available camp sessions.

#### Can I drop in for a day of camp?

No, Marinwood will not be accepting drop-in registrations. Campers must be registered for the full session.

#### Interested in sponsoring a fellow camp family?

Please consider donating to our scholarship fund to help send a child to camp. Donate online or at the Community Center.

#### Do you offer sibling or other discounts?

Yes, we offer discounts for siblings and pool members.

Sibling Discount: \$20 off per session for each additional child you enroll. The discount only applies if registering siblings for the same camp session.

Pool Member Discount: \$20 off per session. Must have pool membership prior to camp registration. Camper must have an individual pool membership or be listed on a family or couple membership for the 2023 season. Please see the pool membership page for how to join the pool.

#### Do you offer camp scholarships or financial aid?

A limited number of partial scholarships are available based on financial need. All requests are kept strictly confidential.



An application can be downloaded from our website at www.marinwood.org. Only complete applications will be reviewed. Please email csd@marinwood.org for more information.

# What is your refund policy? How do I make camp changes?

All refund and change requests must be made in writing and can be emailed to csd@marinwood.org. We will not process refunds or changes over the phone. Cancellations made more than 6 business days prior to the beginning of the camp session will result in a \$35 per session per camper fee. Cancellations made less than 6 business days prior to the beginning of the camp session will result in the forfeiture of half the camp session fee per camper. No refunds will be granted after 5:00pm the Friday before the camp session begins. All camp change requests must be made in writing and are subject to a \$10 handling fee. Marinwood does not prorate camp sessions.

Session #	Last day to cancel by 5pm (\$35)	
1: 6/12-6/16	Friday, 6/2	
2: 6/19-6/23	Friday, 6/9	
3: 6/26-6/30	Friday, 6/16	
4: 7/3-7/7 (No 7/4)	Friday, 6/23	
5: 7/10-7/14	Friday, 6/30	
6: 7/17-7/21	Friday, 7/7	
7: 7/24-7/28	Friday, 7/14	
8: 7/31-8/4	Friday, 7/21	
9: 8/7-8/11	Friday, 7/28	



#### What are your COVID-19 policies?

Marinwood CSD continues to follow the recommendations and guidance from local, state, and federal public health agencies regarding COVID-19. Please visit our online FAQ page for the most up to date information regarding COVID-19.

#### If my child is enrolled in a half-day specialty camp, can they join a day camp for the second half of the day?

Yes, this is an option for specialty camps located at Miller Creek Middle School that run from 9:00-12:00pm and if the Marinwood day camp has space or you are already enrolled in a Marinwood camp. The camper may attend Marinwood's camp from 12:00-3:00pm for the week of the specialty camp for a prorated amount. Camp staff will escort the camper to Marinwood's camp at noon. Campers must be enrolled in both Marinwood's camp and the specialty camp first, then email csd@marinwood.org for the prorated refund. The half day Marinwood camp fee will be \$189 for residents and \$213 for non-residents for the session.

#### Where and when can I pick up my camper's t-shirts?

Camp shirts will be available for pickup starting in May at the Community Center during business hours. For safety, campers are required to wear a Marinwood camp t-shirt daily. Campers will receive 2 shirts per summer with the option of purchasing additional camp shirts for \$9. Pick up camp shirts at the Marinwood Community Center. Marinwood highly recommends picking up camp shirts before the first day of camp.

#### What should my camper bring with them every day?

Campers should come wearing appropriate camp attire. A Marinwood camp shirt and closed toe shoes are mandatory. Campers should bring a labeled backpack containing a snack, lunch, water bottle, swimsuit, towel, and sunscreen. Please try and limit camper's belongings to one backpack/bag. Younger campers should bring an extra set of clothes.

# Are there any other requirements for campers to attend?

All campers must be potty trained. Parents/guardians will be required to fill out an online camper information and consent form from the ePACT network before attending. All participants (3rd grade and younger) must be accompanied by a parent/ guardian at check-in each day at the community center. Campers are not allowed to attend if ill.

#### How does check-in and check-out work?

All participants (3rd grade and younger) must be accompanied by a parent/guardian at check-in each day at the community center. Campers are not allowed to attend if ill. For more information, please read the Camp Parent Packet.

#### Check-in:

Campers must be checked in with their Camp Director. Check-in will take place from 9:00-9:20am.

\*Campers may be checked in after this time but it is a parent's responsibility to locate the camp to drop them off.

#### Check-out:

Campers must be checked out with camp staff before leaving. Check-out will take place from 2:50-3:05pm. If your camper is not picked up by 3:05pm, they will be sent to After Care and you will be charged a late drop-in After Care fee of \$22.





#### Do you offer Before and/or After Care?

Yes, Before Care runs from 8:00-9:00am and After Care from 3:00-5:00pm for additional fees. Please see our Before and After Care page for more information.

# Can my child take swim lessons during the camp day?

Yes, you may enroll in group or private lessons during the camp day for an additional fee. Camp staff will escort campers to lessons that take place between 10:45am and 2:25pm. Parents are responsible for escorting campers to any swim lessons scheduled at 2:30pm or 3:00pm- no exceptions. Please visit swim lesson page for additional information.

#### How does swimming work at camp?

Parents must give permission for their camper to swim in the Marinwood main and tot pools. Camps Pine Cone and Miwok swim only in the tot pool. Camps Willow, Buckeye, Bumblebee, and Acorn have the option of tot pool or main pool. All other camps exclusively use the main pool. Campers must pass a swim test (uninterrupted swim of 25 yards) to be able to swim in the deep end and go down the water slides. Campers may be asked to retake the swim test for camp, even if they have previously passed in another setting.

#### Can I order lunch for my child?

Yes. Marinwood CSD has partnered with BOONLI to provide online lunch ordering. All lunches are provided by our local Marinwood Market. You can choose how many days a week you want lunch provided. Orders must be submitted by 10:00am the Friday before the session begins. Online ordering will be available closer to summer through the Marinwood website. No late orders will be accepted. Please pack a morning snack, as lunch will not arrive until noon.

#### What if my child has a food allergy?

Our number one priority is the safety of your child. Camp staff take precautions and preventative measures to ensure the safety of all campers. We practice a no share snack and lunch policy, where we talk with our campers about keeping our food to ourselves, educate our staff about monitoring during snack and lunch time and campers will wash hands after meals.

Please indicate any allergies or medical conditions on your camper's ePACT online form so we can be aware of how to best support and provide for your child.

#### Don't forget about Hot Dog Fridays!

Take the hassle out of making lunch at the end of the week with Marinwood's \$6 Hot Dog Meal. Marinwood will be grilling up all natural, nitrate free hot dogs on the barbecue every Friday. Hot Dog Meals include a hot dog, organic juice, and all-natural chips. A vegetarian hot dog or gluten free bun option is also available. To purchase, please bring exact change and give to the Camp Director on Friday morning. Don't forget to send snack with your camper on Fridays. We will be offering Friday Hot Dog Days all summer.

For more information regarding Marinwood summer camps, please review the Camp Parent Packet on our website under the camp section.



# Summer Camp

# Weekly Camp Themes

#### Session 1 (June 12-16) Shipwrecked

Ahoy Matey! Climb aboard our pirate ship and join our crazy crew as we start this summer off! In this exciting first week of camp, we'll be sailing the Seven Seas in search of lost treasure! This week will be packed with all sorts of activities like making pirate costumes and decorating our own treasure boxes, and we will finish off with an epic treasure hunt that will leave our little pirates with treasures of their own. Careful, if you don't listen to our counselors, you may need to walk the plank!

#### Session 2 (June 19-23) Game Show Mania

Are you smarter than a... Marinwood camper? Find out this week as we bring game shows and board games to life! Campers will become part of life-sized versions of their favorite boardgames and participate as contestants on game shows like Jeopardy and Camper Feud. This week is one packed with games, competitions, and challenges of all kinds, so get your game face on and put your best foot forward! Field Trip: Cal Skate

#### Session 3 (June 26- 30) Fairytales and Fantasy

This week we find ourselves as characters in our favorite storybooks and legends! The magic at Marinwood can be felt as wizards, dragons, and elves join us at camp this week. Campers will get to hunt for fairies in the enchanted forest and solve riddles to avoid the troll under the Miler Creek bridge, and we'll get to share our favorite stories with our fellow campers. This week is full of imagination and fantasy, so prepare to feel the magic! Field Trip: Six Flags

#### Session 4 (July 3-7) Star Spangled Spectacular

Oh say can you see... all the fun we'll be having this week celebrating the USA! We'll be showing off our reds, whites, and blues all week while we compete in potato sack races, tug o' war, and water balloon baseball games. We'll end the patriotic celebration on Friday with an all-American blow out including bounce houses, snow cones, and hot dogs galore.

#### Session 5 (July 10-14) Animal Planet

Welcome to Marinwood's Animal Kingdom! This week, campers will discover all of the wildlife around us on our safari search around camp. Campers will then get to see animals we would never see around Marinwood in an animal show, where we will get a visit from all kinds of exotic creatures. Get ready to see paws, tails, and scales everywhere you look! Field trip: Oakland Zoo

#### Session 6 (July 17-21) Crazy Camp Carnival

Grab your tickets, the carnival is back in town! This week campers get to experience a whole week at the carnival, practicing their skills at carnival tricks like juggling and face painting. All of the fun will come together at the end of the week at our annual Camp Carnival, which will be full of games, prizes, costumes, and cotton candy!

#### Session 7 (July 24-28) Marinwood's Got Talent

Quick to center stage! All week-long campers will get to showcase all of their amazing talents, from showing off their singing and dancing abilities, to whipping out some cartwheels, or even performing a scene from their favorite play. At the end of the week, these skills will be showcased in a talent show where we can all cheer each other on while putting on an impressive show! Field Trip: Six Flags

#### Session 8 (July 31- August 4) Decades, Discos, and Dinosaurs

This week we are traveling back in time for an adventure through the decades! Campers may get to hunt for dinosaur eggs, show off their dance moves at the disco, or try their hand at jousting in a medieval tournament. Bring on the tie-dye and flower power this week while we travel through time and party in the past!

#### Session 9 (August 7-11) Tropical Oasis? No Way, sis!

We're finishing out the summer on a tropical island where we're going to soak up the last bits of sun and fun from our crazy summer! This week will be spent doing limbo contests, hula hooping with friends, and swimming like mermaids in the pool. We will play all of our favorite games that we learned over the summer and spend one last week will all the new friends we made, and camp will come to a close with our favorite treat to cool us down in the heat: sno-cones!





Dates:

- Monday Friday
- Session 1: June 12 June 16 Session 2: June 19 - June 23 Session 3: June 26 - June 30 Session 4: July 3 - July 7 (No 7/4) Session 5: July 10 - July 14 Session 6: July 17 - July 21 Session 7: July 24 - July 28 Session 8: July 31 - August 4 Session 9: August 7 - August 11

Time: 9:00am-3:00pm

Location: Marinwood Park

#### Swimming Pool? Yes, tot pool only for Pine Cone and Miwok Willow and Buckeye baye th

Miwok. Willow and Buckeye have the option of tot or main pool.

Field Trips? No.

Before & After Care Available? Yes.

Pine Cone, 1:4 staff: camper ratio. Miwok, 1:5 staff: camper ratio. Willow, 1:6 staff: camper ratio. Buckeye, 1:6 staff: camper ratio.

# CAMPS: AGES 3- KINDERG A R T E N

PINE CONE - MIWOK - WILLOW - BUCKEYE

We can't wait to introduce our youngest campers to all the wonder and excitement of Marinwood. We take great care to make sure each camper feels safe, welcomed, and included as our nurturing staff guide them through the ins and outs of camp and prepare them for the fun-filled days ahead. Staff-to-camper ratios are low for these camps (at least 1:6) and our counselors take extra care to ensure all campers remain hydrated, comfortable, and ready for everything in store for them. Each week will include playtime, games, art & music exploration, story time, water play, and endless opportunities to build friendships with fellow campers and counselors. Each week will feature a mix of fresh and recurring age-appropriate activities based around the weekly theme, culminating in an exciting special event each Friday. Whether playing with the parachute, splashing at the pool, along for the storybook walk, or reciting a favorite camp song, these young campers will be well on their way to developing friendships, memories, and a deep love for the camp life.

