



# Marinwood Review

Fall/Winter 2025 - 2026

[www.marinwood.org](http://www.marinwood.org)





## 2025 Market Snapshot: The Real Estate Market Doesn't Have to be so "Tough"



Gina Bartolacelli, Realtor®

Over this past year, the news has been filled with salacious headlines about our economy, high interest rates, buyer fatigue, and even the most beautiful listings can take longer to sell.

It can be easy to get caught up in the hype that we are in a downward spiral, but the truth is, our hyper-local market, Marinwood, Lucas Valley, Mont Marin, Terra Linda, even zoomed out to the greater Bay Area, is actually doing quite well based on year-over-year sales.

What we actually experience time again during economic uncertainty is **resiliency** and an ever **upward** (albeit at times wobbly) trend for single-family homes in our local market. There is still strong demand for well-priced homes—especially in peaceful neighborhoods with fabulous amenities, quaint rolling hills, amazing weather, great schools, and good, kind people... Yes I'm talking about you!

Accurate, information about what's going on in your neighborhood may not be all over the 6:00 News, but it can still be just as accessible! Housing will always be necessary and many buyers are motivated and ready to make moves for the right home. The glass is still half full.

Reach out anytime for a market analysis, or a friendly conversation.

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# MARINWOOD COMMUNITY SERVICES DISTRICT

## MARINWOOD COMMUNITY CENTER

775 Miller Creek Road, San Rafael, Ca 94903

Phone: (415) 479-0775

Fax: (415) 479-7759

Office hours: Monday - Friday 9am-5pm

Community Center will be closed on the following days: 9/1, 11/11, 11/28, 12/25, 1/1, and 2/16

## CONTACT US

District Manager, Eric Dreikosen  
(415) 479-7751, edreikosen@marinwood.org

Recreation Director, Luke Fretwell  
(415) 479-0775 x 103, lfretwell@marinwood.org

Assistant Recreation Director, Robyn Bruton  
(415) 479-0775 x 104, rbruton@marinwood.org

Recreation Supervisor, John Paul Kessler  
(415) 479-0775 x 105, jpkesler@marinwood.org

Marinwood Pool (April-October)  
(415) 479-2335

Parks & Open Space, Luke Fretwell  
(415) 479-0775 x 103, lfretwell@marinwood.org

Fire Department - Non-emergency  
(415) 479-0122

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Cover photo: Marinwood Senior Strollers.







## DISTRICT FAQ's

### Am I a Marinwood Resident?

If you reside within the Marinwood Community Services District (MCSD) area and your property taxes support the Marinwood Community Center, you are a resident. To view the list of MCSD addresses please visit, [www.marinwood.org](http://www.marinwood.org), District Information, FAQ.

### What is Marinwood's Tax ID number?

Our Tax ID number is 94-6050188.

### Who do I call for streetlight maintenance?

Please call our District Office at (415) 479-7751.

### Can non-residents of Marinwood sign up for classes, programs and pool memberships?

Yes, our classes are open to everyone, residents and non-residents of Marinwood.

### As a Marinwood resident, do I get discounts on programs, classes or pool rates?

Marinwood residents do receive a discount rate on Marinwood Pool memberships, daily drop-in fees, as well as summer day camps and various other programs.

## RECREATION DEPARTMENT POLICIES

All registrations are on a first come, first served basis. Classes fill up quickly. Please register early.

Three easy ways to register:

1. Online: [www.marinwood.org](http://www.marinwood.org)
2. Walk in: Monday - Friday 9:00am-5:00pm
3. Mail or fax a registration form

### PAYMENT:

Payment must be received at the time of registration along with a registration form. We gladly accept Visa, Mastercard, American Express, Discover, cash, or check (made out to MCSD).

Upon receipt of your registration form and payment, you will be registered for the class unless notified that a class is full or cancelled, in which case a full refund will be granted.

Please note: Marinwood CSD only allows one payer per receipt.

### CLASSES AND CAMPS REFUND AND TRANSFER POLICY:

Minimum cancellation fee: \$10.00. (Cancellation fee may vary, check registration activity on website for details). All refunds and changes must be made in writing and can be emailed to

[csd@marinwood.org](mailto:csd@marinwood.org). We will not process refunds or changes over the phone. Marinwood CSD reserves the right to cancel any class/activity that does not meet minimum enrollment. Please register early to avoid class cancellations. If a class is cancelled, you will receive a full refund.

# POLICIES/DISTRICT INFORMATION

## GOVERNANCE

The Marinwood Community Services District (CSD) was formed in 1960 to provide street lighting, fire protection and park and recreation services for our area. The CSD is governed by an elected five-member Board of Directors. The Board has established two advisory Commissions (Fire and Parks and Recreation) to oversee the routine operations of the District and to make recommendations regarding policies and budgetary matters. The District Manager and Department Heads carry out the day-to-day functions of the District as directed by the Board. The Board and Commission agendas can be found at [www.marinwood.org](http://www.marinwood.org). The Marinwood Review provides information on community meetings, events, programs, and other information of interest to the Community. Comments or suggestions regarding the publication should be directed to [csd@marinwood.org](mailto:csd@marinwood.org).

## BOARD OF DIRECTORS

The Board of Directors is a 5-member governing body of the Marinwood Community Services District (MCSD) and acts collectively to establish policies, provide oversight, and set vision to ensure the District offers the highest level of service in a fiscally sustainable way.

The Board of Directors has authority to establish or modify ordinances, resolutions and policies guiding the governance and operation of MCSD within its geographical boundaries and sphere of influence, including Joint Powers and Shared Services Agreements. The Board of Directors provides direction to and receives recommendations from the District Manager, the Fire Commission and the Park & Recreation Commission. The primary responsibility of the Board of Directors is the formulation and evaluation of policy. Routine matters concerning the operational aspects of the District are to be delegated to professional staff members of the District.

Marinwood CSD Board of Directors - Meets 2<sup>nd</sup> Tuesday of each month at the Marinwood Community Center, 7:00pm.

Christopher Case .....(415) 250-5443  
Kathleen Kilkenny.....(415) 601-1497  
Sivan Oyserman.....(415) 488-6669  
Lisa Ruggeri.....(415) 531-4232  
William Shea.....(415) 472-4880

## FIRE COMMISSION

The Fire Commission is an appointed volunteer advisory body to the Marinwood Community Services District Board of Directors and exercises particular powers as delegated by the Board. The Commission shall recommend to the Board policies governing the operation and management of the Marinwood Fire Department in accordance with the needs of the community, the provisions of the Fire Prevention Code and the District's existing policies, rules and regulations.

Marinwood Fire Commission - Meets 1<sup>st</sup> Tuesday of each even numbered month at the Marinwood Community Center, 7:00pm.

Steve Farac  
Pascal Karsenti  
John Seratt  
Greg Stilson - CSA 13 Representative  
Pete Stout

## PARK AND RECREATION COMMISSION

The Park & Recreation Commission is an appointed volunteer advisory body to the Marinwood Community Services District Board of Directors and exercises particular powers as delegated by the Board. The Commission shall recommend to the Board policies governing the operation and management of the Marinwood Community Center, Marinwood Community Parks, Marinwood Community Pool, open space, and recreation programs in accordance with the needs of the community and the District's existing policies, rules and regulations.

Marinwood Park and Recreation Commission - Meets 4<sup>th</sup> Tuesday of each odd numbered month at the Marinwood Community Center, 7:00pm.

