

Marinwood Review

Fall/Winter 2026 - 2027



www.marinwood.org



Market Snapshot: The Real Estate Market Doesn't Have to be so "Tough"



Gina Bartolacelli, Realtor®

Over this past year, the news has been filled with salacious headlines about our economy, high interest rates, buyer fatigue, and even the most beautiful listings can take longer to sell.

It can be easy to get caught up in the hype that we are in a downward spiral, but the truth is, our hyper-local market, Marinwood, Lucas Valley, Mont Marin, Terra Linda, even zoomed out to the greater Bay Area, is actually doing quite well based on year-over-year sales.

What we actually experience time again during economic uncertainty is **resiliency** and an ever **upward** (albeit at times wobbly) trend for single-family homes in our local market. There is still strong demand for well-priced homes—especially in peaceful neighborhoods with fabulous amenities, quaint rolling hills, amazing weather, great schools, and good, kind people... Yes I'm talking about you!

Accurate, information about what's going on in your neighborhood may not be all over the 6:00 News, but it can still be just as accessible! Housing will always be necessary and many buyers are motivated and ready to make moves for the right home. The glass is still half full.

Reach out anytime for a market analysis, or a friendly conversation.

Your partner in Real Estate, specializing in high-touch client care

Lic. #02091516 | 415 497 6819 | gina.bartolacelli@compass.com | [@casaBartolacelli](https://www.instagram.com/casaBartolacelli)



MARINWOOD COMMUNITY SERVICES DISTRICT

MARINWOOD COMMUNITY CENTER

775 Miller Creek Road, San Rafael, Ca 94903
Phone: (415) 479-0775
Fax: (415) 479-7759
Office hours: Monday - Friday 9am-5pm
Community Center will be closed on the following days: 9/7, 11/11, 11/27, 11/28, 12/25, 1/1, and 2/15

CONTACT US

District Manager, Eric Dreikosen
(415) 479-7751, edreikosen@marinwood.org
Recreation Director, Luke Fretwell
(415) 479-0775 x 103, lfretwell@marinwood.org
Assistant Recreation Director, Robyn Bruton
(415) 479-0775 x 104, rbruton@marinwood.org
Recreation Supervisor, John Paul Kessler
(415) 479-0775 x 105, jpkessler@marinwood.org
Marinwood Pool (April-October)
(415) 479-2335
Parks & Open Space, Luke Fretwell
(415) 479-0775 x 103, lfretwell@marinwood.org
Fire Department - Non-emergency
(415) 479-0122

TABLE OF CONTENTS

Policies/District Information.....4-5
Trail Map.....6
Recreation Director Welcome Letter...7
Las Gallinas Lions Club.....8
Marinwood Events.....9-11
YOUTH PROGRAMS
Preschool Programs.....12-13
Youth Programs14-21
Youth Instructors.....23
ADULT PROGRAMS
Enrichment & Exercise.....25-30
Adult Instructors.....31
AQUATICS
Membership Information.....34
Pool Schedule..... 35
RENTALS
Picnic Rentals.....36
Pool Rentals.....37

Cover photo: Happy child at the Halloween Harvest Fest.



Fall Art Show



Raise a Glass



Marinwood Park



GIT Program

DISTRICT FAQ's

Am I a Marinwood Resident?

If you reside within the Marinwood Community Services District (MCSD) area and your property taxes support the Marinwood Community Center, you are a resident. To view the list of MCSD addresses please visit, www.marinwood.org, District Information, FAQ.

What is Marinwood's Tax ID number?

Our Tax ID number is 94-6050188.

Who do I call for streetlight maintenance?

Please call our District Office at (415) 479-7751.

Can non-residents of Marinwood sign up for classes, programs and pool memberships?

Yes, our classes are open to everyone, residents and non-residents of Marinwood.

As a Marinwood resident, do I get discounts on programs, classes or pool rates?

Marinwood residents do receive a discount rate on Marinwood Pool memberships, daily drop-in fees, as well as summer day camps and various other programs.

RECREATION DEPARTMENT POLICIES

All registrations are on a first come, first served basis. Classes fill up quickly. Please register early.

Three easy ways to register:

1. Online: www.marinwood.org
2. Walk in: Monday - Friday 9:00am-5:00pm
3. Mail or fax a registration form

PAYMENT:

Payment must be received at the time of registration along with a registration form. We gladly accept Visa, Mastercard, American Express, Discover, cash, or check (made out to MCSD).

Upon receipt of your registration form and payment, you will be registered for the class unless notified that a class is full or cancelled, in which case a full refund will be granted.

Please note: Marinwood CSD only allows one payer per receipt.

CLASSES AND CAMPS REFUND AND TRANSFER POLICY:

Minimum cancellation fee: \$10.00. (Cancellation fee may vary, check registration activity on website for details). All refunds and changes must be made in writing and can be emailed to

csd@marinwood.org. We will not process refunds or changes over the phone. Marinwood CSD reserves the right to cancel any class/activity that does not meet minimum enrollment. Please register early to avoid class cancellations. If a class is cancelled, you will receive a full refund.

POLICIES/DISTRICT INFORMATION

GOVERNANCE

The Marinwood Community Services District (CSD) was formed in 1960 to provide street lighting, fire protection and park and recreation services for our area. The CSD is governed by an elected five-member Board of Directors. The Board has established two advisory Commissions (Fire and Parks and Recreation) to oversee the routine operations of the District and to make recommendations regarding policies and budgetary matters. The District Manager and Department Heads carry out the day-to-day functions of the District as directed by the Board. The Board and Commission agendas can be found at www.marinwood.org. The Marinwood Review provides information on community meetings, events, programs, and other information of interest to the Community. Comments or suggestions regarding the publication should be directed to csd@marinwood.org.

BOARD OF DIRECTORS

The Board of Directors is a 5-member governing body of the Marinwood Community Services District (MCSD) and acts collectively to establish policies, provide oversight, and set vision to ensure the District offers the highest level of service in a fiscally sustainable way.

The Board of Directors has authority to establish or modify ordinances, resolutions and policies guiding the governance and operation of MCSD within its geographical boundaries and sphere of influence, including Joint Powers and Shared Services Agreements. The Board of Directors provides direction to and receives recommendations from the District Manager, the Fire Commission and the Park & Recreation Commission. The primary responsibility of the Board of Directors is the formulation and evaluation of policy. Routine matters concerning the operational aspects of the District are to be delegated to professional staff members of the District.

Marinwood CSD Board of Directors - Meets 2nd Tuesday of each month at the Marinwood Community Center, 7:00pm.

Christopher Case(415) 250-5443
Kathleen Kilkenny.....(415) 601-1497
Sivan Oyserman.....(415) 488-6669
Lisa Ruggeri.....(415) 531-4232
William Shea.....(415) 472-4880

FIRE COMMISSION

The Fire Commission is an appointed volunteer advisory body to the Marinwood Community Services District Board of Directors and exercises particular powers as delegated by the Board. The Commission shall recommend to the Board policies governing the operation and management of the Marinwood Fire Department in accordance with the needs of the community, the provisions of the Fire Prevention Code and the District's existing policies, rules and regulations.

Marinwood Fire Commission - Meets 1st Tuesday of each even numbered month at the Marinwood Community Center, 7:00pm.

Steve Farac
Pascal Karsenti
John Seratt
Greg Stilson - CSA 13 Representative
Pete Stout

PARK AND RECREATION COMMISSION

The Park & Recreation Commission is an appointed volunteer advisory body to the Marinwood Community Services District Board of Directors and exercises particular powers as delegated by the Board. The Commission shall recommend to the Board policies governing the operation and management of the Marinwood Community Center, Marinwood Community Parks, Marinwood Community Pool, open space, and recreation programs in accordance with the needs of the community and the District's existing policies, rules and regulations.

Marinwood Park and Recreation Commission - Meets 4th Tuesday of each odd numbered month at the Marinwood Community Center, 7:00pm.