Camp Pine Cone

Ages: 3-4 years old

**Camp Willow**\* Entering Kindergarten

**Camp Miwok** Ages: 4-5 years old, entering Pre-Kindergarten or Transitional Kindergarten Camp Buckeye\* Entering Kindergarten

\* Camp Willow and Buckeye do not have significant differences. Due to high demand for certain age groups, we may have multiple camps for that group. There is no significant difference in activities, however camps will remain separate from each other and not have much interaction.

	Fee	Fee Session 4
Resident	\$278	\$222
Non-Resident	\$327	\$261

\$20 sibling discount if enrolled in same session.





www.marinwood.org

# Summer Camp



Dates: Monday - Friday

Session 1: June 12 - June 16 Session 2: June 19 - June 23 Session 3: June 26 - June 30 Session 4: July 3 - July 7 (No 7/4) Session 5: July 10 - July 14 Session 6: July 17 - July 21 Session 7: July 24 - July 28 Session 8: July 31 - August 4 Session 9: August 7 - August 11

Time: 9:00am-3:00pm

Location: Marinwood Park

#### Swimming Pool? Yes, tot and main pool for Acorn and Bumblebee. Main pool only for Arrowhead, Huckleberry and Red Fox.

Field Trips? No.

Before & After Care Available? Yes.

1:7 staff: camper ratio

# **CAMPS: AGES 1ST-3RD GRADE**

ACORN - BUMBLEBEE - ARROWHEAD -HUCKLEBERRY - RED FOX

With a little experience under their belts, these campers are ready to tackle new games, make new friends and create general pandemonium around the park. These camps are all harnessing imagination through dress up days, spirit competitions, and epic special events! Obstacle courses, lanyards, and dodgeball are part of everyday camp life. Whether they are playing tag games on the field, learning silly camp songs, playing hide and seek in the forest, or finally passing the swim test to go down the water slides, each camper will come home with a new, exciting story each day.

**Camp Acorn\*** Entering 1st grade **Camp Huckleberry\*** Entering 2nd-3rd grade

Camp Bumblebee\* Entering 1st grade

**Camp Red Fox** Entering 3rd grade

Camp Arrowhead\* Entering 2nd grade

\* Camps of the same age, Acorn/Bumblebee and Huckleberry/Arrowhead do not have significant differences. Due to high demand for certain age groups, we may have multiple camps for that group. There is no significant difference in activities however camps will remain separate from each other and not have much interaction.

	Fee	Fee Session 4
Resident	\$278	\$222
Non-Resident	\$327	\$261

\$20 sibling discount if enrolled in same session.







Dates: Monday - Friday

Session 1: June 12 - June 16 Session 2: June 19 - June 23 Session 3: June 26 - June 30 Session 4: July 3 - July 7 (No 7/4) Session 5: July 10 - July 14 Session 6: July 17 - July 21 Session 7: July 24 - July 28 Session 8: July 31 - August 4 Session 9: August 7 - August 11

Time: 9:00am-3:00pm

Location: Marinwood Park

Swimming Pool? Yes, main pool only.

Field Trips? Yes.

Session 2: June 21, Cal Skate Session 3: June 28, Six Flags Session 5: July 12, Oakland Zoo Session 7: July 26, Six Flags

Please review website for field trip times.

Before & After Care Available? Yes.

1:7 staff: camper ratio

# **CAMPS: AGES 4TH-7TH GRADE**

## SEQUOIA - MIGHTY OAK - MARINWOOD

Our oldest campers know the best games to play with their fellow campers. A typical day might include high energy rounds of gagaball, hiking the panhandle trail to explore different parts of Marinwood, epic water balloon fights or going down the waterslides at the pool. From costume dress-up competitions with the counselors to running around the park solving scavenger hunts, we'll keep these campers busy. The best part of these camps are the friendships made with other campers and camp staff. The oldest camps have an action-packed summer with new games and activities you don't want to miss!

Camps Sequoia, Mighty Oak and Marinwood attend field trips at no additional cost during certain camp sessions. Field trips take place on Wednesdays and all transportation is provided. There is no alternative activity/camp if your camper does not attend the field trip, nor will missed specialty camps or swim lessons be rescheduled or refunded. Information on each individual field trip will be posted online and emailed to parents the week prior to the session. The camp schedule may vary from the regular 9-3pm time so please read the schedule carefully.

**Camp Sequoia** Entering 4th grade **Camp Marinwood** Entering 6th-7th grades

#### **Camp Mighty Oak**

Entering 5th grade

Fee	Fee Session 4
\$278	\$222
\$327	\$261
	\$278

\$20 sibling discount if enrolled in same session.





# Summer Camp



Dates: Monday - Friday

Session 1: June 12 - June 16 Session 2: June 19 - June 23 Session 3: June 26 - June 30 Session 4: July 3 - July 7 (No 7/4) Session 5: July 10 - July 14 Session 6: July 17 - July 21 Session 7: July 24 - July 28 Session 8: July 31 - August 4 Session 9: August 7 - August 11

#### Time:

Before Care: 8:00-9:00am After Care: 3:00-5:00pm

#### Location:

Before Care: Community Center Main Room (Ages 1st-7th Grade) and Classroom (Ages 3-K) After Care: Marinwood Community Center or Park

#### Late Fees:

If you are late picking up your child (after 5:00pm), you will be charged \$1 for every minute you are late. No exceptions will be made.

# **BEFORE & AFTER CARE**

For any camper needing extended care this summer, Marinwood is offering Before and/or After Care, during which time campers will participate in organized games, board games, toy time, and more. Participants must enroll for the entire session and must register by the deadline. No refunds will be given for cancellations made after the cancellation deadline. Daily snack provided in After Care.

#### Times:

Before Care: 8:00-9:00am After Care: 3:00-5:00pm

#### After Care Age Groups:

After Care will be split up based on age groups. Please register for the ageappropriate group.

- 3 years- Kindergarten (Camps Pine Cone, Miwok, Buckeye, Willow)
- 1st-3rd Grades (Camps Acorn, Bumblebee, Arrowhead, Huckleberry, Red

Fox)

• 4-7th Grades (Camps Sequoia, Mighty Oak, Marinwood)

# The registration deadline for Before and/or After Care will be 5:00pm the Thursday before a given session begins.

	Fee	Fee Session	Discounts
		4	
Before Care	\$52	\$42	\$5 sibling discount/ session
After Care	\$104	\$84	\$5 sibling discount/ session
Before Care & After Care	\$150	\$120	\$10 sibling discount/ session





# WELCOME TO SPECIALTY CAMPS!

Campers can explore their passion this summer with one of Marinwood's specialty camps! Choose from a variety of specialty camps, from the arts to sciences to sports! You can also attend one of Marinwood's traditional day camps after your specialty camp ends.

## If my child is enrolled in a half-day specialty camp, can they join a day camp for the second half of the day?

Yes, this is an option for specialty camps located at Miller Creek Middle School that run from 9:00-12:00pm and if the Marinwood day camp has space or you are already enrolled in a Marinwood camp. The camper may attend Marinwood's camp from 12:00-3:00pm for the week of the specialty camp for a prorated amount. Camp staff will escort the camper to Marinwood's camp at noon. Campers must be enrolled in both Marinwood's camp and the specialty camp first, then email csd@marinwood.org for the prorated refund. The half day Marinwood camp fee will be \$189 for residents and \$213 for non-residents for the session.

# <u>ENRICHMENT</u>

## Art Adventures Camp

#### Ages 6-11

Marinwood is happy to introduce an awesome new camp! Campers will stay busy making oobleck, having karaoke competitions, and channeling their inner artist. Art Adventure Camp will introduce campers to new (and some old favorite) crafting skills in a variety of mediums. There will also be time for nature walks, foursquare tournaments and sing-a-longs. This camp will be packed full of imagination, skill building, exploring and new friendships! Camp fee includes materials fee.

Instructor: Marinwood Staff Location: Miller Creek School

Ages	Day	Dates	Times	Fee
6-8	M-F	7/10-7/14	9:00am-12:00pm	\$230
6-8	M-F	7/24-7/28	9:00am-12:00pm	\$230

Ages	Day	Dates	Times	Fee
9-11	M-F	7/17-7/21	9:00am-12:00pm	\$230
9-11	M-F	7/31-8/4	9:00am-12:00pm	\$230





## Babysitters in Training Camp

Ages 11-14

Marinwood's Babysitters in Training Camp for middle school students mixes the skills taught in babysitter training with the fun of camp!

Campers will learn basic child care, the business of babysitting, become certified in Pediatric CPR and First Aid, and receive an American Red Cross Babysitter Training Certificate. They will also practice cooking skills, learn kid-friendly games, go swimming a few times during the week and have the opportunity to work with our youngest camps. This week will leave campers with the confidence and knowledge to start taking care of little ones!

Campers should bring a snack, lunch and swimsuit/towel to camp every day. Participants must pass a physical demonstration and knowledge of first aid and CPR skills to be certified in First Aid & CPR. Campers will walk over to Marinwood Community Center every day to interact with campers or swim. Camp fee includes Red Cross babysitter handbook & certificate and Red Cross Pediatric First Aid/CPR certification.

## Jazz Combo Camps

Ages 5th-9th grade

Jump into jazz music this summer with a vibrant jazz camp at Miller Creek Middle School! Students will have the opportunity to work with local jazz professionals to improve skills on their individual instruments while exploring jazz, blues, funk and rock music. Players will be exposed to jazz masters, composition, and improvisation. They will be divided into small combo groups of comparable skill levels, and rotated among the instructors to focus on woodwinds, brass and rhythm section skills. At the end of each week, students will perform live for parents and friends.

#### Instructors:

Mike Schulist has instructed Science and Jazz Combos at Miller Creek Middle School for the last 24 years. Mr. Schulist's combos have performed all over Marin County, and recorded ten CD's in the studio.

Tyler Graves is an active musician, both teaching and performing, around the Bay Area. In addition to playing trumpet with various jazz groups, Tyler is currently the band instructional aide for the Miller Creek School District.

Location: Miller Creek School

Camp fee includes certification fee.

Instructor: Marinwood Staff Location: Miller Creek School

Ages	Day	Dates	Times	Fee
11-14	M-F	6/19-6/23	9:00am-2:00pm	\$360
11-14	M-F	6/26-6/30	9:00am-2:00pm	\$360



#### Morning Combos - Entering 5th & 6th grade

Grade	Day	Dates	Times	Fee
5th-6th	M-F	6/19-6/23	9:00-11:30am	\$220
5th-6th	M-F	6/26-6/30	9:00-11:30am	\$220

#### Afternoon Combos - Entering 7th - 9th grade

Grade	Day	Dates	Times	Fee
7th-9th	M-F	6/19-6/23	12:00-2:30pm	\$220
7th-9th	M-F	6/26-6/30	12:00-2:30pm	\$220

# **SPORTS**

## All Sorts of Sports Junior Academy Camp

### Ages 4-6

Jr. Academy gives children ages 4 to 6 years, a fun, active and educational experience tailored to the abilities of their age group. Our program uses FUN to teach problem solving skills and the beginning fundamentals for sports including throwing, catching, kicking, running and teamwork. Jr. Sports Academy provides structured simple activities, individual and team building challenges along with simple, small-sided competitions to develop and engage young athletes.

Instructor: National Academy of Athletics Location: Miller Creek School

Ages	Day	Dates	Times	Fee
4-6	M-F	6/12-6/16	9:00am-12:00pm	\$220
4-6	M-F	6/26-6/30	9:00am-12:00pm	\$220
4-6	M-F	7/24-7/28	9:00am-12:00pm	\$220

## All Sorts of Sports Camp

Ages 7-11

The All Sorts of Sports coed program by National Academy of Athletics is packed with fun. Whether your child is a beginner or more experienced player, this multi-sport camp is a perfect place for kids to be introduced to the world of sports, teamwork and athletics! Games we play include basketball, dodgeball, soccer, kickball, flag football, capture the flag, ultimate Frisbee & obstacle races and a whole lot more. Your children will learn new skills while having a blast and making new friends.