Michael Benesch  
Angela Bliss-Steiner  
Jon Campo  
Ian Fein  
Ryan Madden





**MARINWOOD COMMUNITY SERVICES DISTRICT**  
**TRAILS AND OPEN SPACE MAP**

**Legend:**

- Paved Blue Path (Trail)
- Fire Road (Trail)
- Multi-Use Trail (Trail)
- Hiking and Equestrian Trail (Trail)
- Hiking-Only Trail (Trail)
- Unmaintained Social Trail (Trail)
- Bay Area Ridge Trail (Trail)
- Marinwood Community Services District Boundary
- MCSD Boundary
- MCSD PARKS AND OPEN SPACE
- Other Parks and Open Space
- Picnic Tables
- School
- Mile Between Points
- Gate

**Scale:** 0.5 mile / 0.8 kilometer

**Map Features:**

- Trails:** Paved Blue Path, Fire Road, Multi-Use Trail, Hiking and Equestrian Trail, Hiking-Only Trail, Unmaintained Social Trail, Bay Area Ridge Trail, Marinwood Community Services District Boundary.
- Open Space:** Loma Verde Open Space Preserve, Pacheco Valley Open Space Preserve, Lucas Valley Open Space Preserve, Marinwood Open Space, Terra Linda-Sleepy Hollow Divide Open Space Preserve, Loma Alta Open Space Preserve.
- Parks:** LAS GALLINAS COMMUNITY PARK, OAKVIEW OPEN SPACE, MARINWOOD COMMUNITY PARK, CREEKSIDE PARK, SLEEPY HOLLOW, MARGARITA VALLEY PARK, SANTA DOMENICO VALLEY PARK.
- Landmarks:** Lucas Valley Homeowners Association, GRASSHOPPER HILL OPEN SPACE, LAS GALLINAS COMMUNITY PARK, OAKVIEW OPEN SPACE, MARINWOOD COMMUNITY PARK, CREEKSIDE PARK, SLEEPY HOLLOW, MARGARITA VALLEY PARK, SANTA DOMENICO VALLEY PARK.
- Other:** Lucas Valley, Lucas Valley Homeowners Association, GRASSHOPPER HILL OPEN SPACE, LAS GALLINAS COMMUNITY PARK, OAKVIEW OPEN SPACE, MARINWOOD COMMUNITY PARK, CREEKSIDE PARK, SLEEPY HOLLOW, MARGARITA VALLEY PARK, SANTA DOMENICO VALLEY PARK.

2014-2024 Maryland Community Services District



## A Salute to Our "Firstest Responders"

Running an outdoor summer camp that serves over 500 kids a day comes with its share of minor injuries. Bumps, bruises, and bee stings. Cuts, scrapes, and bloody noses. Splinters, lost teeth, and stubbed toes. On any given day it's not unusual to see a camper in the lobby or down at the pool desk receiving an ice pack, band-aid, or sting-relief-swab. And while it's always heartbreaking to see one of our campers in distress, watching our camp staff give them the care they need can be heartwarming, too.

Just as some unlucky summer campers become minor First Aid patients, so also do our summer camp counselors and lifeguards become temporary medics, springing into action when injuries strike. It can be an abrupt shift—one minute they are casually demonstrating how to make a friendship bracelet, the next they are delicately removing a bee stinger from a crying child's toe, simultaneously trying to keep the child calm and comforted while watching for signs of allergic reaction.

These situations demand professionalism, selflessness, and the execution of multifaceted skills, and tend to reveal the true mettle of a staff member. One can't help feeling proud and inspired watching a typically goofy teenager suddenly rise to the occasion and snap into "First Responder Mode." And at times like these, First Responders are just what our summer camp counselors and lifeguards are.

Now sometimes bigger injuries occur at summer camp that necessitate bringing out the more professional, full-time First Responders, like firefighters, EMTs, and paramedics. In these instances, our camp staff will provide whatever First Aid care they can until the professionals arrive, at which point they gratefully hand off the First Aid baton. In this way our summer camp staff could be considered sort of "Pre-First Responders" or "Firstest Responders," on the scene before anyone else. (Those terms haven't entirely caught on in the industry yet, but I'm working on it.)

My own 3 boys had their share of bumps and bruises at camp this summer. (My 5-year-old's broken arm happened at home, but I know he would have received stellar care if it had been at camp!) Their scads of band-aids, scabs, and scars still polka dotting their arms and legs are not just badges of honor from an active and adventurous summer, but also reminders of all the nurturing and professional First Aid care they received from their incredible summer camp staff—the "Firstest Responders," dutifully snapping into action.

And then resuming the dodgeball game.

~ Luke Fretwell, Recreation Director



Serving North San Rafael communities since 1980

# Las Gallinas Lions Club



We Serve

Join Us!

## Club Highlights

- Membership offers a variety of service project opportunities (for example, school and community vision screenings) throughout the year to accommodate your schedule
- Social Engagements for members, families, and friends



## Monthly Meetings

- First Wednesday 7:00 pm - Zoom Meeting
- Third Wednesday 6:00 pm - Social Dinner Meeting
  - Marinwood Community Center
- Attend when your schedule allows

We'd love to have you join us for a dinner meeting, volunteer or community event to find out what we're all about - Email us for more details!



## Upcoming Fall Events

- **Halloween Harvest Fest Pumpkin Decorating**
  - October 10, 2025
  - Marinwood Community Center
- **Community Vision Screening Clinic**
  - October 19, 2025
  - Madrone High School



## Contact Info

Email - [lasgallinaslions@gmail.com](mailto:lasgallinaslions@gmail.com)

Website - <https://lasgallinaslions.com>

Follow Us 

@lasgallinaslions





# Marinwood Fall Art Show



Lanterns and Lines By Robert Gingg

**SATURDAY, OCTOBER 25TH**  
**3:00-7:00PM**

*Featuring works from local artists with the theme, "A Touch of Red"*

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**MARINWOOD COMMUNITY CENTER** 775 MILLER CREEK ROAD, SAN RAFAEL



# HALLOWEEN HARVEST FEST

With the Las Gallinas Lions Club Pumpkin Patch!



**Friday, October 10**  
**5:00-6:30 pm**  
**Marinwood Park**

More information at  
[www.marinwood.org](http://www.marinwood.org)

## Letters to Santa Claus

Children of all ages are invited to  
drop off letters to Santa at  
Marinwood's North Pole Mailbox  
located at the Community Center.

**December 2 - 17, 2025**

Don't forget to include your return  
address for Santa to respond!







A festive poster for a holiday concert. At the top, a string of colorful Christmas lights hangs across the frame. The background is a light blue sky with white snowflakes. In the center, three cartoon characters are dancing: a Santa Claus figure on the left, a smiling Christmas tree in the middle, and a large, colorful guitar on the right. The text 'JINGLE BELL JAZZ' is written in large, bold, white letters. Below it, 'A HOLIDAY CONCERT' is written in smaller, bold, white letters. To the left, a white box contains the date and time: 'FRIDAY DECEMBER 12TH 5:00 - 6:30PM'. Below this, a list of activities is provided: 'LIVE MUSIC', 'PHOTOS WITH SANTA (\$5/CHILD)', and 'JINGLE BELL BAR'. At the bottom left, the website 'WWW.MARINWOOD.ORG' is listed.

# JINGLE BELL JAZZ

A HOLIDAY CONCERT

**FRIDAY  
DECEMBER 12TH  
5:00 - 6:30PM**

- LIVE MUSIC
- PHOTOS WITH SANTA (\$5/CHILD)
- JINGLE BELL BAR

MORE INFORMATION AT  
[WWW.MARINWOOD.ORG](http://WWW.MARINWOOD.ORG)



A poster for a wine tasting event. On the left, there is a detailed illustration of a bottle of 'Red Wine' next to a bunch of grapes and a glass of red wine. The background is a light green color. The title 'Raise a Glass' is written in a large, elegant, cursive font. Below the title, 'WINE TASTING' is written in smaller, bold, red letters. To the right, a white box contains the date and time: 'SATURDAY MARCH 7TH' and '2:00-5:00PM'. Below this, the price '\$30' is listed. Further down, the text 'INCLUDES TASTINGS, A COMMEMORATIVE GLASS, LIVE MUSIC & HORS D'OEUVRES' is written. Below that, 'CHILDACRE AVAILABLE \$15 (AGES 3-8)' is listed. At the bottom, 'MARINWOOD COMMUNITY CENTER' is written. The poster is decorated with small red stars and a leafy branch in the top left corner.