Michael Benesch
Angela Bliss-Steiner
Jon Campo
Ian Fein
Ryan Madden
Dan Sauter



Halloween Harvest Fest

[illegible]

©2014-2024 Marinwood Community Services District

Trash Talk

Greetings, folks! And welcome to another issue of the Marinwood Review, North America's most prestigious Marinwood CSD-focused recreation publication. In the following pages you will find information about the Marinwood Recreation programs, classes, and community events being offered this fall, as well as some advertisements from reputable local businesses and other miscellaneous filler (because it's hard to hit the page count just right when working with 8-page increments!). See if you can spot the filler. If you're still reading this you're getting warmer...

Just kidding. I am fully aware that the Welcome Letter is the antithesis of "filler." It's the very lynchpin of this publication. The cornerstone. The beating heart, without which the rest of these pages would lose all meaning and context, and you would just rip them out and throw them on the ground.

But please don't do that. Because there is already plenty of trash on the ground.

Yes, keeping things clean is one of the many challenges of operating a summer camp program that brings 500+ kids into the park each day. That's 500 snacks, 500 lunches, 500 arts & crafts projects, 500 wristbands, and 500 backpacks in various stages of unzip. When you also consider the infamous Marinwood wind, the ever-present scavenging crows, and the steady, all-day shuffling of kids from point A to point B, it is unsurprising that the grass sometimes looks a little "accessorized" by the end of the day. A few shiny candy wrappers here, some colorful friendship bracelets and lanyards there, and always a lonely sock.

We used to talk a lot about the trash. How can we limit our waste? Where's the optimal placement of trash cans? Who should we schedule for trash cleanup? Lots of emails. Lots of meetings. Lots of "trash talk." And this has resulted in a lot of progress and a much cleaner park. But a wise friend of mine, who spends his free time volunteering to clean up beaches and rivers and parks, and who has the world's most impressive collection of litter removal devices, encouraged me that sometimes we should do less trash talking and more trash walking. In other words, just go pick it up.

So we're trying to walk the walk, literally (is that a pun?). We have recently institutionalized the EODPCTW, or End-Of-Day-Post-Camp-Trash-Walk. The name could use some work, but it's become one of the highlights of my day. Just a simple walk through the park after the camps leave to pick up the odds and ends left behind. It's a chance to stretch our legs and debrief about the day, a chance to see which camps kept their spots the cleanest, and it allows us to leave for the day knowing we left the park in good condition. And the EODPCTW has spilled over into the other parts of the day where now any walk through the park, or anywhere else, often becomes another miniature trash walk.

It turns out that picking up trash is not just good for the park, it's also good for the soul. It's tactile and tangible. It's a small but real way to genuinely improve our surroundings in real time. It also sets a good example for the young people in our midst and builds camaraderie, showing that we're all in this "cleanup cause" together and no task is beneath any of us. It's a small, low-stakes act of community service that doesn't need scheduling, meetings, strategies, equipment or budgets. You just do it and it's done, which is oddly satisfying. It's also extremely addictive, which is great because there's always more trash to pick up.

I hope you'll find something in our catalog that meets your needs—a class to enroll in or an event to attend. But at the very least, we hope to see you in the park. And if you see any trash...

Luke Fretwell, Recreation Director



Art by Quinn Wiley

Serving North San Rafael communities since 1980

Las Gallinas Lions Club



We Serve

Join Us!

Club Highlights

- Membership offers a variety of community service project opportunities to accommodate your schedule
 - school and community vision screenings
 - eyeglass donation sorting
 - spring bulb planting
- Social Engagements for members, families, and friends



Monthly Meetings

- First Wednesday 7:00 pm - Zoom Meeting
- Third Wednesday 6:00 pm - Social Dinner Meeting
 - Marinwood Community Center
- Attend when your schedule allows

We'd love to have you join us for a dinner meeting, volunteer or community event to find out what we're all about!



Fall 2026 Events

at Marinwood Community Center

- **Harvest Fest Pumpkin Decorating**
 - Friday, October 9



Follow Us 
@lasgallinaslions



Visit lasgallinaslions.com
or scan for more details



MARINWOOD FALL ART SHOW



The Night by Patrick Carpenter

NOVEMBER 7, 2020
3:00-7:00PM

FEATURING WORKS FROM LOCAL ARTISTS WITH THE THEME
"INSPIRED BY WORDS"

FREE ADMISSION
MARINWOOD COMMUNITY CENTER

HALLOWEEN HARVEST FEST



GAMES- CRAFTS
LAS GALLINAS LIONS PUMPKIN PATCH

OCTOBER 9 • 5:00-6:30PM

MARINWOOD PARK
\$25/CHILD ADULTS/FREE

More information at www.marinwood.org

LETTERS TO SANTA CLAUS

December 1 - 16, 2026

Children of all ages are invited to drop off letters
to Santa at Marinwood's North Pole Mailbox located
at the Marinwood Community Center.

Don't forget to include your return address
for Santa to reply!



You are invited to

JINGLE

Bell Jazz

A HOLIDAY CONCERT



DECEMBER 11 5:00-6:30PM

LIVE MUSIC - PHOTOS WITH SANTA - JINGLE BELL BAR
\$15 / child

More information at www.marinwood.org

RAISE A GLASS

*wine
tasting*



SATURDAY
MARCH 13, 2027
2:00-5:00PM
\$40

Includes tastings,
commemorative glass, live
music & hors d'oeuvres

Childcare available \$20
(ages 3-8)

PRESCHOOL PROGRAMS

NEW FOR FALL 2026

PARENT & TODDLER TOGETHER TIME

Ages 2-3

All two and three year olds are invited to bring a parent or guardian and come to school! This class is a great opportunity to introduce young children to a classroom environment, meet new friends, explore wonderful new toys, create a work of art and share a short musical or story circle time.

Child must be 2 years old by September 1, 2026.

Fall 2026 registration opens March 10, 2026 at 9:00am for new students at www.marinwood.org. \$30/class. No prorations or refunds for missed classes

Instructor: Marinwood Staff

Ages	Day	Dates	Times	Fee
2-3	Tu/Th	9/8-10/29	9:15-10:30am or 10:45am-12:00pm	\$480
2-3	Tu/Th	11/3-12/17 (No 11/24, 11/26)	9:15-10:30am or 10:45am-12:00pm	\$360
2-3	Tu/Th	1/5-2/25 (No 2/16, 2/18)	9:15-10:30am or 10:45am-12:00pm	\$420



MORNING SCHOOL

Ages 3-4-5

Morning School meets the developmental needs for three and four year olds with a thriving environment to play and explore. With a low student teacher ratio, we offer nurturing interactions, thoughtful and creative activities, and intentional support to our children as they begin their preschool experience. Each day, children will explore play materials that stimulate their imaginations, engage in art, play outside, and gather for circle time which includes puppetry, storytelling, and music. Weekly themes will introduce students to various topics like farming, seasons, families, and "things that go", to name a few. With an emphasis on creative thinking and expression, Morning School provides rich opportunities to share, question, perform, role play, make decisions and construct.

All students must be potty trained and wear underwear. Children should pack a snack and lunch every day.

Child must be 3 years old by September 1, 2026.
\$150 Registration and Materials fee.

Fall 2026 registration opens March 10, 2026 at 9:00am for new students at www.marinwood.org.

Instructor: Marinwood Staff

Ages	Day	Dates	Times	Fee
3-4-5	Mon-Thur Choice of 3 or 4 days	Sept-May	9:30am-12:30pm	\$40/ day



EARLY PRE K - OPTIONAL ENRICHMENT

Ages 4 - 4.5

These half-hour sessions focus on introducing specific kindergarten readiness skills and are an optional addition to the program. Sessions will cover early literacy skills like recognizing letters and their sounds, early math, such as counting, recognizing numbers and shapes, and sorting objects by color and size. In addition, emphasis will be placed on problem solving and developing critical thinking and social skills through games and puzzles.

Child must be enrolled in Morning School to participate.

Ages	Day	Dates	Times	Fee
4-4.5	M/W	Oct-May	9:00-9:30am	\$10/ day





IRISH DANCE - HEALY SCHOOL OF IRISH DANCE

Ages 5+

Intro to Irish Dance: Learn the basics of Irish Dance including drills, timing, and technique, as well as the reel and light jig.

Grade Level Solos: For dancers who have their reel and light jig to music. Dancers with light shoe only will be excused at 7:15pm.