Instructor: National Academy of Athletics Location: Miller Creek School

Ages	Day	Dates	Times	Fee
7-11	M-F	6/12-6/16	9:00am-12:00pm	\$220
			9:00am-2:00pm	\$250
7-11	M-F	6/26-6/30	9:00am-12:00pm	\$220
			9:00am-2:00pm	\$250
7-11	M-F	7/24-7/28	9:00am-12:00pm	\$220
			9:00am-2:00pm	\$250

## Flag Football Camp

Ages 7-11

The Air Attack Flag Football camp by National Academy of Athletics is packed with fun. Whether your child is a beginner or more advanced player, the drills taught at this



camp will help them fall in love with the game. Our non-contact football camps are the perfect place to learn about the game of football and fitness while having a blast and making new friends.

Instructor: National Academy of Athletics Location: Miller Creek School

Ages	Day	Dates	Times	Fee
7-11	M-F	6/19-6/23	9:00am-12:00pm	\$220
			9:00am-2:00pm	\$250
7-11	M-F	7/10-7/14	9:00am-12:00pm	\$220
			9:00am-2:00pm	\$250

## In the Net Soccer Camp

#### Ages 7-11

The Soccer Camp by National Academy of Athletics is packed with fun. Whether your child is a beginner or more advanced player, the drills taught at this camp will help them fall in love with the game. Our soccer camps are the perfect place to learn about the game and fitness while having a blast and making new friends.

Instructor: National Academy of Athletics Location: Miller Creek School

Ages	Day	Dates	Times	Fee
7-11	M-F	7/17-7/21	9:00am-12:00pm	\$220
			9:00am-2:00pm	\$250



### **Action Movie Flix**

Ages 7-11

Use stop motion tricks to create fires, explosions, and even floods, as your characters can battle it out or work together to save the day in this action-packed stop motion class. You'll work in small groups to storyboard, create the action, film, and voiceover these exciting movies. Flix emailed within a month after camp ends.

Students work in age appropriate groups. All Flix will be professionally edited and downloadable within a month after camp ends. \$35 Production fee is included in the price for the camp. Check out our website, www.IncrediFlix.com, for examples of each camp!

#### Instructor: Incrediflix Location: Miller Creek School

Ages	Day	Dates	Times	Fee
7-11	M-F	6/19-6/23	9:00am-12:00pm	\$275



## LEGO® Flix

#### Ages 7-11

Bring Lego® worlds to life! We provide Legos. You provide your imagination. Work in groups to create a Lego® set with Lego® characters for a stop-motion movie you'll storyboard, shoot, and add voice-overs too. Flix will be emailed within a month after camp ends.

Students work in age appropriate groups. All Flix will be professionally edited and downloadable within a month after camp ends. \$35 Production fee is included in the price for the camp. Check out our website, www.IncrediFlix.com, for examples of each camp!

Instructor: Incrediflix Location: Miller Creek School

Ages	Day	Dates	Times	Fee
7-11	M-F	6/26-6/30	9:00am-12:00pm	\$275

## Minecraft Engineering with Lego® Materials

#### Ages 5-7

Venture into the world of Minecraft in our unique LEGO® experience. Get ready to build your base, craft your tools, use your Minecart to harvest raw resources, and battle to stop the Ender Dragon from ending the world. Come explore the endless possibilities of LEGO® with a trained Play-Well instructor.

Instructor: Play-Well TEKnologies Location: Miller Creek School

Ages	Day	Dates	Times	Fee
5-7	M-F	7/24-7/28	9:00am-12:00pm	\$200



Jerry Mehciz, USPTA will conduct tennis camps throughout the summer. Swingers and Junior Beginner camps will include basic grips, strokes, instruction and drills in a fun, progressive manner. The Junior Intermediate/Advanced class is for the player who has graduated from beginner to an intermediate/advanced level. Consistency, accuracy, and power will be stressed through fun drills and match play.

Instructor: Jerry Mehciz

#### Swingers Ages: 5-7

These little swingers learn the FUNdamentals of tennis. The basic strokes and court sense will be introduced through fun drills and games.

Day	Dates	Time	Fee
M-F	6/12-6/16	8:45-9:15am	\$68/ 5 classes
M-F	6/19-6/23	8:45-9:15am	\$68/ 5 classes
M-F	6/26-6/30	8:45-9:15am	\$68/ 5 classes
M-F	7/10-7/14	8:45-9:15am	\$68/ 5 classes
M-F	7/17-7/21	8:45-9:15am	\$68/ 5 classes
M-F	7/24-7/28	8:45-9:15am	\$68/ 5 classes
M-F	7/31-8/4	8:45-9:15am	\$68/ 5 classes
M-F	8/7-8/11	8:45-9:15am	\$68/ 5 classes

#### Junior Beginner Ages: 8-14

Tennis is a game, so lets have fun learning forehands, backhands, volleys, smashes, and serving in a fun progressive program.

Day	Dates	Time	Fee
M-F	6/12-6/16	9:15-10:15am	\$94/ 5 classes
M-F	6/19-6/23	9:15-10:15am	\$94/ 5 classes
M-F	6/26-6/30	9:15-10:15am	\$94/ 5 classes
M-F	7/10-7/14	9:15-10:15am	\$94/ 5 classes
M-F	7/17-7/21	9:15-10:15am	\$94/ 5 classes
M-F	7/24-7/28	9:15-10:15am	\$94/ 5 classes
M-F	7/31-8/4	9:15-10:15am	\$94/ 5 classes
M-F	8/7-8/11	9:15-10:15am	\$94/ 5 classes

#### Junior Intermediate/Advanced Ages: 9-14

For the players who has graduated from beginner to an intermediate/advanced level. Consistency, accuracy, and power will be stressed through fun drills and match play.

Day	Dates	Time	Fee
M-F	6/12-6/16	10:15-11:45am	\$142/ 5 classes
M-F	6/19-6/23	10:15-11:45am	\$142/ 5 classes
M-F	6/26-6/30	10:15-11:45am	\$142/ 5 classes
M-F	7/10-7/14	10:15-11:45am	\$142/ 5 classes
M-F	7/17-7/21	10:15-11:45am	\$142/ 5 classes
M-F	7/24-7/28	10:15-11:45am	\$142/ 5 classes
M-F	7/31-8/4	10:15-11:45am	\$142/ 5 classes
M-F	8/7-8/11	10:15-11:45am	\$142/ 5 classes





# Counselors in Training

## **COUNSELORS IN TRAINING** *Entering 8th-9th Grade (Ages 13-14)*

The CIT program is a great introduction for what it takes to be a Marinwood camp counselor!

CITs will work alongside camp staff and learn the day-to-day operations of camp and what it takes to be employed at Marinwood. The program will develop your child's leadership skills through training, observation and practice. CITs will be assigned to a specific camp each session and have a chance to immerse themselves in that age group. CITs are expected to participate in and assist with camp activities, help supervise campers at all times, work under the supervision of the Camp Director and help provide a fun, positive and safe experience for campers. Marinwood's goal for our CITs is to make friends, learn leadership skills, and enjoy a summer with Marinwood! When it comes time to apply as a camp counselor, our CITs definitely have a leg up on other applicants.



#### Applications due Wednesday, May 17! Applications can be found online or at the Community Center.

CIT Interviews and Training will take place on 5/25 or 5/30 from 3:00-5:00pm. Applicants must attend a training date to be eligible to be a CIT. Session assignments and registration will open Wednesday, May 31.

#### Typical CIT Hours: Monday-Friday 8:50am - 3:00pm

Session 1: June 12-16 Session 2: June 19-23 Session 3: June 26-30 Session 4: July 3-7 (No Camp 7/4) Session 5: July 10-14 Session 6: July 17-21 Session 7: July 24-28 Session 8: July 31- August 4 Session 9: August 7-11 Session Fees: \$130/session (Sess. 4: \$104)

#### Work one or multiple sessions!



# **GUARDS IN TRAINING**

Ages 13-14 (entering 8th-9th grade)

So you want to be a Lifeguard? The GIT program is a great way to get your foot in the door and embark on a fulfilling future at Marinwood. In this program, participants have a unique opportunity to become a junior staff member and have access to their own exclusive pool-side GIT "Shack." Participants gain hands-on experience by helping teach in the Marinwood Swim Academy during morning lessons-morning breakfast treats follow! When not working alongside the Marinwood pool staff, the GITs can be found learning and practicing lifeguarding skills, enjoying free swim time, barbecuing every Friday, and frequently creating fun chaos at the pool. In addition to all the fun and amusement, GITs also receive a thorough and exciting introduction to the American Red Cross Lifeguarding curriculum: a major head start for anyone thinking about working as a lifeguard or swim instructor once 15 years old. Each week highlights different skills and features new activities, games, and themes so attending multiple sessions is highly encouraged!

### Hours: Monday-Friday 9:00am-2:00pm Program Session Fees: \$130/session

Session 1: June 12-16 Session 2: June 19-23 Session 3: June 26-30 Session 5: July 10-14 Session 6: July 17-21 Session 7: July 24-28 Session 8: July 31- August 4 Registration will open Monday, March 13 at 9:00am. GIT Training will take place on Tuesday, May 30, 3:00-4:00pm at the Marinwood Pool







# Welcome to the Marinwood Pool!

Conveniently located just a mile off Highway 101, nestled between a lush forest and the majestic Marinwood hills, this aquatic oasis may be the best-kept secret in Marin. Boasting gorgeous views, top-notch swimming programs, and a highly trained lifeguard staff, this is the pool to call home this summer. Whether getting your workout in, throwing your kids' birthday party, learning to swim, or just basking in the sun, the Marinwood Pool is where summer happens.

## Features:

- 2 giant waterslides
- 1<sup>1</sup>/<sub>2</sub> foot tot pool (6 yrs & under)
- 5 lane lap pool with deep end
- Plenty of shade & plenty of seating
- Snacks, ice cream, ping pong, good tunes
- Ample parking

## **Programs:**

- Marinwood Swim Academy (high quality group & private swim lessons)
- Guards-in-Training (13-14 yrs)
- Affordable Pool Party Reservations
- Lifeguard Training Classes
- Recreation Swim
- Adult Lap Swim
- Swim Team
- Water Polo





## **Pool Section Shortcut**

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## Marinwood Pool 2023 Pool Fees and Membership Information

### Three ways to access the pool:

#### • Become a Pool Member (join for the season, April 3 - October 6)

~ Purchase your pool membership online at www.marinwood.org

- ~ Best value for regular pool users
- ~ Access to all Lap Swim, Recreation Swim, and Tot Pool Hours (age restrictions apply)
- ~ Discounts on Summer Camp Registration (\$20 off/ per child, per week for day camps)
- ~ Discounts on Swim Lessons
  - ~ Recreation Swim Guest Passes for friends/family not on the membership

#### • 5-Swim Punch Pass

- ~2nd best value for using the pool (adults save \$2/visit)
- ~ Access to all Lap Swim, Recreation Swim, and Tot Pool Hours (age restrictions apply)

#### • Daily Drop-in

~ Only available during Recreation Swim Hours

Marinwood Resident Membership Rates:	
Resident Family (up to 4 persons)	\$384
~Fee for additional family members	\$27
Resident Couple	\$293
Resident Individual	\$195
Resident Senior (6o+)	\$146
Resident Senior Couple	\$219
Memberships include Recreation Swim Guest Passe 12/family 6/couple 4/individual	S:
12/family 6/couple	S:

5-Swim Punch P	ass:
Marinwood Resident	\$30
Non-Resident	\$40

#### Non-Resident Membership Rates:

Non-Resident Family (up to 4 persons)	\$479
~Fee for additional family members	\$39
Non-Resident Couple	\$366
Non-Resident Individual	\$243
Non-Resident Senior (6o+)	\$183
Non-Resident Senior Couple	\$274
Memberships include Recreation Swim Guest Passes	5:
12/family	
6/couple	
4/individual	
Purchase more for \$40/12 pack	
Daily Drop-ins (Recreation Swim Hours O	nly)

Daily Drop-ins (Recreation Swim Hours O	nly)
Marinwood Resident Adult (18+)	\$8
Marinwood Resident Child (1-17)	\$6
Marinwood Resident Senior (60+)	\$7
Non-Resident Adult (18+)	\$10
Non-Resident Child (1-17)	\$8
Non-Resident Senior (6o+)	\$9
No fee for children under 12 months	

**Refund Policy:** Pool Memberships and 5-Swim Punch Passes are non-refundable, non-transferable, and only valid for the pool season in which they are purchased. 5-Swim Punch Passes are not user specific and may be shared, gifted, or used for multiple persons.