# Raise a Glass

WINE TASTING

**SATURDAY  
MARCH 7TH**

**2:00-5:00PM**

**\$30**

INCLUDES TASTINGS, A COMMEMORATIVE GLASS, LIVE MUSIC & HORS D'OEUVRES

CHILDACRE AVAILABLE \$15 (AGES 3-8)

MARINWOOD COMMUNITY CENTER



## THREES TOGETHER

Ages 3-4

Our Threes Together class is a stimulating program that meets the developmental needs for three and four year olds. With small class sizes and a low student teacher ratio, we offer nurturing interactions, thoughtful and creative activities, and intentional support to our children as they begin their preschool experience. Each day, children will explore play materials that stimulate their imaginations, engage in art, play outside, and gather for circle time which includes puppetry, storytelling, and music.

Child must be 3 years old by September 1, 2025.  
\$150 Registration and Materials fee.

Instructor: Marinwood Staff



## MORNING SCHOOL

Ages 4-5

Similar in structure to our Threes Together Program, Morning School offers children a thriving environment to play and explore, with additional stimulation that caters to the older preschool child. With an emphasis on creative thinking and expression, Morning School provides rich opportunities to share, question, perform, role play, make decisions and construct. This final year of preschool prepares children for kindergarten with an enthusiastic and joyful outlook on learning.

Child must be 4 years old by December 1, 2025.  
\$150 Registration and Materials fee.

Instructor: Marinwood Staff



## THREES TOGETHER & MORNING SCHOOL

Ages	Day	Dates	Times	Fee
3-5	3 or 4 day options	Sept-May	9:30am-12:30pm	\$38/ day

Monday- Thursday (choice of 3 or 4 days)

Tuition: Monthly tuition is due the 1st business day of the month and will be automatically charged. There is no prorating for absences. Tuition is non-refundable. Your monthly tuition payment is based upon the number of school days per month.







## KICK IT - AFTER SCHOOL HANGOUT

Ages 1st-6th grade

Need something to do after school? Come kick it at Marinwood! This school year we will be offering an after-school hangout for 1st through 6th graders on Tuesdays, Wednesdays, and Thursdays. Sign up for one day per week or all three days at a 10% discount!

Kick It participants will get to spend time playing games, exploring the outdoors, swimming, hiking, goofing around, and more. We provide quality care for our participants in a safe, recreational environment that fosters friendship and promotes creative group and individual activities. The program will spend time both indoors and outdoors throughout the day, but more time will be spent outside, weather permitting.

Special enrichment elements will be offered once or twice per month, during which time Kick It participants will have the option of learning sewing, Lego Engineering, drama, sports, swimming lessons, arts & crafts, and more. The enrichment elements will be optional and offered at no additional cost to Kick It participants (with some exceptions).

Please note, Marinwood does not provide transportation. While subject to change, currently, parents are responsible for escorting their children to Marinwood Community Center as there is no bus service from the local schools.

Marinwood's Kick It will take place on school days Miller Creek School District is in session. The program will begin at school dismissal time for minimum days.

Instructor: Marinwood Staff

Ages	Day	Dates	Times	Fee
1st-6th grade	T/Th	August-June School Session	2:45-5:30pm	\$20/day
1st-6th grade	W	August-June School Session	1:50-5:30pm	\$20/day



## BABYSITTER'S TRAINING

Ages 10-14

Babysitting is an important job. You need safety and life skills to take care of and protect children. In the American Red Cross Babysitter's Training course, you will learn basic care giving, how to make good decisions, accident prevention and age appropriate play. You'll gain the confidence to make smart decisions and stay safe in any babysitting situation. Impress parents by earning your Babysitter's Training certificate! Please bring a pen/pencil, note paper, and lunch to class. Course fee includes American Red Cross Babysitter's handbook and certificate.

Instructor: Marinwood Staff

Ages	Day	Dates	Times	Fee
10-14	M	10/13	9:30am-2:30pm	\$98
10-14	Tu	12/23	9:30am-2:30pm	\$98





## IRISH DANCE - HEALY SCHOOL OF IRISH DANCE

Ages 5+

Intro to Irish Dance: Learn the basics of Irish Dance including drills, timing, and technique, as well as the reel and light jig.

Grade Level Solos: For dancers who have their reel and light jig to music. Dancers with light shoe only will be excused at 7:15pm.

Instructor: Healy School of Irish Dance

Class	Ages	Day	Dates	Times	Fee
Intro to Irish Dance	5+	Th	9/4-10/9	6:00-6:30pm	\$194/ 6 classes
Intro to Irish Dance	5+	Th	10/16-12/11 (No 11/20, 11/27)	6:00-6:30pm	\$194/ 7 classes
Intro to Irish Dance	5+	Th	1/8-2/26 (No 2/19)	6:00-6:30pm	\$194/ 7 classes
Grade Level Solos	5+	Th	9/4-10/9	6:30-7:30pm	\$194/ 6 classes
Grade Level Solos	5+	Th	10/16-12/11 (No 11/20, 11/27)	6:30-7:30pm	\$194/7 classes
Grade Level Solos	5+	Th	1/8-2/26 (No 2/19)	6:30-7:30pm	\$194/7 classes



## WATER POLO

Ages 8-14

This team is intended for girls and boys who would like to learn about this fast paced and fun water sport. The Marinwood Water Polo program is for those who have never played the sport and want to learn, or for players who have previously played and want to continue working on their skills. This is a super opportunity to learn how to play a great sport and/or improve and extend existing skills before entering high school. Instruction will include basic specialized swimming skills for water polo, passing, shooting, offense, defense, rules of the game, concepts of team play, and more as time permits. Players will get a chance to scrimmage in order to get a sense of how the overall game is played. This is a great launch point for being a confident and capable freshman high school player.

Space is limited, please contact Coach Chris Case to register at christophermcase@gmail.com or (415) 250-5443.

This program is not affiliated with any Marin Swim League swim team, nor any high school. All middle schoolers are welcome as long as they are water safe.

Instructor: Chris Case

Ages	Day	Dates	Times	Fee
8-10 Grade 3-5	M/W	8/25-10/1 No class 9/1	5:15-6:15pm	\$350
11-14 Grade 6-8	M/W	8/25-10/1 No class 9/1	6:15-7:45pm	\$350



## TAE KWON DO

Ages 6+

Your child will learn to defend themselves, gain self-confidence, and increase mental concentration. This program is designed to develop motor skills, balance, and self-discipline. Both boys and girls are encouraged to experience this fun and confidence building program. This is a non-competitive curriculum. The instructor will announce belt testing dates and an optional TKD uniform may be purchased through the instructor. Students not purchasing a uniform should wear loose fitting clothing that they can move around in easily. Students may enroll mid-session, drop in, or register for one day per week.

**Advanced Tae Kwon Do must have instructor approval.**

Instructor: Master Hyo Sim

**BEGINNING TAE KWON DO (AGES 6-7)** Drop in rate: \$18 class

Ages	Day	Dates	Times	Fee
6+	T/Th	9/9-10/9	3:30-4:00pm	\$164/ 10 classes
6+	T/Th	10/14-11/6	3:30-4:00pm	\$132/ 8 classes
6+	T/Th	11/13-12/18 No 11/25, 11/27	3:30-4:00pm	\$148/ 9 classes
6+	T/Th	1/6-2/12	3:30-4:00pm	\$196/ 12 classes

**BEGINNING TAE KWON DO (AGES 7+)** Drop in rate: \$22 class

Ages	Day	Dates	Times	Fee
7+	T/Th	9/9-10/9	4:00-4:45pm	\$204/ 10 classes
7+	T/Th	10/14-11/6	4:00-4:45pm	\$164/ 8 classes
7+	T/Th	11/13-12/18 No 11/25, 11/27	4:00-4:45pm	\$184/ 9 classes
7+	T/Th	1/6-2/12	4:00-4:45pm	\$244/ 12 classes

**ADVANCED TAE KWON DO (AGES 7+)** Drop in rate: \$24 class

Ages	Day	Dates	Times	Fee
7+	T/Th	9/9-10/9	4:45-5:30pm	\$224/10 classes
7+	T/Th	10/14-11/6	4:45-5:30pm	\$180/ 8 classes
7+	T/Th	11/13-12/18 No 11/25, 11/27	4:45-5:30pm	\$202/ 9 classes
7+	T/Th	1/6-2/12	4:45-5:30pm	\$268/ 12 classes

## WHITE CRANE SILAT KUNTAO - PLAY BASED CONDITIONING

Ages 6-15

White Crane Silat is a Chinese Indonesian martial art with roots in the kung fu diaspora. In this upbeat, play based warm up for kids we have fun jumping, rolling, sliding, falling, animal inspired movement and breath, using obstacles and games to develop awareness, alertness, grounding, centering, balance, coordination, and a vocabulary of novel functional movement. Drop in fee: \$20.