Instructor: Healy School of Irish Dance

Class	Ages	Day	Dates	Times	Fee
Intro to Irish Dance	5+	Th	9/3-10/22	6:00-6:30pm	\$221/ 8 classes
Intro to Irish Dance	5+	Th	10/29-12/17 (No 11/26)	6:00-6:30pm	\$194/ 7 classes
Intro to Irish Dance	5+	Th	1/7-2/25	6:00-6:30pm	\$221/ 8 classes
Grade Level Solos	5+	Th	9/3-10/22	6:30-7:30pm	\$221/ 8 classes
Grade Level Solos	5+	Th	10/29-12/17 (No 11/26)	6:30-7:30pm	\$194/ 7 classes
Grade Level Solos	5+	Th	1/7-2/25	6:30-7:30pm	\$221/ 8 classes



BABYSITTER'S IN TRAINING

Ages 10-14

Babysitting is an important job. You need safety and life skills to take care of and protect children. In the American Red Cross Babysitter's Training course, you will learn basic care giving, how to make good decisions, accident prevention and age appropriate play. You'll gain the confidence to make smart decisions and stay safe in any babysitting situation. Impress parents by earning your Babysitter's Training certificate! Please bring a pen/pencil, note paper, and lunch to class. Course fee includes American Red Cross Babysitter's handbook and certificate.

Instructor: Marinwood Staff

Ages	Day	Dates	Times	Fee
10-14	M	10/26	9:00am-2:45pm	\$130
10-14	M	11/23	9:00am-2:45pm	\$130
10-14	Tu	12/22	9:00am-2:45pm	\$130

WHITE CRANE SILAT KUNTAO

Ages 9-15

White Crane Silat is a Chinese Indonesian martial art rooted in the kung fu diaspora. In this upbeat class, students train the PGB White Crane Silat curriculum for belt testing and rank progression while building focus, courage, and determination.

Through dynamic movement - forms, acrobatics, throws, animal skills, and obstacle-based games - students develop awareness, balance, coordination, and functional strength. Listening and active engagement are expected. Mid-session enrollment and drop-ins welcome!

Drop-Ins: \$25/class. \$20 sibling discount, please call to register.

Instructor: Maggie Dawson

Ages	Day	Dates	Times	Fee
9-15	W	9/9-12/16 (No class 9/30, 10/7, 11/25, 12/2)	3:45-5:00pm	\$224/ 11 classes

WHITE CRANE SILAT KUNTAO - LIVING MARTIAL ART

Ages 7-65

Looking for more than a workout?

White Crane Silat is a living martial tradition passed from teacher to student through practice, movement, and shared experience. Rooted in Chinese-Indonesian martial arts, it develops strength, agility, balance, coordination, awareness, and calm under pressure through a challenging and rewarding blend of movement, martial skill, and community.

Training includes sliding footwork, forms, rolling, breathwork, partner exercises, and practical self-defense applications. Students learn to move with efficiency, power, and relaxation while developing focus, resilience, confidence, and genuine connection with others. The practice offers endless opportunities for growth, revealing new layers of skill and understanding over time. Wear loose, comfortable clothing; a white t-shirt and white pants are traditional.

Drop in \$20.

Instructor: Maggie Dawson

Ages	Day	Dates	Times	Fee
7-65	Su	9/6-12/13 (No class 9/20, 10/4, 10/11, 11/22, 11/29)	1:30-4:00pm	\$104/ 10 classes



TAE KWON DO

Ages 6+

Your child will learn to defend themselves, gain self-confidence, and increase mental concentration. This program is designed to develop motor skills, balance, and self-discipline. Both boys and girls are encouraged to experience this fun and confidence building program. This is a non-competitive curriculum. The instructor will announce belt testing dates and an optional TKD uniform may be purchased through the instructor. Students not purchasing a uniform should wear loose fitting clothing that they can move around in easily. Students may enroll mid-session, drop in, or register for one day per week.

Advanced Tae Kwon Do must have instructor approval.

Instructor: Master Hyo Sim

BEGINNING TAE KWON DO (AGES 7+)

Ages	Day	Dates	Times	Fee
7+	T/Th	9/8-9/29	4:00-4:45pm	\$144/ 7 classes
7+	T/Th	10/1-10/29	4:00-4:45pm	\$184/ 9 classes
7+	T/Th	11/3-12/17 (No 11/24)	4:00-4:45pm	\$244/ 12 classes

ADVANCED TAE KWON DO (AGES 7+)

Ages	Day	Dates	Times	Fee
7+	T/Th	9/8-9/29	4:45-5:30pm	\$171/ 7 classes
7+	T/Th	10/1-10/29	4:45-5:30pm	\$220/ 9 classes
7+	T/Th	11/3-12/17 (No 11/24)	4:45-5:30pm	\$292/ 12 classes

YOUTH TENNIS

Ages 5-14

Swingers - Ages 5-7

These little swingers learn the FUNdamentals of tennis. The basic strokes and court sense will be introduced through fun drills and games.

Junior Beginner - Ages 8-14

Tennis is a game, so let's have fun learning forehands, backhands, volleys, smashes, and serving in a fun progressive program.

Junior Intermediate/Advanced - Ages 9-14

For the player who has graduated from beginner to an intermediate/advanced level. Consistency, accuracy, and power will be stressed through fun drills and match play.

Junior League - Ages 9-14

This is an introduction to competitive tennis including practices and matches. **Players must know how to play the game and must have permission from coach to join the league.** If you know your child will participate in the whole season, sign up early for all sessions. For questions please call Jerry Mehciz at (707) 235-0973. Parents are responsible for getting players to "away" matches and providing snacks and drinks for "home" matches. League matches are held on Fridays at various locations in Marin from 4:00-6:00pm.

Instructor: Jerry Mehciz

Class	Day	Dates	Times	Fee
Swingers	Tu/Th	9/1-9/24	3:00-3:30pm	\$132/ 8 classes
Swingers	Tu/Th	10/13-11/5	3:00-3:30pm	\$132/ 8 classes
Beginner	Tu/Th	9/1-9/24	3:30-4:30pm	\$172/ 8 classes
Beginner	Tu/Th	10/13-11/5	3:30-4:30pm	\$172/ 8 classes
Int/Adv	Tu/Th	9/1-9/24	4:30-5:30pm	\$172/ 8 classes
Int/Adv	Tu/Th	10/13-11/5	4:30-5:30pm	\$172/ 8 classes
Jr. League	M/W/F	8/31-10/2 No 9/7	4:00-5:30pm	\$368/ 14 classes
Jr. League	M/W/F	10/5-11/6	4:00-5:30pm	\$394/ 15 classes



ART WITH MS. WINTER - MAGICAL MORNING MASTERPIECES

Ages K- 5th grade

Begin the school day with a peaceful, creativity-filled modeling clay class where young artists sculpt, imagine, and create in a relaxing studio atmosphere. Guided by Ms. Winter, students will draw inspiration from engaging visual references while creating original sculptures and developing creativity, confidence, fine motor skills, and artistic expression. With all materials included, each class provides a calm, inspiring start to the day, setting your child up for a positive and productive school day.

***ALL MATERIALS INCLUDED IN FEE.**

Instructor: Ms. Winter

Location: Mary E. Silveira Elementary School

Ages	Day	Dates	Times	Fee
K-5th	W	9/2-9/30	7:30-8:15am	\$155*/ 5 classes
K-5th	W	10/7-11/4	7:30-8:15am	\$155*/ 5 classes
K-5th	W	11/18-1/6 No class 11/25, 12/23, 12/30	7:30-8:15am	\$155*/ 5 classes
K-5th	W	1/13-2/10	7:30-8:15am	\$155*/ 5 classes

ART WITH MS. WINTER - BRUSHSTROKES & BEYOND

Ages 2nd - 5th grade

Get ready to paint outside the lines! In this vibrant new class, young artists will experiment with gelli plate printing and texturing tools to create bold, one-of-a-kind abstract art, travel back in time to explore techniques from legendary artists, and try their hand at classical painting styles. From splatters to still lifes, this class is all about discovering that there's more than one way to make a masterpiece.