**Definitions:** *Marinwood Resident*: homeowners or renters living within the Marinwood Community Services District. Proof of residency required for resident rate. *Family:* up to 4 persons residing in the same household.

# Swim Lessons



Dates:

Monday - Thursday Session 1: 6/12-6/15 Session 2: 6/19-6/22 Session 3: 6/26-6/29 Session 4: No lessons Session 5: 7/10-7/13 Session 6: 7/17-7/20

Session 7: 7/24-7/27

Session 8: 7/31-8/3

#### Times:

10:45-11:15am 11:20-11:50am

#### Fees:

Pool Member: \$70/ session Non-Pool Member: \$88/ session

#### How to register?

- www.marinwood.org
- In person at the Community CenterMail or fax registration form
- (415) 479-7759

#### Refunds:

All refund requests must be made in writing or emailed to csd@marinwood. org. Cancellations made on or before the Wednesday prior to the beginning of the swim lesson will result in a \$10 cancellation fee for block lessons and \$2 cancellation fee for individual weekend lessons. Cancellations made after the Wednesday prior to the beginning of the start of the lesson will result in the forfeiture of half the swim lesson fee. No refunds will be granted once a swim lesson session has begun.

## Marinwood Swim Academy

The Marinwood Swim Academy is not your average swim lesson program. Our instructors are dedicated to connecting with your child on a personal level, customizing each class to make the learning experience exciting and worthwhile.



### **Group Lessons**

Group lessons offer swimmers the chance to learn from our instructors with the support and encouragement of their peers. For our lower levels we utilize our Jr. Lifeguards as swim buddies so that each child receives individual attention the whole lesson. All group lessons are open to individuals with special needs. Please contact John Paul Kessler at jpkessler@marinwood.org or (415) 479-0775 x105 if you or your child have special needs that require individual attention.

Please note: Camp staff will escort campers to group lessons that take place between 10:45-11:50am.

#### Level 1: Guppy - Beginners

Becoming comfortable in the water. Goal: Floating unassisted with face in the water for 5 seconds.

Level 2: Sea Horse - Kids who can comfortably float on their own Pushing off, gliding, adding freestyle arms and legs. Goal: Streamline glide on front into freestyle arms and kicks (2 yards)

# Level 3: Otter - Kids who can swim 5 yards of unassisted freestyle and can comfortably float face up.

Full freestyle, full backstroke, diving.

Goal: 10 yards of freestyle and backstroke with correct technique.

# Level 4: Sting Ray - Kids who have mastered freestyle and backstroke; can comfortably dive from kneeling

Breaststroke, butterfly, standing dives, deep water swimming.

Goal: 10 yards of breaststroke and elementary backstroke with correct technique; treading water.

# Level 5: Shark - Kids who have mastered breaststroke and elementary backstroke

Full butterfly, flip turns, Individual Medley (I.M).

Goal: 10 yards of butterfly with correct technique; 50 yards all other strokes with turns and dives.

#### Parent-Tot Swim Lessons (ages 6 months-3 years)

Introduce your child to the water through songs, games, and basic swimming skills in this fun filled class. Each participant is required to have a parent or guardian in the water.

- Monday-Thursday; 11:20-11:50am
- Sessions: 3 and 7

# Swim Lessons



Dates:

Monday - Friday Block Session 1: 6/12-6/16 Session 2: 6/19-6/23 Session 3: 6/26-6/30 Session 4: 7/5-7/7 (W-F)\* Session 5: 7/10-7/14 Session 6: 7/17-7/21 Session 7: 7/24-7/28 Session 8: 7/31-8/4

Time slots: Monday-Friday

12:30-5:00pm. Lessons run every half hour, last time slot is 4:30pm. (Lesson is 25 minutes.)

Time slots: Saturday/Sunday 12:00-12:25pm 12:30-12:55pm

Fees: Please refer to chart at right.

#### How to register?

- www.marinwood.org
- In person at the Community Center
- Mail or fax registration form (415) 479-7759

#### Refunds:

All refund requests must be made in writing or emailed to csd@marinwood. org. Cancellations made on or before the Wednesday prior to the beginning of the swim lesson will result in a \$10 cancellation fee for block lessons and \$2 cancellation fee for individual weekend lessons. Cancellations made after the Wednesday prior to the beginning of the start of the lesson will result in the forfeiture of half the swim lesson fee. No refunds will be granted once a swim lesson session has begun.

## **Private Lessons**

Private Swim Lessons are great for anyone looking for individualized instruction and fast track swimming success. Must be at least 3 years or older to participate in swim lessons. Private Swim Lessons are available for ages 3+, all levels! Lessons are available in 5-day blocks (M-F) on weekday afternoons and individually on weekends.



All private lessons are open to individuals with special needs. Please contact John Paul Kessler at jpkessler@marinwood.org or (415) 479-0775 x105

if you or your child have special needs that require individual attention.

Please note: Camp staff (M-F) will escort campers to lessons that take place between 12:30-2:00pm and 3:30-5:00pm, (if enrolled in After Care). Parents are responsible for escorting campers to swim lessons scheduled at 2:30pm or 3:00pm.

### Semi-Private Lessons

Semi-Private lessons are available for up to two swimmers of the same or similar swimming abilities. To enroll in a semi-private, please enroll the first swimmer online; the second swimmer can be added over the phone, please call 415-479-0775.

Pricing: M-F Block Private Lessons

	Private	Semi-Private
Pool Member	\$156	\$208 (\$104/child)
*Session 4	\$94	\$125 (\$62.50/child)
Non-Member	\$173	\$218 (\$109/child)
*Session 4	\$104	\$131 (\$65.50/ child)

Pricing: Sat. and/or Sun. Private Lessons

	Private	Semi-Private
Pool Member	\$31	\$39 (\$19.50/child)
Non-Member	\$35	\$44 (\$22/child)

## Lifeguard Training

#### Ages 15+

American Red Cross Lifeguard Training is the course you need to become a certified lifeguard. Participants who successfully complete this course will become certified in Lifeguarding, CPR/ AED for Lifeguards and First Aid.

Taught in the Blended-Learning format, students will have the opportunity to complete the majority of the classroom work online at their own pace prior to the first in-person class. This allows for three days of intensive, skill focused, in-person sessions.

Prerequisites:

- Proof of completion of e-learning portion at or before the start of the first in-person session.
- Participants must be 15 years old by or on the last day of class.
- Participants must pass a three part pre-course swimming test administered on the first day of class:
  - 1. 300 yard continuous swim (not timed)
  - 2. 20 yard swim, retrieval of 10lb object from 7ft depth, swim with object 20 yards, exit pool at side (1:40 time limit).
  - 3. Tread water with legs only (2 minutes).

Please bring a lunch, towel, and appropriate clothing for quick transition between pool and classroom.

#### NOTE: Any lifeguard candidate from these classes that applies and is hired at the Marinwood Pool will be reimbursed the Lifeguard Class Fee, excluding materials/certification costs.

Instructor: Marinwood Staff

Day	Dates	Times	Fee
Sat-Mon	2/18-2/20	8:ooam-5:oopm	\$325
Fri-Sun	4/14-4/16	8:ooam-5:oopm	\$325
Sat-Mon	5/27/5/29	8:ooam-5:oopm	\$325



Water Polo

#### Ages 12-14

This team is intended for middle school girls and boys who would like to learn about this fast paced and fun water sport. The Marinwood Water Polo program is for those who have never played the sport and want to learn, or for players who have previously played and want to continue working on their skills. This is a super opportunity to learn how to play a great sport and/ or improve and extend existing skills before entering high school. Instruction will include basic specialized swimming skills for water polo, passing, shooting, offense, defense, rules of the game, concepts of team play, and more as time permits. Players will get a chance to scrimmage in order to get a sense of how the overall game is played. This is a great launch point for being a confident and capable freshman high school player.

Space is limited, please contact Coach Chris Case to register at christophermcase@gmail.com or (415) 250-5443.

Season runs March 13 through May 3, 2023.

This program is not affiliated with any Marin Swim League swim team, nor any high school. All middle schoolers are welcome as long as they are water safe.

Instructor: Chris Case

Day	Dates	Times	Fee
M/W	3/13-5/3	7:30-8:45pm	\$425



www.marinwood.org

		~Marinwood	Marinwood Pool Schedule APRIL 2023~	APRIL 2023~		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 OPENING DAY	4	5	9	2	8
	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	
	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 8AM-12PM
	TOT 11AM - 4PM	TOT 11AM - 4PM	TOT 11AM - 4PM	TOT 11AM - 4PM	TOT 11AM - 4PM	TOT 8AM-5PM
	<b>REC 2PM - 4PM</b>	REC 2PM - 4PM	REC 2PM - 4PM	<b>REC 2PM - 4PM</b>	<b>REC 2PM - 4PM</b>	REC 12-5PM
	WD 4PM - CLOSE	WD 4PM - CLOSE	WD 4PM - CLOSE	WD 4PM - CLOSE	WD 4PM - CLOSE	
6	10	11	12	13	14	15
	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	
EASTER SUNDAY	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 8AM-12PM
Pool Closed	TOT 11AM - 4PM	TOT 11AM - 4PM	TOT 11AM - 4PM	TOT 11AM - 4PM	TOT 11AM - 4PM	TOT 8AM-5PM
	<b>REC 2PM - 4PM</b>	REC 2PM - 4PM	REC 2PM - 4PM	<b>REC 2PM - 4PM</b>	<b>REC 2PM - 4PM</b>	REC 12-5PM
	WD 4PM - CLOSE	WD 4PM - CLOSE	WD 4PM - CLOSE	WD 4PM - CLOSE	WD 4PM - CLOSE	
16	17	18	19	20	21	22
	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	SWIM MEET
LAP 8AM-12PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	ALTERED SCHEDULE
TOT 8AM-5PM	TOT 11AM - 4PM	TOT 11AM - 4PM	TOT 11AM - 4PM	TOT 11AM - 4PM	TOT 11AM - 4PM	NO LAP SWIM
REC 12-5PM	<b>REC 2PM - 4PM</b>	REC 2PM - 4PM	REC 2PM - 4PM	<b>REC 2PM - 4PM</b>	<b>REC 2PM - 4PM</b>	REC/TOT 3-6PM
	WD 4PM - CLOSE	WD 4PM - CLOSE	WD 4PM - CLOSE	WD 4PM - CLOSE	WD 4PM - CLOSE	
23	24	25	26	27	28	29
	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	
LAP 8AM-12PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 8AM-12PM
TOT 8AM-5PM	TOT 11AM - 4PM	TOT 11AM - 4PM	TOT 11AM - 4PM	TOT 11AM - 4PM	TOT 11AM - 4PM	TOT 8AM-5PM
REC 12-5PM	<b>REC 2PM - 4PM</b>	REC 2PM - 4PM	REC 2PM - 4PM	<b>REC 2PM - 4PM</b>	<b>REC 2PM - 4PM</b>	REC 12-5PM
	WD 4PM - CLOSE	WD 4PM - CLOSE	WD 4PM - CLOSE	WD 4PM - CLOSE	WD 4PM - CLOSE	
30	<b>I AP</b> = Adult Lan Swim	vim Hours (16+vrs)	-Waterslides	only open weekends	-Waterslides only open weekends in spring, during REC hours	hours
LAP 8AM-12PM	<b>TOT</b> = Tot Pool Hours (				)	
TOT 8AM-5PM	<b>REC</b> = Recreation S	REC = Recreation Swim Hours (all ages)	-Anyone usin	g the pool facility bef	-Anyone using the pool facility before REC must be a pool member or	ol member or
REC 12-5PM	<b>WD</b> = Waterdevils	<b>WD</b> = Waterdevils Swim Team Practice	punch pass ho	older. Daily Drop-ins (	punch pass holder. Daily Drop-ins only accepted druing KEC hours.	REC nours.