Instructor: Maggie Dawson

Ages	Day	Dates	Times	Fee
6-15	W	9/3-10/29	4:00-4:45pm	\$139/ 9 classes
6-15	W	11/5-12/17 No 11/26	4:00-4:45pm	\$94/ 6 classes

## WHITE CRANE SILAT KUNTAO- RANK PROMOTION TRACK

Ages 9-15

In this class kids learn PBG standardized list of movements which qualify them for belt testing and rank promotion in White Crane Silat. Students develop focus, courage, and determination as they integrate a growingly sophisticated repertoire of movement, including short movements, long forms, acrobatics and throws. Listening and willingness to focus are a prerequisite for this class. Drop in fee: \$25.

Instructor: Maggie Dawson

Ages	Day	Dates	Times	Fee
9-15	W	9/3-10/29	4:00-5:30pm	\$184/ 9 classes
9-15	W	11/5-12/17 No 11/26	4:00-5:30pm	\$124/ 6 classes





## YOUTH TENNIS

Ages 5-14

### Swingers - Ages 5-7

These little swingers learn the FUNdamentals of tennis. The basic strokes and court sense will be introduced through fun drills and games.

### Junior Beginner - Ages 8-14

Tennis is a game, so let's have fun learning forehands, backhands, volleys, smashes, and serving in a fun progressive program.

### Junior Intermediate/Advanced - Ages 9-14

For the player who has graduated from beginner to an intermediate/advanced level. Consistency, accuracy, and power will be stressed through fun drills and match play.

### Junior League - Ages 9-14

This is an introduction to competitive tennis including practices and matches. **Players must know how to play the game and must have permission from coach to join the league.** If you know your child will participate in the whole season, sign up early for all sessions.

For questions please call Jerry Mehciz at (707) 235-0973. Parents are responsible for getting players to "away" matches and providing snacks and drinks for "home" matches. League matches are held on Fridays at various locations in Marin from 4:00-6:00pm.

Instructor: Jerry Mehciz

Class	Day	Dates	Times	Fee
Swingers	Tu/Th	9/9-9/25	3:00-3:30pm	\$88/6classes
Swingers	Tu/Th	9/30-10/16	3:00-3:30pm	\$88/6 classes
Swingers	Tu/Th	10/21-11/6	3:00-3:30pm	\$88/6 classes
Beginner	Tu/Th	9/9-9/25	3:30-4:30pm	\$118/6 classes
Beginner	Tu/Th	9/30-10/16	3:30-4:30pm	\$118/6 classes
Beginner	Tu/Th	10/21-11/6	3:30-4:30pm	\$118/6 classes
Int/Adv	Tu/Th	9/9-9/25	4:30-5:30pm	\$118/6 classes
Int/Adv	Tu/Th	9/30-10/16	4:30-5:30pm	\$118/6 classes
Int/Adv	Tu/Th	10/21-11/6	4:30-5:30pm	\$118/6 classes
Jr. League	M/W/F	9/8-10/3	4:00-5:30pm	\$316/12 classes
Jr. League	M/W/F	10/6-11/3 No class 10/31	4:00-5:30pm	\$316/12 classes







## THE ART OF CLAY WITH MS. PAULA

Ages 1st-3rd grade

In this class, the Artists will learn different techniques and skills to help them exercise their creativity using air dry clay, model magic and sculpey. They will expand their imagination and explore the methods of coiling, slab building and relief work, molding and pinching. Their designs and notes will be recorded in their sketchbooks to encourage self expression and boost confidence. Enchanting 2 and 3 dimensional masterpieces will be coming home!

Instructor: Paula Ockner

Location: Lucas Valley Elementary School Room E7, Art Studio

Ages	Day	Dates	Times	Fee
1st-3rd grade	W	9/10-10/8	1:50-3:00pm	\$280/ 5 classes

## JUST FOR FUN ARTFUL ADVENTURES

Ages 1st-3rd grade

Get ready to create some fun! The Artists will go on an imaginary tour through the world's greatest art museums, inspiring creativity through exposure to the fundamentals of artist's tools, techniques and art forms, many inspired by the masters. This session is creatively educational, whimsical and unconventional, these art-ventures will give the children an entry into a world of artistic wonder.

Instructor: Paula Ockner

Location: Lucas Valley Elementary School Room E7, Art Studio

Ages	Day	Dates	Times	Fee
1st-3rd grade	W	10/15-11/12	1:50-3:00pm	\$280/ 5 classes

## CLAYTIME WITH MS. PAULA

Ages 3rd - 5th grade

Creativity and imagination is all you need for this hands on clay class. Artists will explore and express their ideas to develop their skills with hand-building, shaping and molding clay, as well as using the beginners pottery wheels. They will make cute bowls, small animal creatures and other fun creations.

Instructor: Paula Ockner

Location: Lucas Valley Elementary School Room E7, Art Studio

Ages	Day	Dates	Times	Fee
3rd - 5th grade	Th	9/25-10/30	2:35-4:00pm	\$325/ 6 classes

## HOLIDAY CRAFT WORKSHOP

Ages K- 5th grade

Engaging in holiday crafts is a fantastic way to celebrate the festive season with kids and create lasting memories. Your child's imagination will be sparked this holiday season with engaging craft ideas, using salt dough, designing paper crafts , molding model magic and more. They will create a variety of Holiday gifts and enjoy the busy arty atmosphere.

Instructor: Paula Ockner

Location: Lucas Valley Elementary School Room E7, Art Studio

Ages	Day	Dates	Times	Fee
K-5th grade	W	12/10	1:50-3:15pm	\$70
K- 5th grade	Th	12/11	2:35-4:15pm	\$70



## MORNING MASTERPIECES WITH MS. WINTER

Start the day with calm creativity in this cross-grade, before-school art class. Students will explore a wide range of materials and express themselves in a relaxed, welcoming space filled with gentle music—an inspiring way to begin the day with intention and mindfulness.

Instructor: Ms. Winter

Location: Mary E. Silveira Elementary School

Please check website for additional information.

## ART & SOUL FRIDAYS WITH MS. WINTER

Join Ms. Winter each Friday afternoon for a joyful art experience that nurtures creativity and self-expression. Artists will explore a variety of materials—from clay to printmaking—as they learn new techniques and create meaningful pieces. Each session is designed to spark imagination, build confidence, and feed the soul through hands-on making and artistic freedom.

Instructor: Ms. Winter

Location: Mary E. Silveira Elementary School

Please check website for additional information.

## PLAYWELL TEKNOLOGIES LEGO ENGINEERING WORKSHOPS

At Play-Well TEKnologies, we know that kids are already naturally gifted creators. What we strive to provide is an environment where students can create without fear of mistakes, explore fundamental STEM concepts through play, and express their creativity in ways they never thought possible.

With tens of thousands of LEGO® pieces and the guidance of our passionate instructors, the possibilities are truly endless!

Instructor: Playwell

Please check website for additional information.



## NAOFA FLAG FOOTBALL GAME DAY - VETERANS DAY

Ages 6-11

Flag Football game day is a kid's favorite. This one-day program is perfect for kids who want to play, play, and play all day long! Games include a 7v7 scrimmage, QB Challenge, Defense Challenges, and more. This clinic features a day filled with fun challenges, games, and daily competitions in a positive and energetic environment.