***ALL MATERIALS INCLUDED IN FEE.**

Instructor: Ms. Winter

Location: Mary E. Silveira Elementary School

Ages	Day	Dates	Times	Fee
2nd - 5th grade	F	11/6-12/11 No class 11/20, 11/27	2:35-3:35pm	\$170*/ 4classes



ART WITH MS. WINTER: SCULPTOR'S STUDIO

Ages 1st-5th grade

End the week with creativity, imagination, and artistic magic! Under Ms. Winter's guidance, young artists will explore the endless possibilities of modeling clay to sculpt, design, and bring their ideas to life. Inspired by creative journal prompts, they'll create whimsical sculptures, imaginative creatures, and treasured keepsakes while building confidence, creativity, fine motor skills, and artistic technique. With all materials included, this joyful afternoon invites children to explore, invent, and celebrate the magic of bringing their ideas to life through art.

***ALL MATERIALS INCLUDED IN FEE.**

Instructor: Ms. Winter

Location: Mary E. Silveira Elementary School

Ages	Day	Dates	Times	Fee
1st-5th grade	F	9/4-10/2 No class 9/18	2:35-3:35pm	\$180*/ 4 classes
1st - 5th grade	F	10/9-10/30	2:35-3:35pm	\$180*/ 4 classes

ART WITH MS. PAULA: COLOR SPLASH

Ages 1st - 3rd grade

Unleash your inner artist in this high-energy, hands-on workshop! Color Splash is all about getting messy, exploring the magic of bright colors, wild clays, and cool collages. Students will play with different textures and vibrant colors while learning basic art secrets in a relaxed, joyful space. Paint will dance on canvas, little fun animals will be made from model magic and 3D paper sculptures and texture collages will be made!

Instructor: Paula Duncan

Location: Lucas Valley Elementary School

Ages	Day	Dates	Times	Fee
1st - 3rd grade	W	9/16-10/7	1:50-3:00pm	\$225

ART WITH MS. PAULA: CLAYTIME & THE POTTERY WHEEL

Ages 4th - 6th grade

The sculptors will learn to master pinching, assembling, coil building, slab construction and centering/throwing on the pottery wheel. They will also use different clays to think about shape, form and textures. Where messy clothes and join us to create! All Clay and materials included in the cost.

Instructor: Paula Duncan

Location: Lucas Valley Elementary School

Ages	Day	Dates	Times	Fee
4th-6th grade	Th	10/15-11/19	2:35-4:00pm	\$275



ART WITH MS. PAULA: ART CAMP DAY

Ages 1st - 5th grade

Come and join me for a day filled with creativity, exploration and experience cool art materials. to create your own masterpieces using your imagination. Projects will be teacher lead as well as free choice art time - remember anything is possible! "The creation itself matters more than the perfect outcome." Art materials included in the fee.

Instructor: Paula Duncan

Location: Lucas Valley Elementary School

Ages	Day	Dates	Times	Fee
1st -5h grade	W	11/11	9:00am-3:00pm	\$90
1st - 5th grade	F	11/20	9:00am-3:00pm	\$90

ART WITH MS. PAULA: HOLIDAY ART WORKSHOP

Ages 1st -3rd & 2nd-4th grade

Get into the holiday spirit with a fun, cozy and creative holiday crafting class! Join me for a festive workshop where you will design your own winter masterpieces and unique gifts. The artists will have the opportunity to use model magic, felt fabric, paint a canvas and more! All art materials are provided—just bring your holiday cheer!

Instructor: Paula Duncan

Location: Lucas Valley Elementary School

Ages	Day	Dates	Times	Fee
1st -3rd grade	Tu	12/8	2:35-4:15pm	\$72
2nd-4th grade	Th	12/10	2:35-4:15pm	\$72

THANKSGIVING BREAK CAMP

Ages 4-10 (Pre K - 5th grade)

Give your kids a fun, active break this Thanksgiving! Our camp keeps campers engaged from morning to afternoon with plenty of playground time, lively field games like capture the flag and kickball, and cozy fall-themed crafts such as pinecone turkeys and leaf art. Campers will also enjoy a Thanksgiving-inspired group activity to celebrate the holiday spirit. Drop your little ones off for a few days of laughter, friendship, and fun while you tackle your holiday to-do list.

Little Turkeys: Ages 4-5 (Pre K - K)

Big Turkeys: Ages 6-10 (1st-5th grade)

Instructor: Marinwood staff

Day	Dates	Times	Fee
M-Tu	11/23-11/24	9:00am-3:00pm	\$128/ Resident \$152/ Non-Resident

WINTER BREAK CAMP

Ages 3-11 (3 years - 6th grade)

Join Marinwood for winter break camp! Your child will have a blast participating in winter games, themed crafts, park time, and sports. Campers will spend time indoors and outdoors for the session with some of their favorite camp counselors. This camp fills up quickly so register soon!

Camp Scrub Jay: Ages 3-5 (3 years-K)

Camp Evergreen: Ages 6-7 (1st-2nd grade)

Camp Winterberry: Ages 8-11 (3rd-6th grade)

No drop-in availability. Space is limited, please register early! Sibling discount: \$20, applied at registration.

Instructor: Marinwood staff

Day	Dates	Times	Fee
M-W	Week 1: 12/21-12/23	9:00am-3:00pm	\$194/ Resident \$227/ Non-Resident
M-W	Week 2: 12/28-12/30	9:00am-3:00pm	\$194/ Resident \$227/ Non-Resident

WINTER BREAK-BEFORE & AFTER CARE

Ages 3-11 (3 years - 6th grade)

	Day	Dates	Times	Fee
Before Care	M-W	Week 1 or Week 2	8:00-9:00am	\$33
After Care	M-W	Week 1 or Week 2	3:00-5:00pm	\$66
Before & After Care	M-W	Week 1 or Week 2	8:00-9:00am & 3:00-5:00pm	\$95

MID-WINTER BREAK CAMP

Ages 4-11 (Pre-K - 6th grade)

Have fun this week at Mid-Winter Break Camp! Campers will spend their school break exploring the forest of Marinwood, playing lots of sports and games and monkeying around on the playground. Campers will participate in games and sports, arts and crafts, cone ball and more! This camp fills up quickly so register soon!

Camp Bunny Slope: Ages 4-5 (Pre-K and K)

Camp Snowshoe: Ages 6-7 (1-2nd Grade)

Camp Bobsled: Ages 8-11 (3-6th Grade)

No drop-in availability. Space is limited, please register early! Sibling discount: \$20, applied at registration.

Instructor: Marinwood Staff

Day	Dates	Times	Fee
T-F	2/16-2/19	9:00am-3:00pm	\$258/ Resident \$303/ Non-Resident

MID-WINTER BREAK-BEFORE & AFTER CARE

Ages 4-11 (Pre-K - 6th grade)

	Day	Dates	Times	Fee
Before Care	T-F	2/16-2/19	8:00-9:00am	\$44
After Care	T-F	2/16-2/19	3:00-5:00pm	\$88
Before & After Care	T-F	2/16-2/19	8:00-9:00am & 3:00-5:00pm	\$126

Kay's Faces
Professional Face Painting
for your special event!



San Francisco, North Bay, East Bay

Perfect for
Birthday Parties
Corporate Events
Holiday Parties
And more!



@kaysfaces_

Scan code to book now!

WATER POLO

Ages 8-14

This team is intended for girls and boys who would like to learn about this fast paced and fun water sport. The Marinwood Water Polo program is for those who have never played the sport and want to learn, or for players who have previously played and want to continue working on their skills. This is a super opportunity to learn how to play a great sport and/or improve and extend existing skills before entering high school. Instruction will include basic specialized swimming skills for water polo, passing, shooting, offense, defense, rules of the game, concepts of team play, and more as time permits. Players will get a chance to scrimmage in order to get a sense of how the overall game is played. This is a great launch point for being a confident and capable freshman high school player.

Space is limited, please contact Coach Chris Case to register at christophermcase@gmail.com or (415) 250-5443.

This program is not affiliated with any Marin Swim League swim team, nor any high school. All middle schoolers are welcome as long as they are water safe.