Tuesday         Tuesday         Tuesday         Thursday         Friday         Fiday			~Marinwood	~Marinwood Pool Schedule MAY 2023~	MAY 2023~		
1         2         3           1         Lap 6:30 - 9AM         Lap 6:30 - 9AM         Lap 6:30 - 9AM         Lap 6:30 - 9AM           1         Lap 11AM - 2PM         TOT 11AM - 4PM         TOT 11AM - 4PM         TOT 11AM - 4PM           1         TOT 11AM - 4PM         TOT 11AM - 4PM         TOT 11AM - 4PM         TOT 11AM - 4PM           1         Lap 6:30 - 9AM         UD 4PM - CLOSE         WD 4PM - CLOSE         WD 4PM - CLOSE         WD 4PM - CLOSE           1         Lap 6:30 - 9AM         Lap 11AM - 2PM         Lap 11AM - 2PM         Lap 11AM - 2PM         TOT 11AM - 4PM           1         CT 11AM - 4PM         REC 12-5PM         MD 4PM - CLOSE         WD 4PM - CLOSE         MD 4PM - CLOSE         MD 4PM - CLOSE         MD 4PM - CLOSE         WD 4PM - CLOSE         MD 4PM - CLOSE<	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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15         16         17         17         17           LAP 6:30 - 9AM           LAP 8AM-12PM         LAP 11AM - 2PM         LAP 11AM - 2PM         LAP 11AM - 2PM         LAP 11AM - 2PM           TOT 13AM - 4PM         REC 12-5PM         TOT 11AM - 4PM         REC 2PM - 4PM         REC 2PM - 4PM           REC 12-5PM         WD 4PM - CLOSE         WD 4PM - CLOSE         WD 4PM - CLOSE         ND 4PM - CLOSE           AP 8AM-12PM         LAP 6:30 - 9AM         REC 2PM - 4PM         REC 2PM - 4PM         REC 2PM - 4PM           AP 8AM-12PM         LAP 11AM - 2PM         LAP 6:30 - 9AM         LAP 6:30 - 9AM         LAP 6:30 - 9AM           AP 8AM-12PM         LAP 11AM - 2PM         LAP 11AM - 2PM         LAP 6:30 - 9AM         REC 2PM - 4PM           REC 12-5PM         TOT 11AM - 4PM         REC 2PM - 4PM         REC 2PM - 4PM         REC 2PM - 4PM           AP 8AM-12PM         REC 2PM - 4PM         REC 2PM - 4PM         REC 2PM - 4PM         REC 2PM - 4PM           AP 8AM-12PM         REC 2PM - 4PM         REC 2PM - 4PM         REC 2PM - 4PM         REC 2PM - 4PM           AP 8AM-12PM         REC 2PM - 4PM         REC 2PM - 4PM         REC 2PM - 4PM         REC 2PM - 4PM		WD 4PM - CLOSE	WD 4PM - CLOSE	WD 4PM - CLOSE	WD 4PM - CLOSE	WD 4PM - CLOSE	
Lap 6:30 - 9AM         Lap 6:30 - 9AM         Lap 6:30 - 9AM         Lap 6:30 - 9AM           TOT 14M - 2PM         Lap 11AM - 2PM         Lap 11AM - 2PM         Lap 11AM - 2PM           TOT 8AM-5PM         TOT 11AM - 4PM         TOT 11AM - 4PM         TOT 11AM - 4PM           REC 12-5PM         REC 2PM - 4PM         REC 2PM - 4PM         REC 2PM - 4PM           REC 12-5PM         WD 4PM - CLOSE         WD 4PM - CLOSE         WD 4PM - CLOSE         WD 4PM - CLOSE           A         22         23         24         2         24         2           AP 8AM-12PM         LAP 11AM - 2PM         LAP 11AM - 2PM         LAP 6:30 - 9AM         LAP 6:30 - 9AM         24         2           AP 8AM-12PM         LAP 11AM - 2PM         LAP 11AM - 2PM         LAP 11AM - 2PM         24         2         2           AP 8AM-12PM         REC 2PM - 4PM         REC 2PM - 4PM         REC 2PM - 4PM         2         2           AP 8AM-12PM         ND 4PM - CLOSE         WD 4PM - CLOSE         WD 4PM - CLOSE         WD 4PM - CLOSE         MD 4PM - CLOSE         ND 4PM - C	14	15	16	17	18	19	20
Lap 8AM-12PM       Lap 11AM - 2PM       Lap 11AM - 2PM       Lap 11AM - 2PM         TOT 8AM-5PM       TOT 11AM - 4PM       TOT 11AM - 4PM       TOT 11AM - 4PM         TOT 8AM-5PM       TOT 11AM - 4PM       TOT 11AM - 4PM       TOT 11AM - 4PM         REC 12-5PM       REC 2PM - 4PM       REC 2PM - 4PM       REC 2PM - 4PM         REC 12-5PM       WD 4PM - CLOSE       WD 4PM - CLOSE       WD 4PM - CLOSE       WD 4PM - CLOSE         Z2       Z3       LAP 6:30 - 9AM         LAP 8AM-12PM       LAP 11AM - 2PM       LAP 11AM - 2PM       LAP 11AM - 2PM       TOT 11AM - 4PM         TOT 8AM-5PM       TOT 11AM - 4PM       TOT 11AM - 4PM       REC 2PM - 4PM       REC 2PM - 4PM         REC 12-5PM       REC 12-5PM       LAP 11AM - 2PM       LAP 6:30 - 9AM       REC 2PM - 4PM         REC 12-5PM       REC 2PM - 4PM       REC 2PM - 4PM       REC 2PM - 4PM       REC 2PM - 4PM         REC 12-5PM       REC 12-5PM       REC 2PM - 4PM       REC 2PM - 4PM       REC 2PM - 4PM         REC 12-5PM       REC 11AM - 2PM       REC 2PM - 4PM       REC 2PM - 4PM       REC 2PM - 4PM         REC 12-5PM       REC 11AM - 4PM       REC 2PM - 4PM       REC 2PM - 4PM       REC 2PM - 4PM		LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	
TOT 8AM-5PM         TOT 11AM - 4PM         TOT 11AM - 4PM         TOT 11AM - 4PM         TOT 11AM - 4PM           REC 12-5PM         REC 2PM - 4PM         REC 2PM - 4PM         REC 2PM - 4PM         REC 2PM - 4PM           WD 4PM - CLOSE         WD 4PM - CLOSE         WD 4PM - CLOSE         WD 4PM - CLOSE         S3           LAP 6:30 - 9AM           LAP 8AM-12PM         LAP 11AM - 2PM         LAP 11AM - 2PM         LAP 11AM - 2PM         LAP 11AM - 2PM           TOT 8AM-5PM         TOT 11AM - 4PM         REC 2PM - 4PM         REC 2PM - 4PM         REC 2PM - 4PM           REC 12-5PM         ND 4PM - CLOSE         WD 4PM - CLOSE         WD 4PM - CLOSE         MD 4PM - CLOSE           ARM-12PM         REC 2PM - 4PM         REC 2PM - 4PM         REC 2PM - 4PM         REC 2PM - 4PM           REC 12-5PM         MEMORIAL DAY         REC 2PM - 4PM         REC 2PM - 4PM         REC 2PM - 4PM           ARM-12PM         REC 12-5PM         MD 4PM - CLOSE         WD 4PM - CLOSE         WD 4PM - CLOSE           ARM-12PM         REC 12-5PM         REC 2PM - 4PM         REC 2PM - 4PM         REC 2PM - 4PM           ARM-12PM         REC 12-5PM         MD 4PM - CLOSE         WD 4PM - CLOSE         MD 4PM - CLOS	LAP 8AM-12PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 8AM-12PM
REC 12-5PM         REC 2PM - 4PM         REC 2PM - 4PM         REC 2PM - 4PM           WD 4PM - CLOSE         WD 4PM - CLOSE         WD 4PM - CLOSE         WD 4PM - CLOSE         S           LAP 6:30 - 9AM         Z           TOT 8AM-12PM         LAP 11AM - 2PM         LAP 11AM - 2PM         LAP 11AM - 2PM         LAP 11AM - 2PM         Z           TOT 8AM-5PM         TOT 11AM - 4PM         TOT 11AM - 4PM         TOT 11AM - 4PM         TOT 11AM - 4PM         Z           REC 12-5PM         REC 12-5PM         MC 4PM - CLOSE         WD 4PM - CLOSE         WD 4PM - CLOSE         MD 4PM - CLOSE </td <td>TOT 8AM-5PM</td> <td>TOT 11AM - 4PM</td> <td>TOT 8AM-5PM</td>	TOT 8AM-5PM	TOT 11AM - 4PM	TOT 11AM - 4PM	TOT 11AM - 4PM	TOT 11AM - 4PM	TOT 11AM - 4PM	TOT 8AM-5PM
WD 4PM - CLOSE         WD 4PM - CLOSE         WD 4PM - CLOSE         WD 4PM - CLOSE         S3         24         23         24         24         23         24         24         25         24         24         24         25         24         25         24         25         24         25         24         25         24         25         24         25         24         24         26         20         9AM         70111AM - 2PM         LAP 11AM - 2PM         TOT 11AM - 4PM         70111AM - 2PM         10 <t< td=""><td>REC 12-5PM</td><td><b>REC 2PM - 4PM</b></td><td>REC 2PM - 4PM</td><td><b>REC 2PM - 4PM</b></td><td><b>REC 2PM - 4PM</b></td><td><b>REC 2PM - 4PM</b></td><td>REC 12-5PM</td></t<>	REC 12-5PM	<b>REC 2PM - 4PM</b>	REC 2PM - 4PM	<b>REC 2PM - 4PM</b>	<b>REC 2PM - 4PM</b>	<b>REC 2PM - 4PM</b>	REC 12-5PM
22       23       24       23         LAP 6:30 - 9AM       LAP 6:30 - 9AM       LAP 6:30 - 9AM       LAP 6:30 - 9AM         LAP 8AM-12PM       LAP 11AM - 2PM       LAP 11AM - 2PM       LAP 11AM - 2PM         TOT 8AM-5PM       TOT 11AM - 4PM       TOT 11AM - 4PM       TOT 11AM - 4PM         REC 12-5PM       REC 2PM - 4PM       REC 2PM - 4PM       REC 2PM - 4PM         REC 12-5PM       REC 2PM - 4PM       REC 2PM - 4PM       REC 2PM - 4PM         REC 12-5PM       REC 2PM - 4PM       REC 2PM - 4PM       REC 2PM - 4PM         Z9       WD 4PM - CLOSE       WD 4PM - CLOSE       WD 4PM - CLOSE         Z9       30       31       LAP 6:30 - 9AM       LAP 6:30 - 9AM         LAP 8AM-12PM       (WEEKEND HOURS)       LAP 11AM - 2PM       LAP 6:30 - 9AM       LAP 6:30 - 9AM         TOT 8AM-5PM       LAP 8AM-12PM       LAP 11AM - 2PM       LAP 6:30 - 9AM       REC 20 - 9AM       REC 20 - 9AM         REC 12-5PM       LAP 8AM-12PM       REC 2PM - 4PM - CLOSE       WD 4PM - CLOSE       WD 4PM - CLOSE		WD 4PM - CLOSE	WD 4PM - CLOSE	WD 4PM - CLOSE	WD 4PM - CLOSE	WD 4PM - CLOSE	
Lap 6:30 - 9AM       Lap 6:30 - 9AM       Lap 6:30 - 9AM         Lap 8AM-12PM       Lap 11AM - 2PM       Lap 11AM - 2PM         TOT 8AM-5PM       TOT 11AM - 4PM       TOT 11AM - 4PM         REC 12-5PM       TOT 11AM - 4PM       TOT 11AM - 4PM         REC 12-5PM       REC 2PM - 4PM       TOT 11AM - 4PM         REC 12-5PM       REC 2PM - 4PM       REC 2PM - 4PM         REC 12-5PM       REC 2PM - 4PM       REC 2PM - 4PM         REC 12-5PM       MC 4PM - CLOSE       WD 4PM - CLOSE         MAM-12PM       REC 2PM - 4PM       REC 2PM - 4PM         LaP 8AM-12PM       NEMORIAL DAY       LAP 6:30 - 9AM         TOT 8AM-5PM       LAP 11AM - 2PM       LAP 6:30 - 9AM         REC 12-5PM       TOT 11AM - 4PM       TOT 11AM - 4PM         REC 12-5PM       TOT 8AM - 5PM       WD 4PM - CLOSE         MEC 2PM - 4PM - CLOSE       WD 4PM - CLOSE       WD 4PM - CLOSE	21	22	23	24	25	26	27
Lap 8AM-12PM       Lap 11AM - 2PM       Lap 11AM - 2PM       Lap 11AM - 2PM         TOT 8AM-5PM       TOT 11AM - 4PM       TOT 11AM - 4PM       TOT 11AM - 4PM         REC 12-5PM       REC 2PM - 4PM       REC 2PM - 4PM       REC 2PM - 4PM         REC 12-5PM       REC 2PM - 4PM       REC 2PM - 4PM       REC 2PM - 4PM         REC 12-5PM       REC 2PM - CLOSE       WD 4PM - CLOSE       WD 4PM - CLOSE         29       30       31       LAP 6:30 - 9AM       R         LAP 8AM-12PM       (WEEKEND HOURS)       LAP 11AM - 2PM       LAP 11AM - 2PM       R         TOT 8AM-5PM       TOT 31AM - 4PM       REC 2PM - 4PM       R       CO 11AM - 4PM         REC 12-5PM       TOT 8AM - 5PM       WD 4PM - CLOSE       WD 4PM - CLOSE       M		LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	
TOT 8AM-5PM         TOT 11AM - 4PM         TOT 11AM - 4PM         TOT 11AM - 4PM           REC 12-5PM         REC 2PM - 4PM         REC 2PM - 4PM         REC 2PM - 4PM           REC 12-5PM         REC 2PM - 4PM         REC 2PM - 4PM         REC 2PM - 4PM           WD 4PM - CLOSE         WD 4PM - CLOSE         WD 4PM - CLOSE         WD 4PM - CLOSE           ABM-12PM         WEMORIAL DAY         LAP 6:30 - 9AM         IAP 6:30 - 9AM         IAP 6:30 - 9AM           LAP 8AM-12PM         (WEEKEND HOURS)         LAP 11AM - 2PM         LAP 6:30 - 9AM         IAP 11AM - 2PM           TOT 8AM-5PM         LAP 8AM-12PM         TOT 11AM - 4PM         TOT 11AM - 4PM         REC 2PM - 4PM           REC 12-5PM         TOT 8AM - 5PM         WD 4PM - CLOSE         WD 4PM - CLOSE         WD 4PM - CLOSE	LAP 8AM-12PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 8AM-12PM
REC 12-5PM         REC 2PM - 4PM         REC 2PM - 4PM         REC 2PM - 4PM           WD 4PM - CLOSE           29         30         31         LAP 6:30 - 9AM         LAP 6:30 - 9AM         LAP 6:30 - 9AM         LAP 11AM - 2PM           101         8AM-12PM         (WEEKEND HOURS)         LAP 11AM - 2PM         LAP 11AM - 2PM         R           101         8AM-5PM         TOT 11AM - 4PM         TOT 11AM - 4PM         TOT 11AM - 4PM         R           101         8AM-5PM         TOT 8AM - 5PM         WD 4PM - CLOSE         WD 4PM - CLOSE         MD 4PM - CLOSE	TOT 8AM-5PM	TOT 11AM - 4PM	TOT 11AM - 4PM	TOT 11AM - 4PM	TOT 11AM - 4PM	TOT 11AM - 4PM	TOT 8AM-5PM
WD 4PM - CLOSE         ND 4PM	REC 12-5PM	<b>REC 2PM - 4PM</b>	REC 2PM - 4PM	<b>REC 2PM - 4PM</b>	<b>REC 2PM - 4PM</b>	<b>REC 2PM - 4PM</b>	REC 12-5PM
29         30         31         21           LAP 8AM-12PM         MEMORIAL DAY         LAP 6:30 - 9AM         LAP 6:30 - 9AM         R           LAP 8AM-12PM         (WEEKEND HOURS)         LAP 11AM - 2PM         LAP 11AM - 2PM         R           TOT 8AM-5PM         LAP 8AM-12PM         TOT 11AM - 4PM         TOT 11AM - 4PM         REC 12-5PM         APM - 6005           REC 12-5PM         TOT 8AM - 5PM         WD 4PM - 6105         WD 4PM - 6105         WD 4PM - 6105		WD 4PM - CLOSE	WD 4PM - CLOSE	WD 4PM - CLOSE	WD 4PM - CLOSE	WD 4PM - CLOSE	
MEMORIAL DAY         LAP 6:30 - 9AM         LAP 6:30 - 9AM         R           (wEEKEND HOURS)         LAP 11AM - 2PM         LAP 11AM - 2PM         LAP 11AM - 2PM           LAP 8AM-12PM         TOT 11AM - 4PM         TOT 11AM - 4PM         APM           TOT 8AM - 5PM         REC 2PM - 4PM         REC 2PM - 4PM         CLOSE	28	29	30	31	LAP = Adult Lap Swim Hour	s (16+yrs) <b>TOT</b> = Tot Pool F	Hours (6yrs & under)
(WEEKEND HOURS)         LAP 11AM - 2PM         LAP 11AM - 2PM           LAP 8AM-12PM         TOT 11AM - 4PM         TOT 11AM - 4PM           TOT 8AM - 5PM         REC 2PM - 4PM         REC 2PM - 4PM           REC 12PM - 5PM         WD 4PM - CLOSE         WD 4PM - CLOSE		MEMORIAL DAY	LAP 6:30 - 9AM	LAP 6:30 - 9AM	REC = Recreation Swim Hou	urs (all ages) <b>WD =</b> Waterdev	ils Swim Team Practice
LAP 8AM-12PM         TOT 11AM - 4PM         TOT 11AM - 4PM           TOT 8AM - 5PM         REC 2PM - 4PM         REC 2PM - 4PM           REC 12PM - 5PM         WD 4PM - CLOSE         WD 4PM - CLOSE	LAP 8AM-12PM	(WEEKEND HOURS)	LAP 11AM - 2PM	LAP 11AM - 2PM	Winterschilder and another	control of the contro	
TOT 8AM - 5PM         REC 2PM - 4PM         REC 2PM - 4PM           REC 12PM - 5PM         WD 4PM - CLOSE         WD 4PM - CLOSE	TOT 8AM-5PM	LAP 8AM-12PM	TOT 11AM - 4PM	TOT 11AM - 4PM	-Anvone using the pool fi	veekerius in spring, auring i acility before REC must be ;	a pool member or punch
WD 4PM - CLOSE	REC 12-5PM	TOT 8AM - 5PM	REC 2PM - 4PM	REC 2PM - 4PM	pass holder. Daily Drop-ii	ns only accepted druing RE	C hours.
		<b>REC 12PM - 5PM</b>	WD 4PM - CLOSE	WD 4PM - CLOSE			