Instructor: National Academy of Athletics

Ages	Day	Dates	Times	Fee
6-11	T	11/11	9:00am-12:00pm 9:00am-2:00pm	\$54 \$69

## NAOFA ALL SPORTS JR. ACADEMY GAME DAY - VETERANS DAY

Ages 3-5-5

The All Sorts of Sports Jr Academy coed Camp by National Academy of Athletics is packed with fun. Whether your child is a beginner or more experienced player, this multi-sport camp is a perfect place for kids to be introduced to the world of sports, teamwork and athletics! Games we play include, basketball, dodge ball, soccer, kickball, flag football, capture the flag, ultimate Frisbee & obstacle races and a whole lot more. Your children will learn new skills while having a blast and making new friends

Instructor: National Academy of Athletics

Ages	Day	Dates	Times	Fee
3-5 - 5	T	11/11	9:00am-12:00pm	\$64





## NAOFA BASKETBALL CAMP- THANKSGIVING BREAK

Ages 6-11

The All Sorts of Sports coed Camp by National Academy of Athletics is packed with fun. Whether your child is a beginner or more experienced player, this multi-sport camp is a perfect place for kids to be introduced to the world of sports, teamwork and athletics! Games we play include, basketball, dodge ball, soccer, kickball, flag football, capture the flag, ultimate Frisbee & obstacle races and a whole lot more. Your children will learn new skills while having a blast and making new friends.

Instructor: National Academy of Athletics

Location: Miller Creek Middle School

Ages	Day	Dates	Times	Fee
6-11	M/T	11/24-11/25	9:00am-12:00pm 9:00am-2:00pm	\$99 \$124

## NAOFA ALL SPORTS GAME DAY - MLK DAY

Ages 3.5-5 & 6-11

The All Sports Game Day is a perfect place for kids to be introduced to the world of sports and an active, healthy lifestyle. This multi sport day may include basketball, soccer, flag football, wiffleball, kickball and more. These games teach children sport specific skills while learning the importance of teamwork, losing and winning with dignity, and communication with friends and peers.

Instructor: National Academy of Athletics

Ages	Day	Dates	Times	Fee
3.5-5	M	1/19	9:00am-12:00pm	\$64
6-11	M	1/19	9:00am-12:00pm 9:00am-2:00pm	\$54 \$69



## NAOFA ALL SPORTS JR. ACADEMY CAMP- THANKSGIVING BREAK

Ages 3.5-5

The All Sorts of Sports Jr Academy coed Camp by National Academy of Athletics is packed with fun. Whether your child is a beginner or more experienced player, this multi-sport camp is a perfect place for kids to be introduced to the world of sports, teamwork and athletics! Games we play include, basketball, dodge ball, soccer, kickball, flag football, capture the flag, ultimate Frisbee & obstacle races and a whole lot more. Your children will learn new skills while having a blast and making new friends.

Instructor: National Academy of Athletics

Location: Miller Creek Middle School

Ages	Day	Dates	Times	Fee
3.5-5	M/T	11/24-11/25	9:00am-12:00pm	\$99

## NAOFA ALL SPORTS CAMP - MID WINTER BREAK

Ages 3.5-5 & 6-11

The All Sports Game Day is a perfect place for kids to be introduced to the world of sports and an active, healthy lifestyle. This multi sport day may include basketball, soccer, flag football, wiffleball, kickball and more. These games teach children sport specific skills while learning the importance of teamwork, losing and winning with dignity, and communication with friends and peers.

Instructor: National Academy of Athletics

Ages	Day	Dates	Times	Fee
3.5-5	M-F	2/16-2/20	9:00am-12:00pm	\$249
6-11	M-F	2/16-2/20	9:00am-12:00pm 9:00am-2:00pm	\$239 \$269





## WINTER BREAK CAMP

Ages 3-11 (3 years - 6th grade)

Join Marinwood for winter break camp! Your child will have a blast participating in winter games, themed crafts, park time, and sports. Campers will spend time indoors and outdoors for the session with some of their favorite camp counselors. This camp fills up quickly so register soon!

**Camp Scrub Jay: Ages 3-5 (3 years-K)**

**Camp Evergreen: Ages 6-7 (1st-2nd grade)**

**Camp Winterberry: Ages 8-11 (3rd-6th grade)**

No drop-in availability. Space is limited, please register early! Sibling discount: \$20, applied at registration.

Instructor: Marinwood staff

Day	Dates	Times	Fee
M-W	Week 1: 12/22-12/24	9:00am-3:00pm	\$184/Resident \$216/Non-Resident
M-W	Week 2: 12/29-12/31	9:00am-3:00pm	\$184/Resident \$216/Non-Resident

## WINTER BREAK-BEFORE & AFTER CARE

Ages 3-11 (3 years - 6th grade)

	Day	Dates	Times	Fee
Before Care	M-W	Week 1 or Week 2	8:00-9:00am	\$33
After Care	M-W	Week 1 or Week 2	3:00-5:00pm	\$66
Before & After Care	M-W	Week 1 or Week 2	8:00-9:00am & 3:00-5:00pm	\$94



## MID-WINTER BREAK CAMP

Ages 4-11 (Pre-K - 6th grade)

Have fun this week at Mid-Winter Break Camp! Campers will spend their school break exploring the forest of Marinwood, playing lots of sports and games and monkeying around on the playground. Campers will participate in games and sports, arts and crafts, cone ball and more! This camp fills up quickly so register soon!

**Camp Bunny Slope: Ages 4-5 (Pre-K and K)**

**Camp Snowshoe: Ages 6-7 (1-2nd Grade)**

**Camp Bobsled: Ages 8-11 (3-6th Grade)**

No drop-in availability. Space is limited, please register early! Sibling discount: \$20, applied at registration.

Instructor: Marinwood Staff

Day	Dates	Times	Fee
T-F	2/17-2/20	9:00am-3:00pm	\$246/Resident \$288/Non-Resident

## MID-WINTER BREAK-BEFORE & AFTER CARE

Ages 4-11 (Pre-K - 6th grade)

	Day	Dates	Times	Fee
Before Care	T-F	2/17-2/20	8:00-9:00am	\$44
After Care	T-F	2/17-2/20	3:00-5:00pm	\$88
Before & After Care	T-F	2/17-2/20	8:00-9:00am & 3:00-5:00pm	\$127





## MAGGIE DAWSON - WHITE CRANE SILAT INSTRUCTOR

Maggie Dawson is a 20-year practitioner of White Crane Silat who practices globally. Her laurels include two years under tutelage of the grandmaster, Suhu Gunawan Rahardja in West Java. Prior to that, several years in residence at the Esalen Institute root Maggie in the practice of somatic movement for healing. Kindhearted, personable, spontaneous and precise, Maggie energetically empowers each student through the metaphor of the conscious physical. Based in Marin County, she's been teaching silat as a vehicle for awakening since 2010. When not teaching and practicing, Maggie is using her presence and mindful words to raise a powerful and compassionate kid.

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## ALAINA HESS - PRESCHOOL SUPERVISOR

Alaina Hess has been working in the Childcare/Education field for over 14 years in Marin Country. Starting as a babysitter and making her way to Preschool Teacher, where she found her passion. She graduated from San Francisco State University with a Bachelor's Degree in Psychology and earned her Early Childhood Education credits at the College of Marin.

"I've always had a passion for working with children. I believe that Preschool is important for a child's social and emotional growth. At Marinwood we are committed to providing a safe and loving environment while guiding children as they form the key building blocks for their eventual kindergarten education"

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## JERRY MEHCIZ - TENNIS INSTRUCTOR

Jerry Mehciz has been teaching tennis as a career since 1987. He is part of the United States Professional Tennis Association and is ranked "elite". Jerry is also part of the Babolat Pro Staff. Although his tennis career has taken him to many places (Instructional Editor of Inside Tennis Magazine, Head Pro at Tiburon Peninsula Club, Tennis Director of Marin Country Club), he has always had an affection for Marinwood. "The people here in the Marinwood area are great. The way they live reminds me of where I grew up in the Midwest...family values and having fun doing it".