Instructor: Chris Case

Ages	Day	Dates	Times	Fee
8-10 Grade 3-5	M/W	8/24-9/30 (No 9/7, 9/21)	5:15-6:15pm	\$350
11-14 Grade 6-8	M/W	8/24-9/30 (No 9/7, 9/21)	6:15-7:45pm	\$450

NAOFA FLAG FOOTBALL GAME DAY - VETERANS DAY

Ages 6-11

Flag Football game day is a kid's favorite. This one-day program is perfect for kids who want to play, play, and play all day long! Games include a 7v7 scrimmage, QB Challenge, Defense Challenges, and more. This clinic features a day filled with fun challenges, games, and daily competitions in a positive and energetic environment. Please note: If rain, camp will be cancelled.

Instructor: National Academy of Athletics

Location: Marinwood Park

Ages	Day	Dates	Times	Fee
6-11	W	11/11	9:00am-12:00pm 9:00am-2:00pm	\$54 \$74





NAOFA ALL SORTS OF SPORTS- THANKSGIVING BREAK

Ages 6-11

The All Sorts of Sports coed Camp by National Academy of Athletics is packed with fun. Whether your child is a beginner or more experienced player, this multi-sport camp is a perfect place for kids to be introduced to the world of sports, teamwork and athletics! Games we play include: basketball, dodge ball, soccer, kickball, flag football, capture the flag, ultimate Frisbee & obstacle races and a whole lot more. Your children will learn new skills while having a blast and making new friends. Please note: If rain, camp will be cancelled.

Instructor: National Academy of Athletics

Location: Marinwood Park

Ages	Day	Dates	Times	Fee
6-11	M/T	11/23-11/24	9:00am-12:00pm 9:00am-2:00pm	\$104 \$144



PLAY HARD. HAVE FUN.

NAOFA ALL SPORTS GAME DAY - MLK DAY

Ages 4-5 & 6-11

The All Sports Game Day is a perfect place for kids to be introduced to the world of sports and an active, healthy lifestyle. This multi sport day may include basketball, soccer, flag football, wiffleball, kickball and more. These games teach children sport specific skills while learning the importance of teamwork, losing and winning with dignity, and communication with friends and peers.

Instructor: National Academy of Athletics

Ages	Day	Dates	Times	Fee
4-5	M	1/18	9:00am-12:00pm	\$50
6-11	M	1/18	9:00am-12:00pm 9:00am-2:00pm	\$50 \$70

NAOFA ALL SPORTS CAMP - MID WINTER BREAK

Ages 4-5 & 6-11

The All Sports Game Day is a perfect place for kids to be introduced to the world of sports and an active, healthy lifestyle. This multi sport day may include basketball, soccer, flag football, wiffleball, kickball and more. These games teach children sport specific skills while learning the importance of teamwork, losing and winning with dignity, and communication with friends and peers.

Instructor: National Academy of Athletics

Ages	Day	Dates	Times	Fee
4-5	M-F	2/15-2/19	9:00am-12:00pm	\$245
6-11	M-F	2/15-2/19	9:00am-12:00pm 9:00am-2:00pm	\$245 \$285

GALLINAS VALLEY LITTLE LEAGUE



DIVISIONS & AGES

JOIN THE FUN!

Gallinas Valley Little League (GVLL) -
Baseball for kids of all ages and skill
levels in the 94903.

**More than a league - a community
where kids learn, play, and grow
together. Since 1957.**

**Spring Season - Summer Sandlot
Fall Ball - Winter Clinics**

LOWER DIVISION

- Intro to Tee Ball: Age 4
- Tee Ball: Ages 5-6
- Coach Pitch: Ages 6+
- Machine Pitch: Ages 7+

UPPER DIVISION

- Minors: Ages 8-11
- Majors: Ages 10-12
- Intermediates: Age 13
- Juniors: Ages 14 - 15



**Community-Powered
Player-Focused**



SCAN ME



@GVLittleLeague

GallinasValleyLittleLeague.org



MAGGIE DAWSON - WHITE CRANE SILAT INSTRUCTOR

Maggie Dawson is a 20-year practitioner of White Crane Silat who practices globally. Her laurels include two years under tutelage of the grandmaster, Suhu Gunawan Rahardja in West Java. Prior to that, several years in residence at the Esalen Institute root Maggie in the practice of somatic movement for healing. Kindhearted, personable, spontaneous and precise, Maggie energetically empowers each student through the metaphor of the conscious physical. Based in Marin County, she's been teaching silat as a vehicle for awakening since 2010. When not teaching and practicing, Maggie is using her presence and mindful words to raise a powerful and compassionate kid.



ALAINA HESS - PRESCHOOL SUPERVISOR

Alaina Hess has been working in the Childcare/Education field for over 14 years in Marin Country. Starting as a babysitter and making her way to Preschool Teacher, where she found her passion. She graduated from San Francisco State University with a Bachelor's Degree in Psychology and earned her Early Childhood Education credits at the College of Marin.

"I've always had a passion for working with children. I believe that Preschool is important for a child's social and emotional growth. At Marinwood we are committed to providing a safe and loving environment while guiding children as they form the key building blocks for their eventual kindergarten education"



JERRY MEHCIZ - TENNIS INSTRUCTOR

Jerry Mehciz has been teaching tennis as a career since 1987. He is part of the United States Professional Tennis Association and is ranked "elite". Jerry is also part of the Babolat Pro Staff. Although his tennis career has taken him to many places (Instructional Editor of Inside Tennis Magazine, Head Pro at Tiburon Peninsula Club, Tennis Director of Marin Country Club), he has always had an affection for Marinwood. "The people here in the Marinwood area are great. The way they live reminds me of where I grew up in the Midwest...family values and having fun doing it".



MASTER HYO SIM - TAE KWON DO INSTRUCTOR

Master Sim is an 8th Dan Black Belt. He has been a student of Martial Arts since late 1968 and has been sharing with others since 1980. He was a national collegiate champion and coached national and international level black belt competitors. Master Sim has worked with AAU TKD promoting their Jr. Olympics program, as well as initiate events for USTU/USTA (National Governing Body for TKD). However, he is best known amongst his peers for his tutorage of children in using TKD for their character building.



NATIONAL ACADEMY OF ATHLETICS

The NAofA sport programs for kids are specifically designed to help players of all abilities. The goal is to have tons of fun, learn sport-specific skills, and gain confidence on and off the field. We teach children about success, failure, and what it means to be part of a team. Our coaches provide an enthusiastic place for kids to fall in love with their chosen sport. All programs are led by a highly trained team of NAofA Certified coaches and instructors who are carefully selected to ensure each camper's safety, skill development & individual enjoyment. We encourage all our campers to play with confidence, enthusiasm and a love for the game.



HEALY IRISH DANCE

The Healy School of Irish Dance was established in 1870. The Healy School holds the record for the longest running Irish dance school in the world, with lessons taught by 4th generation ADCRG PattiAnn Ranum, and her daughter, 5th generation TCRG Alisa Belew. The Healy School competes locally and at world level and teaches all levels from beginners through Championship. Some of the highlights of the year besides competition are performing at the Giants Irish Heritage Nights, marching in the San Francisco St. Patrick's Day parade, and doing shows locally for the Marin Irish American Club, Marin County Fair, etc. We look forward to welcoming you into our Healy family!



VALLEY
ORTHODONTICS
CREATING BEAUTIFUL SMILES

ADULT PROGRAMS



ZUMBA®

Ages Adults 15+

Perfect for everybody and every body. Each Zumba® class is designed to bring people together to sweat and smile. How it works: We take the "work" out of workout, by mixing low intensity and high intensity moves for an interval style, calorie burning dance fitness party. This class fuses hypnotic rhythms and easy to follow moves to create a high energy, calories blasting, total body dance based workout. The perfect combo of fun and fitness has made Zumba® classes a worldwide phenomenon. Benefits: A total workout, combining all elements of fitness - cardio, muscle conditioning, balance and flexibility, boosted energy, and a serious dose of awesome each time you leave class.

No online registration. All fees paid to Instructor at class.