		~Marinwoo	~Marinwood Pool Schedule JUNE 2023~	UNE 2023~		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LAP = Adult Lap Swim Hours (16+yrs)		-Waterslides only open on weekends until 6/12; open all	ıds until 6/12; open all	1 A B 6:30 - 0 AM	2   AD 6:30 - 0AM	3 SVAINA MEET
TOT = Tot Pool Hours (6yrs & under) REC = Recreation Swim Hours (all ages)	(Se	REC hours 6/12-8/13.		LAP 11AM - 2PM	LAP 11AM - 2PM	ALTERED SCHEDULE
<b>WD</b> = Waterdevils Swim Team Practice	·	-Anyone using the pool facility before REC must be a pool	ore REC must be a pool	TOT 11AM - 4PM	TOT 11AM - 4PM	NO LAP SWIM
LESSONS = Swim Lessons STAFF = Staff In-Service Training		member or punch pass holder. Daily Urop-ins only accepted druing REC hours.	ily Drop-ins only	REC 2PM - 4PM	REC 2PM - 4PM	REC/TOT 3-6PM
		D		WD 4PM - CLOSE	WD 4PM - CLOSE	
4	5 ALTERED HOURS	6 ALTERED HOURS	7 ALTERED HOURS	8 ALTERED HOURS	9 ALTERED HOURS	10
	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	SWIM MEET
LAP 8AM-12PM	Pool Party 9am-noon	Pool Party 9am-noon	Pool Party 9am-noon	Pool Party 9am-noon	Pool Party 9am-noon	ALTERED SCHEDULE
TOT 8AM-5PM	LAP 12:30 - 2PM	LAP 12:30 - 2PM	LAP 12:30 - 2PM	LAP 12:30 - 2PM	LAP 12:30 - 2PM	NO LAP SWIM
REC 12-5PM	TOT 12:30 - 4PM	TOT 12:30 - 4PM	TOT 12:30 - 4PM	TOT 12:30 - 4PM	TOT 12:30 - 4PM	REC/TOT 3-6PM
	REC 2 - 4PM	REC 2 - 4PM	REC 2 - 4PM	REC 2 - 4PM	REC 2 - 4PM	
11	12 Summer Hours	13	14	15	16	17
STAFF TRAINING	LAP 6 - 10:30AM	LAP 6 - 10:30AM	LAP 6 - 10:30AM	LAP 6 - 10:30AM	LAP 6 - 9:00AM	SWIM MEET
ALTERED SCHEDULE	LESS. 10:30-12PM	LESS. 10:30-12PM	LESS. 10:30-12PM	LESS. 10:30-12PM	STAFF 9AM-12PM	ALTERED SCHEDULE
NO LAP SWIM	TOT 12PM - 5PM	TOT 12PM - 5PM	TOT 12PM - 5PM	TOT 12PM - 5PM	TOT 12PM - 5PM	NO LAP SWIM
REC/TOT 3-6PM	REC 12PM - 5PM	<b>REC 12PM - 5PM</b>	<b>REC 12PM - 5PM</b>	REC 12PM - 5PM	REC 12PM - 5PM	REC/TOT 3-6PM
	WD 5PM - CLOSE	WD 5PM - CLOSE	WD 5PM - CLOSE	WD 5PM - CLOSE	WD 5PM - CLOSE	
18	19	20	21	22	23	24
LAP 8AM-12PM	LAP 6 - 10:30AM	LAP 6 - 10:30AM	LAP 6 - 10:30AM	LAP 6 - 10:30AM	LAP 6 - 9:00AM	LAP 8AM-12PM
TOT 8AM-6PM	LESS. 10:30-12PM	LESS. 10:30-12PM	LESS. 10:30-12PM	LESS. 10:30-12PM	STAFF 9AM-12PM	TOT 8AM-6PM
<b>REC 12-6PM</b>	TOT 12PM - 5PM	TOT 12PM - 5PM	TOT 12PM - 5PM	TOT 12PM - 5PM	TOT 12PM - 5PM	<b>REC 12-6PM</b>
	REC 12PM - 5PM	<b>REC 12PM - 5PM</b>	<b>REC 12PM - 5PM</b>	REC 12PM - 5PM	REC 12PM - 5PM	
	WD 5PM - CLOSE	WD 5PM - CLOSE	WD 5PM - CLOSE	WD 5PM - CLOSE	WD 5PM - CLOSE	
25	26	27	28	29	30	Note Morning
LAP 8AM-12PM	LAP 6 - 10:30AM	LAP 6 - 10:30AM	LAP 6 - 10:30AM	LAP 6 - 10:30AM	LAP 6 - 9:00AM	LAP Hours
TOT 8AM-6PM	LESS. 10:30-12PM	LESS. 10:30-12PM	LESS. 10:30-12PM	LESS. 10:30-12PM	STAFF 9AM-12PM	shorter on
REC 12-6PM	TOT 12PM - 5PM	TOT 12PM - 5PM	TOT 12PM - 5PM	TOT 12PM - 5PM	TOT 12PM - 5PM	Fridays
	REC 12PM - 5PM	REC 12PM - 5PM	REC 12PM - 5PM	REC 12PM - 5PM	REC 12PM - 5PM	(6/12-8/18)
	LAP 5 - 7:30PM	LAP 5 - 7:30PM	LAP 5 - 7:30PM	LAP 5 - 7:30PM	LAP 5 - 7:30PM	