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## MASTER HYO SIM - TAE KWON DO INSTRUCTOR

Master Sim is an 8th Dan Black Belt. He has been a student of Martial Arts since late 1968 and has been sharing with others since 1980. He was a national collegiate champion and coached national and international level black belt competitors. Master Sim has worked with AAU TKD promoting their Jr. Olympics program, as well as initiate events for USTU/USTA (National Governing Body for TKD). However, he is best known amongst his peers for his tutorage of children in using TKD for their character building.





## NATIONAL ACADEMY OF ATHLETICS

The NAofA sport programs for kids are specifically designed to help players of all abilities. The goal is to have tons of fun, learn sport-specific skills, and gain confidence on and off the field. We teach children about success, failure, and what it means to be part of a team. Our coaches provide an enthusiastic place for kids to fall in love with their chosen sport. All programs are led by a highly trained team of NAofA Certified coaches and instructors who are carefully selected to ensure each camper's safety, skill development & individual enjoyment. We encourage all our campers to play with confidence, enthusiasm and a love for the game.

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## HEALY IRISH DANCE

The Healy School of Irish Dance was established in 1870. The Healy School holds the record for the longest running Irish dance school in the world, with lessons taught by 4th generation ADCRG PattiAnn Ranum, and her daughter, 5th generation TCRG Alisa Belew. The Healy School competes locally and at world level and teaches all levels from beginners through Championship. Some of the highlights of the year besides competition are performing at the Giants Irish Heritage Nights, marching in the San Francisco St. Patrick's Day parade, and doing shows locally for the Marin Irish American Club, Marin County Fair, etc. We look forward to welcoming you into our Healy family!



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[www.tamadulted.org](http://www.tamadulted.org)



**It's Never Too Late  
to Improve your life!**

**LEARN** English as a Second Language

**TRAIN** as a Home Care Aide or Medical  
Front Office Assistant

**ACHIEVE** your High School Diploma or GED

**Pre-register for FREE Classes at any time!**

Pre-register now for the FALL semester on the TAS  
website: [www.tamadulted.org](http://www.tamadulted.org) and click on the link  
for the program you're interested in.

## English as a Second Language (ESL)

### Night Classes

**6-8:15 pm**

**LARKSPUR**, Redwood High  
School  
Tuesday & Thursday

**SAN RAFAEL**, Bahia Vista  
Elementary School:  
Monday & Wednesday

**SAN ANSELMO**, Archie Williams  
High School:  
Monday & Wednesday

### Daytime Class

**San Rafael**, Albert J Boro  
Community Center  
Monday & Wednesday  
8:45am -10:45am

### ESL Online Zoom

Monday and Wednesday  
5:30-7:30 pm

## High School Diploma or GED

### GED Night Classes

**6-8:30pm**

**LARKSPUR**, Redwood High  
School

Math & Science  
Monday & Wednesday

English & Social Studies  
Tuesday & Thursday

### High School Diploma

Tuesdays 5-6 pm

### GED Online Zoom

Multi-subject GED Prep  
Wednesday & Thursday



## Healthcare Pathways

### Medical Front Office Assistant

Learn the skills needed to  
provide Medical Front Office  
Assistance. Become CPR cer-  
tified and get ready for the  
workforce. 8 week session,  
two (3 hr) classes per week.

### Home Care Aide

Learn the skills needed to  
provide Home Care and earn  
a certificate to work in this  
field. CPR Certification pro-  
vided. 10 Sessions with guest  
speakers.

### Introduction to Healthcare Workshop

A 1-day workshop offered  
three times per year to  
learn about the growing  
healthcare jobs in Marin.  
County. CPR Certification.





## PILATES

Ages Adults 15+

**Dynamic Mat Pilates:** Pilates is an incredible form of movement that connects us deep into our core. The practice emphasizes moving mindfully with intention and awareness; this is what creates a powerful mind-body connection. This class will combine the elements of physical strengthening and therapeutic exercises. We will explore the fundamentals of Pilates to create a deeper understanding of the exercises and increase overall body awareness. Modifications will be offered.

Drop-ins: \$25

Instructor: Janet Carter

Day	Dates	Time	Fee
F	9/5-10/17 No class: 10/3	9:00-9:45am	\$124/ 6 classes
F	10/24-12/12 No Class: 10/31, 11/28	9:00-9:45am	\$124/ 6 classes



## DISCOVER YOUR AMAZING IMPROV TALENT PLAYBACK THEATER IN ACTION

Ages Adults 15+

Playback Theater is a powerful and unique form of improvisational theater where real-life stories take center stage. In this course, you'll tap into your natural creativity and empathy as you learn to bring personal stories—funny, sad, surprising, or deeply moving—to life in spontaneous theatrical vignettes.

Participants will share true experiences from the past or present and explore how to transform them into meaningful, unscripted performances. You'll develop your improv skills, deepen your listening, and build ensemble connection in a safe and supportive space.

No prior theater experience needed—just a willingness to play, reflect, and discover the amazing performer within you.

Instructor: Benny Buettner

Day	Date	Time	Fee
Th	10/2-11/13 No Class: 10/23	6:30-8:30pm	\$124/6 classes

## TENNIS - ADULT CLASSES

Ages Adults 15+

**Adult Beginner:** Have you always wanted to learn tennis? Now here is your chance. All you need is a pair of sneakers and a racket to join in on the fun. The basics will be covered as well as scoring and playing. Class size is small, so register early.

**Adult Intermediate/Advanced:** For the player who has prior experience and would like drills to sharpen skills. The last half hour is reserved specifically for playing, using skills, and strategies learned in the lessons. This should be a "C" or 3.0 or higher player. Class is limited to eight players.

Instructor: Jerry Mehciz

Location: Marinwood Courts

Class	Day	Dates	Time	Fee
Beginner	T/Th	9/9-9/25	6:00-7:00pm	\$142/6 classes
Beginner	T/Th	9/30-10/16	6:00-7:00pm	\$142/6 classes
Beginner	T/Th	10/21-11/6	6:00-7:00pm	\$142/6 classes
Int/Adv	T/Th	9/9-9/25	7:00-8:30pm	\$178/6 classes
Int/Adv	T/Th	9/30-10/16	7:00-8:30pm	\$178/6 classes
Int/Adv	T/Th	10/21-11/6	7:00-8:30pm	\$178/6 classes

## TENNIS - ADULT DOUBLES CLASSES

Ages Adults 15+

**Adult Beginner Doubles:** Have you always wanted to learn tennis? Now here is your chance. All you need is a pair of sneakers and a racket to join in on the fun. The basics will be covered as well as scoring and playing. Class size is small, so register early.

**Adult Intermediate/Advanced Doubles:** For the player who has prior experience and would like drills to sharpen skills. The last half hour is reserved specifically for playing, using skills, and strategies learned in the lessons. This should be a "C" or 3.0 or higher player. Class is limited to eight players.

Instructor: Jerry Mehciz

Location: Marinwood Courts

Class	Day	Dates	Time	Fee
Beginner	M/F	9/8-9/26	10:30am-12:00pm	\$142/6 classes
Beginner	M/F	9/29-10/17	10:30am-12:00pm	\$142/6 classes
Beginner	M/F	10/20-11/7	10:30am-12:00pm	\$142/6 classes
Int/Adv	M/F	9/8-9/26	9:00-10:30am	\$178/6 classes
Int/Adv	M/F	9/29-10/17	9:00-10:30am	\$178/6 classes
Int/Adv	M/F	10/20-11/7	9:00-10:30am	\$178/6 classes



Do you see anything wrong with this photo?