Instructor: Chrissy Costello

Day	Date	Time	Fee
M/T	Ongoing	6:00-7:00pm	\$15/class or \$125/ 10 class card



PILATES

Ages Adults 15+

Dynamic Mat Pilates: Pilates is an incredible form of movement that connects us deep into our core. The practice emphasizes moving mindfully with intention and awareness; this is what creates a powerful mind-body connection. This class will combine the elements of physical strengthening and therapeutic exercises. We will explore the fundamentals of Pilates to create a deeper understanding of the exercises and increase overall body awareness. Modifications will be offered.

Drop-ins: \$25

Instructor: Janet Carter

Day	Dates	Time	Fee
F	8/28-10/9	9:00-9:45am	\$151/ 7 classes
F	10/16-12/11 (No class 10/23 & 11/27)	9:00-9:45am	\$151/ 7 classes
F	1/8-2/12	9:00-9:45am	\$130/ 6 classes



TENNIS - ADULT CLASSES

Ages Adults 15+

Adult Beginner: Have you always wanted to learn tennis? Now here is your chance. All you need is a pair of sneakers and a racket to join in on the fun. The basics will be covered as well as scoring and playing. Class size is small, so register early.

Adult Intermediate/Advanced: For the player who has prior experience and would like drills to sharpen skills. The last half hour is reserved specifically for playing, using skills, and strategies learned in the lessons. This should be a "C" or 3.0 or higher player. Class is limited to eight players.

Instructor: Jerry Mehciz
Location: Marinwood Courts

Class	Day	Dates	Time	Fee
Beginner	T/Th	9/1-9/24	6:00-7:00pm	\$188/ 8 classes
Beginner	T/Th	10/13-11/5	6:00-7:00pm	\$188/8 classes
Int/Adv	T/Th	9/1-9/24	7:00-8:30pm	\$236/ 8 classes
Int/Adv	T/Th	10/13-11/5	7:00-8:30pm	\$236/ 8 classes

TENNIS - ADULT DOUBLES CLASSES

Ages Adults 15+

Adult Beginner Doubles: Have you always wanted to learn tennis? Now here is your chance. All you need is a pair of sneakers and a racket to join in on the fun. The basics will be covered as well as scoring and playing. Class size is small, so register early.

Adult Intermediate/Advanced Doubles: For the player who has prior experience and would like drills to sharpen skills. The last half hour is reserved specifically for playing, using skills, and strategies learned in the lessons. This should be a "C" or 3.0 or higher player. Class is limited to eight players.

Instructor: Jerry Mehciz
Location: Marinwood Courts

Class	Day	Dates	Time	Fee
Beginner	M/F	8/31-9/28 No 9/7	10:30am-12:00pm	\$204/ 8 classes
Beginner	M/F	10/12-11/6	10:30am-12:00pm	\$204/ 8 classes
Int/Adv	M/F	8/31-9/28 No 9/7	9:00-10:30am	\$236/ 8 classes
Int/Adv	M/F	10/12-11/6	9:00-10:30am	\$236/ 8 classes

LAS GALLINAS LIONS CLUB

Ages Adults 15+

The Las Gallinas Lions Club is Marinwood's only service club - our motto is "We Serve". Typical service activities include Vision Screening Clinics for school age children, seniors, and people in Marin's lower income communities. We also offer free eye-exams and glasses, supporting isolated seniors and other people in need. We sponsor the Annual Marinwood Halloween pumpkin patch & Easter Egg Hunt for the children in our community. We fund-raise throughout the year, Drive-By Crab Feed & County Fair Parking, to donate back to organizations such as the Vision Impaired of Marin, SF-Marin Food Bank, Marin Villages, local youth sports teams and our Community Services District. Membership is open to community and service-minded adults who would like to know more about Marinwood and contribute toward helping others and improving our community. There are no minimum attendance or service requirements to be a member - come to meetings or events as your schedule allows! We welcome volunteers to support our service projects and hope you will consider joining us. To learn more, check our website at www.lasgallinaslions.com or email us at lasgallinaslions@gmail.com. Follow us on Facebook or Instagram for upcoming event information - @lasgallinaslions

Day	Dates	Time	Fee
1st Wed. - Zoom 3rd Wed. - Social dinner meeting at the Marinwood Community Center	Ongoing- Monthly	7:00-9:00pm	\$80/ year \$120/ year for family

FALL SENIOR STROLL

Ages Adults 60+

Join our Recreation Supervisor John Paul as you take leisurely strolls throughout Marinwood and the surrounding areas. A great way to stretch your legs, see the sights, and meet your neighbors!

Meet up at location is 10:00am, stroll starts at 10:15am.

Day	Date & Location	Time
W	9/23 Miller Creek Panhandle Loop - Meet at the Marinwood Community Center Lobby (1.25 miles)	10:00am
W	10/21 Las Gallinas Valley Birding Loop - Meet at the parking lot accross from 300 Smith Ranch Road (2 miles)	10:00am
W	11/18 Santa Venitia Levee - Meet at the levee pump house 1580 Vendola Dr. (1.5 miles)	10:00am
W	12/16 Marin Civic Center Lagoon Loop - Meet at 110 Armory Way (.75 miles)	10:00am





BEGINNERS AMERICAN MAH JONGG

Ages Adults 15+

American Mah Jongg is an exciting game with Chinese origins that uses tiles with symbols, numbers and pictures. The instructor, Carol Neel will teach basic fundamental components over the course of four weeks; such as identification and distribution, how to interpret the National Mah Jongg League (NMJL) card, etiquette rules and strategy. She provides the information in a supportive, learning environment. Each class is taught in a specific sequence so it is crucial not to miss any classes. This course is ideal for beginners or "rusty" players. This is a great game to learn with friends and family. It is typically played with four people. A \$15 Mah Jongg required card is included in the class fee.

Instructor: Carol Neel

Day	Date	Time	Fee
Th	9/4-9/25	12:30-3:00pm	\$79/ 4 classes
Th	10/2-10/23	12:30-3:00pm	\$79/ 4 classes
Th	10/30-11/20	12:30-3:00pm	\$79/4 classes



AMERICAN MAH JONGG OPEN PLAY

Ages Adults 15+

Join us every Wednesday for American Mah Jongg Open Play at the Marinwood Community Center. This is open to all levels of players who have a basic understanding of the rules. There will be tables for beginner, immediate and advanced players. Those of you that have your own sets and table covers, please bring them. Marinwood Community Center does not provide sets so we depend on your personal sets. All tables will start play at 1:00 p.m. \$2.00 charge per person per week. No food will be allowed but please bring your personal water bottles.

Day	Date	Time	Fee
W	8/27-5/27 No Class: 11/26, 12/24, 12/31, 2/18, 4/8	1:00-3:30pm	\$2/per class

TECH TALK

Ages Adults 55+

Join us for a seminar on technology confidence and digital safety for seniors. Stay safe, stay confident, and stay connected with everyday technology. For our introductory session we'll review various topics including: iPhone mastery, scam and fraud protection, FaceTime and video conferencing, and navigating the internet and social media.

See page 30 for more details!

Instructor: SilverTech Consulting

Day	Date	Time	Fee
F	10/2	1:00pm	Free

WHITE CRANE SILAT - LIVING MARTIAL ART

Ages Adults 7-65

Looking for more than a workout?

White Crane Silat is a living martial tradition passed from teacher to student through practice, movement, and shared experience. Rooted in Chinese-Indonesian martial arts, it develops strength, agility, balance, coordination, awareness, and calm under pressure through a challenging and rewarding blend of movement, martial skill, and community.

Training includes sliding footwork, forms, rolling, breathwork, partner exercises, and practical self-defense applications. Students learn to move with efficiency, power, and relaxation while developing focus, resilience, confidence, and genuine connection with others. The practice offers endless opportunities for growth, revealing new layers of skill and understanding over time.

More than a fitness class, White Crane Silat is a place to learn useful skills, challenge yourself, and become part of a supportive community of practitioners. It's a living martial art - one that is practiced, shared, and carried into everyday life.

Whether you are looking for a martial art, a movement practice, or a community to grow with, all are welcome.

Wear loose, comfortable clothing; a white t-shirt and white pants are traditional.