		~Marinwoo	~Marinwood Pool Schedule JULY 2023~	ULY 2023~		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
-Waterslides open	-Waterslides open all REC hours 6/12-8/13.					-
						LAP 8AM-12PM
-Anyone using the Daily Dron-ins only	-Anyone using the pool facility before REC must be a pool member or punch pass holder. Daily Dron-ins only accented draing RFC hours	must be a pool member o	or punch pass holder.			TOT 8AM-6PM
	ע מכיבקיבט מו מוווק וזבר ווס	di 3.				<b>REC 12-6PM</b>
2	3	4	5	9	7 LAP 6 - 9AM	8
LAP 8AM-12PM	LAP 6 - 10:30AM	4th of July	LAP 6 - 10:30AM	LAP 6 - 10:30AM	STAFF 9AM-12PM	LAP 8AM-12PM
TOT 8AM-6PM	TOT 12PM - 5PM	LAP 8AM-12PM	TOT 12PM - 5PM	TOT 12PM - 5PM	TOT 12PM - 5PM	TOT 8AM-6PM
<b>REC 12-6PM</b>	<b>REC 12PM - 5PM</b>	TOT 8AM-6PM	REC 12PM - 5PM	<b>REC 12PM - 5PM</b>	<b>REC 12PM - 5PM</b>	<b>REC 12-6PM</b>
	LAP 5 - 7:30PM	<b>REC 12-6PM</b>	LAP 5 - 7:30PM	LAP 5 - 7:30PM	LAP 5 - 7:30PM	
6	10	11	12	13	14	15
LAP 8AM-12PM	LAP 6 - 10:30AM	LAP 6 - 10:30AM	LAP 6 - 10:30AM	LAP 6 - 10:30AM	LAP 6 - 9AM	LAP 8AM-12PM
TOT 8AM-6PM	LESS. 10:30-12PM	LESS. 10:30-12PM	LESS. 10:30-12PM	LESS. 10:30-12PM	STAFF 9AM-12PM	TOT 8AM-6PM
<b>REC 12-6PM</b>	TOT 12PM - 5PM	TOT 12PM - 5PM	TOT 12PM - 5PM	TOT 12PM - 5PM	TOT 12PM - 5PM	<b>REC 12-6PM</b>
	<b>REC 12PM - 5PM</b>	REC 12PM - 5PM	REC 12PM - 5PM	<b>REC 12PM - 5PM</b>	<b>REC 12PM - 5PM</b>	
	LAP 5 - 7:30PM	LAP 5 - 7:30PM	LAP 5 - 7:30PM	LAP 5 - 7:30PM	LAP 5 - 7:30PM	
16	17	18	19	20	21	22
LAP 8AM-12PM	LAP 6 - 10:30AM	LAP 6 - 10:30AM	LAP 6 - 10:30AM	LAP 6 - 10:30AM	LAP 6 - 9AM	LAP 8AM-12PM
TOT 8AM-6PM	LESS. 10:30-12PM	LESS. 10:30-12PM	LESS. 10:30-12PM	LESS. 10:30-12PM	STAFF 9AM-12PM	TOT 8AM-6PM
<b>REC 12-6PM</b>	TOT 12PM - 5PM	TOT 12PM - 5PM	TOT 12PM - 5PM	TOT 12PM - 5PM	TOT 12PM - 5PM	<b>REC 12-6PM</b>
	<b>REC 12PM - 5PM</b>	REC 12PM - 5PM	REC 12PM - 5PM	REC 12PM - 5PM	<b>REC 12PM - 5PM</b>	
	LAP 5 - 7:30PM	LAP 5 - 7:30PM	LAP 5 - 7:30PM	LAP 5 - 7:30PM	LAP 5 - 7:30PM	
23	24	25	26	27	28	29
LAP 8AM-12PM	LAP 6 - 10:30AM	LAP 6 - 10:30AM	LAP 6 - 10:30AM	LAP 6 - 10:30AM	LAP 6 - 9AM	LAP 8AM-12PM
TOT 8AM-6PM	LESS. 10:30-12PM	LESS. 10:30-12PM	LESS. 10:30-12PM	LESS. 10:30-12PM	STAFF 9AM-12PM	TOT 8AM-6PM
<b>REC 12-6PM</b>	TOT 12PM - 5PM	TOT 12PM - 5PM	TOT 12PM - 5PM	TOT 12PM - 5PM	TOT 12PM - 5PM	<b>REC 12-6PM</b>
	<b>REC 12PM - 5PM</b>	REC 12PM - 5PM	REC 12PM - 5PM	REC 12PM - 5PM	<b>REC 12PM - 5PM</b>	
	LAP 5 - 7:30PM	LAP 5 - 7:30PM	LAP 5 - 7:30PM	LAP 5 - 7:30PM	LAP 5 - 7:30PM	
30	31 LAP 6 - 10:30AM	LAP = Adult Lap Swim Hours (16+yrs)	m Hours (16+yrs)		Note: Morning LAP Hours	Hours
TOT 8AM-6PM	TOT 12PM - 5PM	<b>REC</b> = Recreation Sv	REC = Recreation Swim Hours (all ages)		shorter on Fridays	/s
REC 12-6PM	REC 12PM - 5PM 1 AP 5 - 7·3/0PM	LESSONS = Swim Lessons STAFF = Staff In-Service Training	ssons vice Training		(9T/9-7T/a)	

		~Marinwood F	~Marinwood Pool Schedule AUGUST 2023~	<b>JGUST</b> 2023~		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		-	2	ε	4	S
LAP = Adult Lap Swim Hours (16+yrs) TOT - Tot Bool Hours (6yrs & under)	Hours (16+yrs)	LAP 6 - 10:30AM	LAP 6 - 10:30AM	LAP 6 - 10:30AM	LAP 6 - 9AM	LAP 8AM-12PM
<b>REC</b> = Recreation Swim Hours (all ages)	(oyrs & under) m Hours (all ages)	LESS. 10:30-12PM	LESS. 10:30-12PM	LESS. 10:30-12PM	STAFF 9AM-12PM	TOT 8AM-6PM
LESSONS = Swim Lessons	ons	TOT 12PM - 5PM	TOT 12PM - 5PM	TOT 12PM - 5PM	TOT 12PM - 5PM	<b>REC 12-6PM</b>
STAFF = Staff In-Service Training	ce Training	<b>REC 12PM - 5PM</b>	REC 12PM - 5PM	REC 12PM - 5PM	<b>REC 12PM - 5PM</b>	
		LAP 5 - 7:30PM	LAP 5 - 7:30PM	LAP 5 - 7:30PM	LAP 5 - 7:30PM	
9	7	8	6	10	11 LAP 6 - 9AM	12
LAP 8AM-12PM	LAP 6 - 10:30AM	LAP 6 - 10:30AM	LAP 6 - 10:30AM	LAP 6 - 10:30AM	STAFF 9AM-12PM	LAP 8AM-12PM
TOT 8AM-6PM	TOT 12PM - 5PM	TOT 12PM - 5PM	TOT 12PM - 5PM	TOT 12PM - 5PM	TOT 12PM - 5PM	TOT 8AM-6PM
<b>REC 12-6PM</b>	<b>REC 12PM - 5PM</b>	<b>REC 12PM - 5PM</b>	REC 12PM - 5PM	<b>REC 12PM - 5PM</b>	<b>REC 12PM - 5PM</b>	<b>REC 12-6PM</b>
	LAP 5 - 7:30PM	LAP 5 - 7:30PM	LAP 5 - 7:30PM	LAP 5 - 7:30PM	LAP 5 - 7:30PM	
13	14	15	16	17	18 LAP 6 - 9AM	19
LAP 8AM-12PM	LAP 6 - 10:30AM	LAP 6 - 10:30AM	LAP 6 - 10:30AM	LAP 6 - 10:30AM	STAFF 9AM-12PM	LAP 8AM-12PM
TOT 8AM-6PM	TOT 12PM - 5PM	TOT 12PM - 5PM	TOT 12PM - 5PM	TOT 12PM - 5PM	TOT 12PM - 5PM	TOT 8AM-6PM
<b>REC 12-6PM</b>	<b>REC 12PM - 5PM*</b>	<b>REC 12PM - 5PM*</b>	<b>REC 12PM - 5PM*</b>	<b>REC 12PM - 5PM*</b>	<b>REC 12PM - 5PM*</b>	<b>REC 12-6PM</b>
	*Limited Slide Hours	*Limited Slide Hours	*Limited Slide Hours	*Limited Slide Hours	*Limited Slide Hours	
20	21 EALL HOURS	22	23	24	25	26
LAP 8AM-12PM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 8AM-12PM
TOT 8AM-6PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	TOT 8AM-5PM
<b>REC 12-6PM</b>	TOT 11AM - 5PM	TOT 11AM - 5PM	TOT 11AM - 5PM	TOT 11AM - 5PM	TOT 11AM - 5PM	REC 12-5PM
	REC 2PM - 5PM	REC 2PM - 5PM	REC 2PM - 5PM	REC 2PM - 5PM	REC 2PM - 5PM	
27	28	29	30	31	-Waterslides open all	-Waterslides open all REC hours 6/12-8/13:
LAP 8AM-12PM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	only open on weekends after 8/13	lds after 8/13
TOT 8AM-5PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM		ol facility hoforo BEC
REC 12-5PM	TOT 11AM - 5PM	TOT 11AM - 5PM	TOT 11AM - 5PM	TOT 11AM - 5PM	must be a pool member or punch pass	or raching before NEC
	REC 2PM - 5PM	REC 2PM - 5PM	REC 2PM - 5PM	REC 2PM - 5PM	holder. Daily Drop-ins REC hours.	holder. Daily Drop-ins only accepted druing REC hours.

	~Marin	wood Pool Schee	~Marinwood Pool Schedule SEPTEMBER/OCTOBER 2023~	ER/OCTOBEF	<b>{</b> 2023~	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	-Wat	erslides only open w	-Waterslides only open weekends in Fall, during REC hours	g REC hours	September 1st	2
LAP = Adult Lap Swim	wim				LAP 6:30 - 9AM	LAP 8AM-12PM
TOT = Tot Pool Hours		one using the pool fa	-Anyone using the pool facility before REC must be a pool	t be a pool	LAP 11AM - 2PM TOT 11AM - 5PM	TOT 8AM-5PM REC 12-5PM
<b>REC</b> = Recreation SWIM		druing REC hours.	ס פווו-קס וח שיווי ס סייוויס ס		REC 2PM - 5PM	
3	4	5	9	2	8	6
LAP 8AM-12PM	LABOR DAY	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 8AM-12PM
TOT 8AM-5PM	(WEEKEND HOURS)	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	TOT 8AM-5PM
REC 12-5PM	LAP 8AM-12PM	TOT 11AM - 5PM	TOT 11AM - 5PM	TOT 11AM - 5PM	TOT 11AM - 5PM	REC 12-5PM
	TOT 8AM - 5PM	REC 2PM - 5PM	REC 2PM - 5PM	REC 2PM - 5PM	REC 2PM - 5PM	
0		12	13	11	15	46
LAP 8AM-12PM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 8AM-12PM
TOT 8AM-5PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	TOT 8AM-5PM
REC 12-5PM	TOT 11AM - 5PM	TOT 11AM - 5PM	TOT 11AM - 5PM	TOT 11AM - 5PM	TOT 11AM - 5PM	REC 12-5PM
	REC 2PM - 5PM	REC 2PM - 5PM	REC 2PM - 5PM	REC 2PM - 5PM	REC 2PM - 5PM	
17 1 AD 9 A M 1 7 A M 1	18 1 A D C - 2 O A MA	19 1 A D 6:20 0 A M	20	21	22	23
LAF OAIVI-12FIVI						LAF OAIVI-12FIVI
TOT 8AM-5PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	TOT 8AM-5PM
REC 12-5PM	TOT 11AM - 5PM	TOT 11AM - 5PM	TOT 11AM - 5PM	TOT 11AM - 5PM	TOT 11AM - 5PM	REC 12-5PM
	REC 2PM - 5PM	REC 2PM - 5PM	REC 2PM - 5PM	REC 2PM - 5PM	REC 2PM - 5PM	
24	25	26	27	28	29	30
LAP 8AM-12PM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 8AM-12PM
TOT 8AM-5PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	TOT 8AM-5PM
REC 12-5PM	TOT 11AM - 5PM	TOT 11AM - 5PM	TOT 11AM - 5PM	TOT 11AM - 5PM	TOT 11AM - 5PM	REC 12-5PM
	REC 2PM - 5PM	REC 2PM - 5PM	REC 2PM - 5PM	REC 2PM - 5PM	REC 2PM - 5PM	
October 1st	October 2nd	October 3rd	October 4th	October 5th	October 6th CLOSING DAY	Please visit
LAP 8AM-12PM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	LAP 6:30 - 9AM	marinwood.org
TOT 8AM-5PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	LAP 11AM - 2PM	dormation chout the 2024
REC 12-5PM	TOT 11AM - 5PM	TOT 11AM - 5PM	TOT 11AM - 5PM	TOT 11AM - 5PM	TOT 11AM - 5PM	pool season.