## LAS GALLINAS LIONS CLUB

Ages Adults 15+

The Las Gallinas Lions Club is Marinwood's only service club - our motto is "We Serve". Typical service activities include Vision Screening Clinics for school age children, seniors, and people in Marin's lower income communities. We also offer free eye-exams and glasses, supporting isolated seniors and other people in need. We sponsor the Annual Marinwood Halloween pumpkin patch & Easter Egg Hunt for the children in our community. We fund-raise throughout the year, Drive-By Crab Feed & County Fair Parking, to donate back to organizations such as the Vision Impaired of Marin, SF-Marin Food Bank, Marin Villages, local youth sports teams and our Community Services District. Membership is open to community and service-minded adults who would like to know more about Marinwood and contribute toward helping others and improving our community. There are no minimum attendance or service requirements to be a member - come to meetings or events as your schedule allows! We welcome volunteers to support our service projects and hope you will consider joining us. To learn more, check our website at [www.lasgallinaslions.com](http://www.lasgallinaslions.com) or email us at [lasgallinaslions@gmail.com](mailto:lasgallinaslions@gmail.com). Follow us on Facebook or Instagram for upcoming event information - @lasgallinaslions

Day	Dates	Time	Fee
1st Wed. - Zoom	Ongoing-Monthly	7:00-9:00pm	\$80/ year
3rd Wed. - Social dinner meeting at the Marinwood Community Center			\$120/ year for family



Photos courtesy of Brian Dettor Photography



## Gentle Care Agency

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*Our skilled & experienced caregivers are available to assist with:*

**Activities of Daily Living**

- Bathing
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- Dressing
- Toileting
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- Meal Preparation
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- Medication Reminders
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**Transportation**

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- Errands
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## BEGINNERS AMERICAN MAH JONGG

Ages Adults 15+

American Mah Jongg is an exciting game with Chinese origins that uses tiles with symbols, numbers and pictures. The instructor, Carol Neel will teach basic fundamental components over the course of four weeks; such as identification and distribution, how to interpret the National Mah Jongg League (NMJL) card, etiquette rules and strategy. She provides the information in a supportive, learning environment. Each class is taught in a specific sequence so it is crucial not to miss any classes. This course is ideal for beginners or "rusty" players. This is a great game to learn with friends and family. It is typically played with four people. A \$15 Mah Jongg required card is included in the class fee.

Instructor: Carol Neel

Day	Date	Time	Fee
Th	9/4-9/25	12:30-3:00pm	\$79/ 4 classes
Th	10/2-10/23	12:30-3:00pm	\$79/ 4 classes
Th	10/30-11/20	12:30-3:00pm	\$79/4 classes

## AMERICAN MAH JONGG OPEN PLAY

Ages Adults 15+

Join us every Wednesday for American Mah Jongg Open Play at the Marinwood Community Center. This is open to all levels of players who have a basic understanding of the rules. There will be tables for beginner, immediate and advanced players. Those of you that have your own sets and table covers, please bring them. Marinwood Community Center does not provide sets so we depend on your personal sets. All tables will start play at 1:00 p.m. \$2.00 charge per person per week. No food will be allowed but please bring your personal water bottles.

Day	Date	Time	Fee
W	8/27-5/27 No Class: 11/26, 12/24, 12/31, 2/18, 4/8	1:00-4:00pm	\$2/per class



## CPR/AED AND FIRST AID

Ages Adults 15+

**CPR Classic-** This comprehensive American Red Cross course certifies participants in CPR, AED, and First Aid for 2 years. The course is designed to train participants how to recognize and respond to emergencies involving injuries, illnesses, and life threatening situations. This class is perfect for employees of day cares, gyms, preschools, nursing homes, and anybody interested in learning how to save a life.

**CPR Blended Learning-** The same comprehensive American Red Cross course but with a portion of the class offered from the comfort of your home. The Blended Learning class requires participants to complete an online portion prior to attending the class. (Online portion can take anywhere from 1-3 hours depending on the participants pace of learning and prior knowledge.) All registration must be completed 7 days prior to the start of class.

Any questions please call John Paul Kessler at (415) 479-0775

Instructor: Marinwood Staff

Course	Day	Dates	Time	Fee
Classic	Th	9/18	5:00-9:00pm	\$125
Blended Learning	Th	10/23	5:30-8:00pm	\$125
Classic	Th	11/20	5:00-9:00pm	\$125
Blended Learning	Th	12/18	5:30-8:00pm	\$125



## WHITE CRANE SILAT KUN TAO - ADULT CONDITIONING MOVEMENT

Ages Adults 15-65

Are you looking to improve your fitness? Balance the body? Harmonize the mind? White Crane Silat is a Chinese Indonesian martial art. Our traditional, holistic system addresses the contemporary need to cultivate strength, balance, flexibility, relaxation, grounding, spatial intelligence, confidence and community. We do this using barefoot sliding footwork, rolling, breathing, forms and partner exercises. Practice begins in a circle, with the breath. We finish every class with a tea party.

Classes are tailored to participants. Ideal attire is loose white t-shirt and pants. Older students may join with Instructor approval. Drop in \$20/class as exact change to the instructor.

Weekend Schedule changes, please see specific dates below for class times.

Instructor: Maggie Dawson

Day	Date	Time	Fee
Sat	8/30-9/27, Final class - Sun 10/5	10:00am-12:00pm 10/5: 1:30-4:00pm	\$64/6 classes
Sat	11/1-12/20 (No 11/29)	10:00am-12:00pm	\$74/7 classes
Sat	1/3-2/28	10:00am-12:00pm	\$94/9 classes

## ZUMBA®

Ages Adults 15+

Perfect for everybody and every body. Each Zumba® class is designed to bring people together to sweat and smile. How it works: We take the "work" out of workout, by mixing low intensity and high intensity moves for an interval style, calorie burning dance fitness party. This class fuses hypnotic rhythms and easy to follow moves to create a high energy, calories blasting, total body dance based workout. The perfect combo of fun and fitness has made Zumba® classes a worldwide phenomenon. Benefits: A total workout, combining all elements of fitness - cardio, muscle conditioning, balance and flexibility, boosted energy, and a serious dose of awesome each time you leave class.

No online registration. All fees paid to Instructor at class.

Instructor: Chrissy Costello

Day	Date	Time	Fee
M/T	Ongoing	6:00-7:00pm	\$15/class or \$125/ 10 class card





## FALL SENIOR STROLL

Ages Adults 60+

Join our Recreation Supervisor John Paul Kessler as you take leisurely strolls throughout the beautiful neighborhoods of Marinwood. A great way to stretch your legs, see the sights and meet your neighbors! To inquire about the stroll route, please contact the Community Center at 415-479-0775.

Day	Date	Time	Fee
W	9/17	10:00am	Free
W	10/22	10:00am	Free
W	11/19	10:00am	Free
W	12/17	10:00am	Free



Sunset on the Path by Michael Friedland

## WATERCOLOR WORKSHOP

Ages Adults 15+

In this one-day workshop, you will spend the morning learning all about the fundamentals of painting with watercolor. Transparent watercolor is different from all other media and as such has some quite different aspects about how it is used. We'll cover the materials used with watercolor, the ways that we apply watercolor to (its very particular) paper, color theory and color mixing, what a classic palette of colors is. We'll discuss the importance of drawing (and drawing directly with the brush) as well as values and design/composition. We'll stop for a half hour lunch break (bring your lunch), during which we'll discuss the incredible history of watercolor painting in California. In the afternoon, we'll work together step by step to make a watercolor painting.

**Each student should come to class with one sheet of Arches 140lb. Cold Press watercolor paper (approx. \$10). Paints, palettes and brushes will be available.**

Students will leave this workshop with a good grounding in how to work with this wonderful medium and a painting of their own!

Instructor: Michael Friedland

Please check website for dates and fees.





## JANET CARTER - PILATES INSTRUCTOR

Janet teaches Yoga and Pilates in Marin and San Francisco. She believes that practice is a journey of self discovery and internal transformation that helps to cultivate a more mindful way of living. Janet's classes are fun and upbeat with the opportunity for students to challenge themselves as they develop strength, balance, and flexibility. Her sequencing is grounded in the principles of alignment and breath awareness, offering a dynamic and centering practice. Janet also teaches Yoga and Mindfulness to kids and teens.

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## CHRISSY COSTELLO - ZUMBA® INSTRUCTOR

"I've been passionate about dance my entire life - Salsa, Samba, Afro-Brazilian, Capoeira, Hip-Hop, South African House...the list goes on. If you've never tried Zumba, now is the time to start. No previous experience is necessary. The only goal is to have a blast while getting a great workout. The more you come, the easier and more enjoyable it gets (as you familiarize with the choreography). Smiling and sweating are the ultimate goals. If you have any questions, please don't hesitate to contact me at [christine.o.costello@gmail.com](mailto:christine.o.costello@gmail.com)."