Instructor: Maggie Dawson

Day	Date	Time	Fee
Sun	9/16-12/13 (No class 9/20, 10/4, 10/11, 11/22, 11/29)	1:30-4:00pm	\$104/ 10 classes Drop in \$20



CPR/AED AND FIRST AID

Ages Adults 15+

CPR Blended Learning:

This comprehensive American Red Cross course certifies participants in CPR, AED, and First Aid for 2 years. The course is designed to train participants how to recognize and respond to emergencies involving injuries, illnesses, and life threatening situations. This class is perfect for employees of day cares, gyms, preschools, nursing homes, new parents, and anybody interested in learning how to save a life!

This Blended Learning class requires participants to complete an online portion prior to attending the class. (Online portion can take anywhere from 1-3 hours depending on the participants pace of learning and prior knowledge.) Online portion will be sent to Participants 10 days prior to the in person class.

Any questions please call John Paul Kessler at (415) 479-0775

Instructor: Marinwood Staff

Day	Date	Time	Fee
Th	9/24	5:30-8:00pm	\$125
Th	10/22	5:30-8:00pm	\$125
Th	11/19	5:30-8:00pm	\$125
Th	1/21	5:30-8:00pm	\$125
Th	2/18	5:30-8:00pm	\$125



SILVERTECH CONSULTING PRESENTS

TECH *Talk*



Free seminar!

TECHNOLOGY CONFIDENCE & DIGITAL SAFETY FOR SENIORS

FRIDAY, OCTOBER 2ND
1PM



MARINWOOD
COMMUNITY
CENTER

Stay safe, stay confident, and stay connected with everyday technology.

For our introductory session we'll review various topics including:

- iPhone Mastery
- Scam & Fraud Protection
- FaceTime & Video Conferencing
- Navigating the Internet & Social Media
- "Hey Siri"

Your guest speaker has spent 25+ years in technology sales and specializes in helping people understand and adopt technology. This is an interactive session where we'll be sharing best practices, new ideas, and thoughtful ways to keep each other safe and confident.





JANET CARTER - PILATES INSTRUCTOR

Janet teaches Yoga and Pilates in Marin and San Francisco. She believes that practice is a journey of self discovery and internal transformation that helps to cultivate a more mindful way of living. Janet's classes are fun and upbeat with the opportunity for students to challenge themselves as they develop strength, balance, and flexibility. Her sequencing is grounded in the principles of alignment and breath awareness, offering a dynamic and centering practice. Janet also teaches Yoga and Mindfulness to kids and teens.



CHRISSY COSTELLO - ZUMBA® INSTRUCTOR

"I've been passionate about dance my entire life - Salsa, Samba, Afro-Brazilian, Capoeira, Hip-Hop, South African House...the list goes on. If you've never tried Zumba, now is the time to start. No previous experience is necessary. The only goal is to have a blast while getting a great workout. The more you come, the easier and more enjoyable it gets (as you familiarize with the choreography). Smiling and sweating are the ultimate goals. If you have any questions, please don't hesitate to contact me at christine.o.costello@gmail.com."



JERRY MEHCIZ - TENNIS INSTRUCTOR

Jerry Mehciz has been teaching tennis as a career since 1987. He is part of the United States Professional Tennis Association and is ranked "elite". Jerry is also part of the Babolat Pro Staff. Although his tennis career has taken him to many places (Instructional Editor of Inside Tennis Magazine, Head Pro at Tiburon Peninsula Club, Tennis Director of Marin Country Club), he has always had an affection for Marinwood. "The people here in the Marinwood area are great. The way they live reminds me of where I grew up in the Midwest...family values and having fun doing it".



CAROL NEEL - MAH JONGG INSTRUCTOR

Carol has taught Beginners American Mah Jongg throughout Marin for approximately 10 years. She began playing Mah Jongg after her beginner classes at Bel Marin Keys. Since then she has played consistently throughout Marin in addition to teaching. She believes that "the more you play, the better you play". She loves the excitement as each student realizes that they can play Mah Jongg by the fourth week. She wants to share her knowledge and her joy of playing Mah Jongg throughout the community.



MAGGIE DAWSON - WHITE CRANE SILAT INSTRUCTOR

Maggie Dawson is a 20-year practitioner of White Crane Silat who practices globally. Her laurels include two years under tutelage of the grandmaster, Suhu Gunawan Rahardja in West Java. Prior to that, several years in residence at the Esalen Institute root Maggie in the practice of somatic movement for healing. Kindhearted, personable, spontaneous and precise, Maggie energetically empowers each student through the metaphor of the conscious physical. Based in Marin County, she's been teaching silat as a vehicle for awakening since 2010. When not teaching and practicing, Maggie is using her presence and mindful words to raise a powerful and compassionate kid.

Tamalpais Adult School

Find a FREE Class Near You!

LEARN English

TRAIN as a Home Care Aide or Medical Front Office Assistant

ACHIEVE a High School Diploma or GED

Pre-register for classes at any time!

Visit our website: www.tamadulted.org



Learn English

Evening Classes

M-Th @ Tam Adult School
Larkspur

Morning Class

M, W @ Albert J Boro
Community Center
San Rafael

ESL Online - TBD

High School Diploma GED

Evening Classes

M-Th @ Tam Adult School
Larkspur

W, Th GED Online



Healthcare Pathways Certificate Programs

Medical Front Office Assistant

Tam Adult School
Larkspur

8 Week Session
September, January, May

Home Care Aide

Tam Adult School
Larkspur
6 Week Session
July, January, March

Tamalpais Adult School
305 Doherty Drive, Larkspur, CA 94939
(415) 945-3087
www.tamadulted.org



WELCOME TO THE MARINWOOD POOL!

Conveniently located just a mile off Highway 101, nestled between a lush forest and the majestic Marinwood hills, this aquatic oasis may be the best-kept secret in Marin. Boasting gorgeous views, top-notch swimming programs, and a highly trained lifeguard staff, this is the pool to call home this fall. Whether getting your workout in, throwing your kids' birthday party, learning to swim, or just basking in the sun, the Marinwood Pool is where happiness happens.

FEATURES:

- 2 giant waterslides
- 1 ½ foot tot pool (6 yrs & under)
- 5 lane lap pool with deep end
- Plenty of shade & plenty of seating
- Snacks, ice cream, ping pong, good tunes
- Ample parking

PROGRAMS:

- Marinwood Swim Academy (high quality group & private swim lessons)
- Affordable Pool Party Rentals
- Lifeguard Training Classes
- Recreation Swim
- Adult Lap Swim
- Water Polo



FALL SWIM LESSONS

It's never too late to learn to swim!

Weekend lessons are available for online registration. Saturdays or Sundays 12:00/12:30, through end of September.

Limited availability for weekday lessons between 2-4pm depending on instructor availability. If interested, please reach out to John Paul Kessler at jpk@marinwood.org.

All lessons are 25 minutes.

50% off Membership Fees begin July 1st!

POOL MEMBERSHIPS & FEES

MARINWOOD POOL 2026 (MARCH 30- OCTOBER 2)

Become a Pool Member

- Best value for regular pool users
- Access to all Lap Swim, Recreational Swim, and Tot Pool hours (age restrictions apply)
- Discounts on Summer Camp Registration (\$25 off perchild, per week for day camps)
- Discounts on Swim Lessons and Pool Party rentals
- Recreation Swim guest passes for friends/family not on the membership

Marinwood Resident Membership Rates:

Resident Family (up to 3 persons)	\$389 \$194
• Fee for additional family members	\$56 \$28
Resident Couple	\$334 \$167
Resident Individual	\$222 \$111
Resident Senior (60+)	\$167 \$83
Resident Senior Couple	\$250 \$125

Memberships include Recreation Swim Guest Passes:

12/family
6/couple
4/individual
Purchase more for \$48/ 12 pack

Non-Resident Membership Rates:

Non-Resident Family (up to 3 persons)	\$485 \$242
• Fee for additional family members	\$69 \$34
Non-Resident Couple	\$416 \$208
Non-Resident Individual	\$277 \$138
Non-Resident Senior (60+)	\$208 \$104
Non-Resident Senior Couple	\$312 \$156