Marinwood Community Center 775 Miller Creek Road San Rafael, Ca 94903

www.marinwood.org

Phone: (415) 479-0775, Fax: (415) 479-7759

THE RECEIPTION	Po
Name:	
Address:	
City:	
Email:	
Phone Number	

## ool Membership Form 2023

ldress:		
ty:	State:	Zip:
mail:		
hone Number:		
Marinwood Pool Membership: Proof of residency me	ay be required.	
Check one:		
Marinwood Resident Family	Senior (6o+)	Optional: 12 guest passes, \$40
Non-Resident Couple	Senior Couple	
	al Group Home	
ersons authorized to use membership:		
•		D.O.B if minor:
·		D.O.B if minor:
·		D.O.B if minor:
·		D.O.B if minor:
dditional family members:		
·		D.O.B if minor:
·		D.O.B if minor:
Check payable to MCSD Cash		
Charge: Visa/Mastercard/American Expr	ess: Card #	
		Amount Paid:
Signature on card:		
n consideration of accepting this registration and to the extent p		

self and for any minor participants for whom I can contract. I give permission to MCSD to take photographs of me or my children while participating in this activity for use in future MCSD publicity and understand that I will not receive any compensation for such use. In case of emergency, my child may be treated by a qualified physician. The MCSD programs and facilities are available to the public without regard for race, color, national origin, or disability. Any individual that believes he/ she has been subjected to discrimination may file a complaint alleging discrimination with the MCSD to U.S. Dept. of Interior, Washington D.C., 20240.

Signature: \_

\_

Date: \_\_\_



The Marinwood Waterdevils is a family-oriented, fun, and challenging swim team for swimmers 5-18 years old. We offer a comprehensive swim program that focuses on technique, sportsmanship, team spirit, camaraderie, and healthy competition in a safe, friendly environment. The goal of the team is to engage children in the life-long sport of swimming while teaching them the skills of team and community building.

# MARINWOOD

# WATERDEVILS

Registration Now Open Season runs March-June

Contact Us www.waterdevils.org

# Rentals - Park





Parkside Picnic Area



Playground adjacent to picnic areas



Playground adjacent to picnic areas

Facility	Picnic Tables	Restroom	BBQ	Additional Features	Time Slots	Fee
Group Picnic Area Location: Marinwood Park	3 Hexagon picnic tables Capacity: 50 people	Yes	2 Charcoal BBQ	Bounce house permissible with permit (\$)	9:00am-1:00pm 2:00-6:00pm 9:00am-6:00pm	\$84/ Residents \$168/ Non Residents All Day Fee: \$160/ Residents \$320/ Non Residents
Parkside Picnic Area Location: Marinwood Park	2 Rectangular tables Capacity: 20 people	Yes	1 Charcoal BBQ	No	9:00am-1:00pm 2:00-6:00pm 9:00am-6:00pm	\$72/ Residents \$144/ Non Residents All Day Fee: \$135/ Residents \$275/ Non Residents

Resident: A resident of the Marinwood Community Services District

# Rentals - Pool



Hillside Party area



Patio Party area



Main Pool



Tot Pool

Facility	Picnic Tables	Restroom	BBQ	Additional Features	Sat/Sun Times	Fee
Patio Party Area Location: Between Tot pool and Main pool	2 Rectangular tables Capacity: 30 people	Yes	No	Ping Pong Table (\$)	12:15-2:30pm or 2:45-5:00pm	Marinwood Residents/Pool Members: \$120 Non-Residents: \$150
Hillside Party Area Location: Grassy knoll adjacent to main pool deep end	3 Hexagon picnic tables Capacity: 30 people	Yes	No	Ping Pong Table (\$)	12:15-2:30pm or 2:45-5:00pm	Marinwood Residents/ Pool Members: \$120 Non-Residents: \$150

# Employment Opportunities

Work at the Marinwood Pool as a lifeguard this 2023 Season! Lifeguard Training Classes Available.

WE ARE HIRING LIFEGUARDS

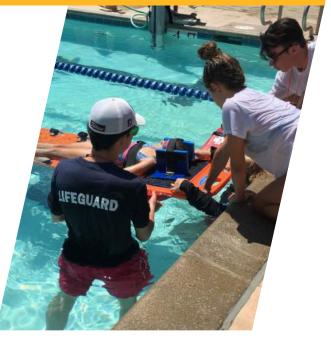
## **JOBS AVAILABLE**

VFEGU

Lifeguards: Must be 15+ Starting Wage \$19.00/hr

**Pool Attendants**: Must be 14+ Starting Wage \$15.50/hr

### VISIT <u>MARINWOOD.ORG/ABOUT-</u> <u>US/EMPLOYMENT</u> FOR AN APPLICATION



## **Employment Opportunities**

More information and applications available online: marinwood.org/aboutus/employment





- PRESCHOOL TEACHER & SUBSTITUTE TEACHER POSITIONS
- TYPICAL HOURS: 8:30-1:00PM, MON-THURS
- WAGES \$23.00-\$26.00/HOUR
- AFTER SCHOOL PROGRAM STAFF FOR 1-6TH GRADERS
- TYPICAL HOURS: M,T,TH: 2:30-6:00PM W: 1:30-6:00PM
- AVAILABILITY TO WORK 2-4 DAYS/WEEK
- STARTING WAGE \$18.00/HOUR



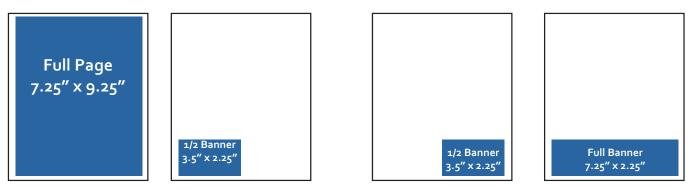
## Advertise in the Marinwood Review

Promote your business to more than 19,000 local residences and businesses located in Marinwood, Lucas Valley, Mont Marin, San Rafael Park, Northern Terra Linda & selected areas in Ignacio and Hamilton. Our guide is also digital and available on our website at www.marinwood.org. Publication: Twice a year

## **Specifications and Pricing**

- Accepted File Types: PDF or JPEG. Ad's must be designed at 300 dpi and must be in the appropriate size as indicated below.
- **Color:** Files must be submitted as CMYK (not RGB).
- Ad Placement: Ad's will be placed on page as indicated below.
- Submit Ads To: csd@marinwood.org

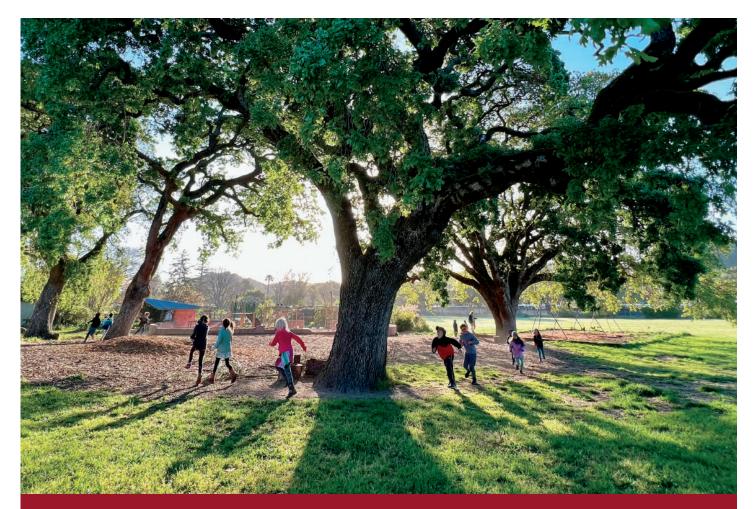
	WIDTH HEIGHT	<u>RATE</u>
Ad Sizes &	1/2 Banner 3.5" x 2.25"	\$100
	Full Banner 7.25" x 2.25"	\$175
Rates	Full Page  7.25" x 9.25"	\$450
Full Page Premium (Page 3) 7.25" x 9.25"		\$500
Full Page Premium (Back Cover) 7.25" x 9.25"		\$600



Marinwood Recreation Department 775 Miller Creek Rd., San Rafael, CA 94903 Phone: 415-479-0775; Fax: 415-479-7759 www.marinwood.org



# MARIN **Waldorf** SCHOOL



# NOW ENROLLING FOR PRESCHOOL & KINDERGARTEN FALL 2023

Come visit our 10-acre campus (preschool - 8th grade) in Marinwood.



# Tamalpais Adult School

415-945-3780 www.tamadulted.org

All online and in-person classes Are Free!

## Make 2023 a Year For Life Changes! Enroll Today:

Diploma or GED English as a Second Language Home Care Aide Class & Certificate

All classes at Tamalpais Adult School are FREE OF CHARGE and open to all 18+ older

For more information call 415-945-3780 or visit our website: www.tamadulted.org

# **Healthcare Careers**

### **Home Care Aide Basics**

February : dates TBD (online) May - June dates TBD, 2023 (in person) 10 sessions

> Tuesdays and Thursdays 9:00am-11:30am

- Basics of working as a Home Care Aide
  Guest experts from the field
  - Job Fair with potential employers
    - Certificate of Participation
    - CPR Certificate (optional)

Register online: tamadulted.org

# **More Classes**

# ESL English as a Second Language

Monday - Thursday 6:30-8:45pm Basic, Beginning, Intermediate

### Introduction to Healthcare Pathways

Beginning in late January Check our website for additional offerings

> Register online: tamadulted.org

#### High School Diploma M-Th 6-8:30pm

VI-Th 6-8:30pm T 5-6pm

**GED:** M-Th 6-8:30pm M,W 9-10:30am

Science, Math, English, Social Studies

> Register online: tamadulted.org

#### Tamalpais Adult School WASC accredited

WIOA funded

#### State Approved Programs:

English as a Second Language

GED/Diploma

CTE— Home Care Aide

Introduction to Healthcare Pathways

# JORGE'S TREE SERVICE

Jorge's Tree Service professionally trained arborists have a trusted name in residential tree care service. From tree pruning and trimming to insect and disease management, we address the specific needs of each client. With our 24-hour emergency response, you can rely on us to address storm damage to your trees and property in a timely fashion.

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"MARINWOOD GRILL" CHEESEBURGER, GARDEN BURGER, GRILLED CHICKEN SANDWICH, GRILLED TRI-TIP SANDWICH & BBQ PULLED PORK SANDWICH WITH YOUR CHOICE OF SIDES.



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- 2802 Las Gallinas\*
- 518 Miller Creek
- 724 Butternut
- 667 Knocknaboul
- 55 Tan Oak Circle
- 312 Mount Shasta
- \* Represented both Buyer & Seller

As a Real Estate Broker who's an expert in buying and selling homes within our Miller Creek School District neighborhoods, I bring a wealth of knowledge on our local communities, current market conditions, and the home buying and selling process.

Re L LL

The McCarthy + Moe Group strives to provide exceptional service every step of the way, so we can provide you with a real estate experience that exceeds your expectations.

To find out more about the value of your home and what you can do to improve that value, call me for a confidential conversation about your real estate needs today.



#### See what clients say about working with Liz:

"Not only is Liz McCarthy a sales all-star, she does something few in sales are good at, she follows up on all the little details that come up throughout the home sale process. She cares deeply about the success of her clients and it shows."





## www.McCarthyMoe.com

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