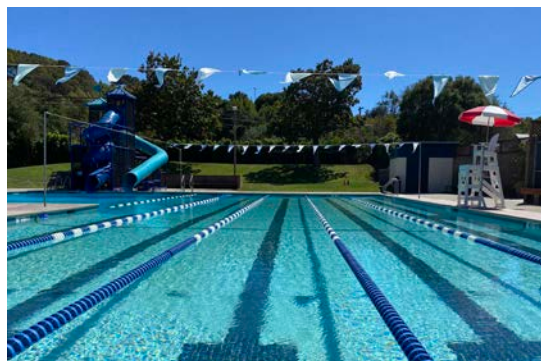
Memberships include Recreation Swim Guest Passes:

12/family
6/couple
4/individual
Purchase more for \$60/ 12 pack

10 Swim Punch Pass

- 2nd best value (adults save \$2 per visit)
- Access to all Lap Swim, Recreation Swim, and Tot Pool hours (age restrictions apply)

Marinwood Resident	\$60
Non-Resident	\$80



Daily Drop-in Rates

Lap Swim (16+)

Marinwood Resident	\$12
Non-Resident	\$15

Recreation and Tot Pool Swim

Marinwood Resident Adult (18+)	\$8
Marinwood Resident Child (1-17)	\$7
Marinwood Resident Senior (60+)	\$7
Non-Resident Adult (18+)	\$10
Non-Resident Child (1-17)	\$9
Non-Resident Senior (60+)	\$9



Refund Policy: Pool Memberships are non-refundable and non-transferable. 10 Swim Punch Passes are not user specific and may be gifted, or used for multiple persons and only valid for the pool season in which they are purchased.

Definitions: *Marinwood Resident:* homeowners or renters living within the Marinwood Community Services District. Proof of residency required for resident rate. *Family:* up to 3 persons residing in the same household.

~Marinwood Pool Schedule SEPTEMBER/OCTOBER 2026~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Please visit marinwood.org for information about the 2027 pool season.			LAP = Adult Lap Swim Hours (16+yrs) TOT = Tot Pool Hours (6yrs & under) REC = Recreation Swim Hours (all ages)		Waterslides only open weekends in Fall, during REC hours	
		1 LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	2 LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	3 LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM		
6 LAP 8AM-12PM TOT 8AM-5PM REC 12-5PM	7 LABOR DAY (WEEKEND HOURS) LAP 8AM-12PM TOT 8AM - 5PM REC 12PM - 5PM	8 LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	9 LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	10 LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	11 LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	12 LAP 8AM-12PM TOT 8AM-5PM REC 12-5PM
13 LAP 8AM-12PM TOT 8AM-5PM REC 12-5PM	14 LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	15 LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	16 LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	17 LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	18 LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	19 LAP 8AM-12PM TOT 8AM-5PM REC 12-5PM
20 LAP 8AM-12PM TOT 8AM-5PM REC 12-5PM	21 LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	22 LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	23 LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	24 LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	25 LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	26 LAP 8AM-12PM TOT 8AM-5PM REC 12-5PM
27 LAP 8AM-12PM TOT 8AM-5PM REC 12-5PM	28 LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	29 LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	30 LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	October 1st LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	October 2rd CLOSING DAY LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	

RENTALS - PARK



Group Picnic Area



Parkside Picnic Area



Playground adjacent to picnic areas



Playground adjacent to picnic areas

Facility	Picnic Tables	Restroom	BBQ	Additional Features	Time Slots	Fee
Group Picnic Area Location: Marinwood Park	3 Hexagon picnic tables Capacity: 50 people	Yes	2 Charcoal BBQ	Bounce house permissible with permit (\$)	9:00am-1:00pm 2:00-6:00pm 9:00am-6:00pm	\$95/ Residents \$185/ Non Residents All Day Fee: \$180/ Residents \$355/ Non Residents
Parkside Picnic Area Location: Marinwood Park	2 Rectangular tables Capacity: 20 people	Yes	1 Charcoal BBQ	No	9:00am-1:00pm 2:00-6:00pm 9:00am-6:00pm	\$85/ Residents \$165/ Non Residents All Day Fee: \$155/ Residents \$305/ Non Residents

Resident: A resident of the Marinwood Community Services District

RENTALS - POOL



Hillside Party area



Patio Party area



Alcove Party area



Main Pool



Tot Pool

Facility	Picnic Tables	Restroom	BBQ	Time Slots	Fee
Patio Party Area Location: Between Tot pool and Main pool	2 Rectangular tables Capacity: 30 people	Yes	No	12:15-2:30pm* or 2:45-5:00pm	Marinwood Residents/Pool Members: \$137 Non-Residents: \$168
Hillside Party Area Location: Grassy knoll adjacent to main pool deep end	3 Hexagon picnic tables Capacity: 30 people	Yes	No	12:15-2:30pm* or 2:45-5:00pm	Marinwood Residents/Pool Members: \$137 Non-Residents: \$168
Alcove Party Area Location: Brick alcove just past the Lifeguard stand.	3 Rectangular tables Capacity: 30 people	Yes	No	12:15-2:30pm* or 2:45-5:00pm	Marinwood Residents/Pool Members: \$137 Non-Residents: \$168

* 12:15-2:30pm only available on weekends

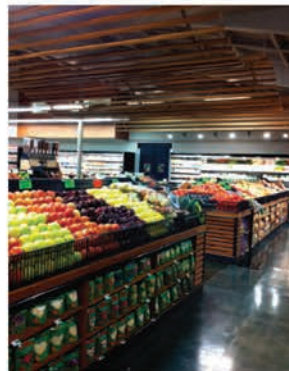


THE MARINWOOD MARKET

FULL LINE OF ORGANIC AND TRADITIONAL IN SEASON PRODUCE
FULL SERVICE DELI, FULL SERVICE MEAT, FISH AND POULTRY
SUSHI PREPARED DAILY
BEER, WINE AND LIQUOR

"MARINWOOD GRILL"

CHEESEBURGER, GARDEN BURGER,
GRILLED CHICKEN SANDWICH,
GRILLED TRI-TIP SANDWICH &
BBQ PULLED PORK SANDWICH
WITH YOUR CHOICE OF SIDES.



"LIKE US ON FACEBOOK"

facebook

155 MARINWOOD AVE (MARINWOOD/ST. VINCENTS EXIT)
415-491-1965

**Our Skilled,
Experienced Caregivers
are available for assistance
with the following
activities of daily living:**



**Gentle
Care
AGENCY**

Non-medical Homecare & Homemaker Services



- Bathing
- Grooming
- Dressing
- Toileting
- Transfers
- Meal Preparation
- Light Housekeeping
- Medication Reminders
- Companionship
- Caregiver Relief
- Doctors Visits
- Grocery Shopping
- Errands
- Outings

**Call us
for care**

415.479.7141

Marin, Sonoma and Surrounding Counties

gentlecareagency.com

Marinwood Community Center
775 Miller Creek Road
San Rafael, CA 94903

*****ECRWSSDDM*****

POSTAL CUSTOMER

Presorted Standard
U.S. Postage Paid
San Rafael, Ca
Permit No.323



SAN RAFAEL HOMES. MILLER CREEK SCHOOLS. TRUSTED LOCAL GUIDANCE.

Whether you're considering buying, selling, or planning ahead, Liz McCarthy offers thoughtful, local expertise rooted in the San Rafael community. With a deep understanding of the Miller Creek School District neighborhoods and current market conditions, Liz helps clients navigate every step with confidence and clarity.

As a trusted local broker and neighbor with the McCarthy + Moe Group at Compass, Liz brings a personalized approach backed by market insight, strategic preparation, and clear communication. Her goal is simple: help you make informed decisions and achieve the best possible outcome.

Thinking about your home's value or next move? Liz offers confidential consultations tailored to your goals and timeline.

WHAT CLIENTS SAY

"Not only is Liz McCarthy a sales all-star, she does something few in sales are good at, she follows up on all the little details that come up throughout the home sale process. She cares deeply about the success of her clients and it shows."

RECENT HOME SALES

- 829 Del Ganado
- 1036 Lea Dr
- 546 Pinewood
- 184 Cobblestone
- 25 Mt Lassen
- 2901 Las Gallinas



Liz McCarthy

415.250.4929
Liz@McCarthyMoe.com
DRE 01421997

Scan to Visit
McCarthyMoe.com