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## JERRY MEHCIZ - TENNIS INSTRUCTOR

Jerry Mehciz has been teaching tennis as a career since 1987. He is part of the United States Professional Tennis Association and is ranked "elite". Jerry is also part of the Babolat Pro Staff. Although his tennis career has taken him to many places (Instructional Editor of Inside Tennis Magazine, Head Pro at Tiburon Peninsula Club, Tennis Director of Marin Country Club), he has always had an affection for Marinwood. "The people here in the Marinwood area are great. The way they live reminds me of where I grew up in the Midwest...family values and having fun doing it".

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## CAROL NEEL - MAH JONGG INSTRUCTOR

Carol has taught Beginners American Mah Jongg throughout Marin for approximately 10 years. She began playing Mah Jongg after her beginner classes at Bel Marin Keys. Since then she has played consistently throughout Marin in addition to teaching. She believes that "the more you play, the better you play".

She loves the excitement as each student realizes that they can play Mah Jongg by the fourth week. She wants to share her knowledge and her joy of playing Mah Jongg throughout the community.



### MICHAEL FRIEDLAND - WATERCOLOR INSTRUCTOR

Michael studied painting and design at Paier College of Art, Coronado School of Fine Art and Philadelphia College of Art. Retired now from a forty year career as a designer, he has been teaching painting (with watercolor) for the last eight years. He teaches in San Rafael, Corte Madera and Tiburon. He helps with CWA's Community Outreach program teaching Vietnam veterans in Oakland. He taught design at a university in Montréal and at the Academy of Art University in San Francisco. He teaches for several weeks each year at Yosemite in their artists in residency program. Michael is on the California Watercolor Association's board and is Director of their National Exhibition. He is an elected member of the Baywood Artists, a group that paints together each summer (en plein air) to fundraise for non-profit environmental organizations through an annual show and sale in the Fall.



### BENNY BUETTNER - IMPROV INSTRUCTOR

Benny is an experienced, charismatic drama educator with 20+ years in playback theater as an actor, producer, and teacher. Passionate about fostering creativity and self-expression through ensemble-building and storytelling. SAG-AFTRA actor with national and international film/TV credits, bringing real-world industry insight into the classroom.



### MAGGIE DAWSON - WHITE CRANE SILAT INSTRUCTOR

Maggie Dawson is a 20-year practitioner of White Crane Silat who practices globally. Her laurels include two years under tutelage of the grandmaster, Suhu Gunawan Rahardja in West Java. Prior to that, several years in residence at the Esalen Institute root Maggie in the practice of somatic movement for healing. Kindhearted, personable, spontaneous and precise, Maggie energetically empowers each student through the metaphor of the conscious physical. Based in Marin County, she's been teaching silat as a vehicle for awakening since 2010. When not teaching and practicing, Maggie is using her presence and mindful words to raise a powerful and compassionate kid.

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# WELCOME TO THE MARINWOOD POOL!

Conveniently located just a mile off Highway 101, nestled between a lush forest and the majestic Marinwood hills, this aquatic oasis may be the best-kept secret in Marin. Boasting gorgeous views, top-notch swimming programs, and a highly trained lifeguard staff, this is the pool to call home this fall. Whether getting your workout in, throwing your kids' birthday party, learning to swim, or just basking in the sun, the Marinwood Pool is where happiness happens.

## FEATURES:

- 2 giant waterslides
- 1 ½ foot tot pool (6 yrs & under)
- 5 lane lap pool with deep end
- Plenty of shade & plenty of seating
- Snacks, ice cream, ping pong, good tunes
- Ample parking

## PROGRAMS:

- Marinwood Swim Academy (high quality group & private swim lessons)
- Affordable Pool Party Rentals
- Lifeguard Training Classes
- Recreation Swim
- Adult Lap Swim
- Water Polo



## FALL SWIM LESSONS

It's never too late to learn to swim!

Weekend lessons are available for online registration. Saturdays or Sundays 12:00/12:30, through end of September.

Limited availability for weekday lessons between 2-4pm depending on instructor availability. If interested, please reach out to John Paul Kessler at [jpk@marinwood.org](mailto:jpk@marinwood.org).

All lessons are 25 minutes.



## MARINWOOD POOL 2025 ( MARCH 31- OCTOBER 3) FALL POOL FEES AND MEMBERSHIP INFORMATION

### Become a Pool Member

- Best value for regular pool users
- Access to all Lap Swim, Recreational Swim, and Tot Pool hours (age restrictions apply)
- Discounts on Summer Camp Registration (\$25 off perchild, per week for day camps)
- Discounts on Swim Lessons and Pool Party rentals
- Recreation Swim guest passes for friends/family not on the membership

#### Marinwood Resident Fall Membership Rates:

Resident Family (up to 3 persons)	\$137
• Fee for additional family members	\$20
Resident Couple	\$117
Resident Individual	\$78
Resident Senior (60+)	\$59
Resident Senior Couple	\$88

Memberships include Recreation Swim Guest Passes:

12/family  
6/couple  
4/individual  
Purchase more for \$48/ 12 pack

#### Non-Resident Fall Membership Rates:

Non-Resident Family (up to 3 persons)	\$171
• Fee for additional family members	\$24
Non-Resident Couple	\$147
Non-Resident Individual	\$98
Non-Resident Senior (60+)	\$73
Non-Resident Senior Couple	\$110

Memberships include Recreation Swim Guest Passes:

12/family  
6/couple  
4/individual  
Purchase more for \$60/ 12 pack

### 10 Swim Punch Pass

- 2nd best value (adults save \$2 per visit)
- Access to all Lap Swim, Recreation Swim, and Tot Pool hours (age restrictions apply)

Marinwood Resident	\$60
Non-Resident	\$80

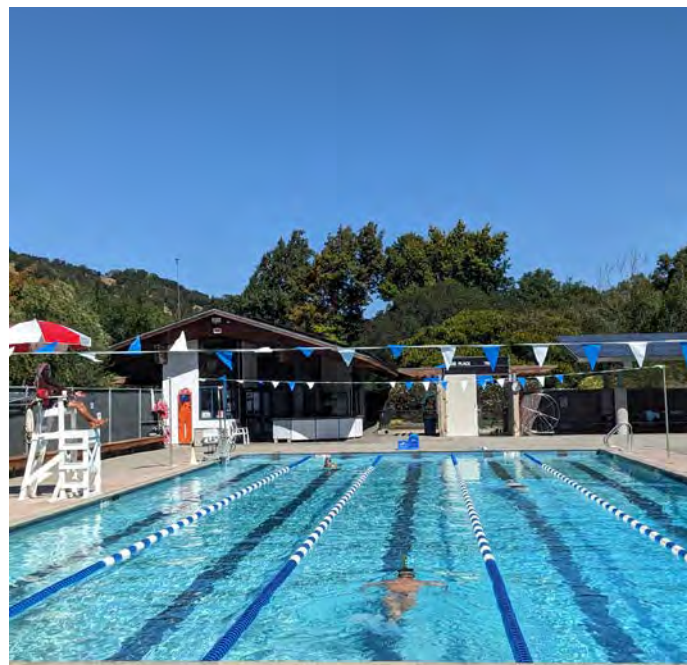
### Daily Drop-in Rates

#### Lap Swim (16+)

Marinwood Resident	\$12
Non-Resident	\$15



#### Recreation and Tot Pool Swim

Marinwood Resident Adult (18+)	\$8
Marinwood Resident Child (1-17)	\$7
Marinwood Resident Senior (60+)	\$7
Non-Resident Adult (18+)	\$10
Non-Resident Child (1-17)	\$9
Non-Resident Senior (60+)	\$9



**Refund Policy:** Pool Memberships are non-refundable and non-transferable. 10 Swim Punch Passes are not user specific and may be gifted, or used for multiple persons and only valid for the pool season in which they are purchased.

**Definitions:** *Marinwood Resident:* homeowners or renters living within the Marinwood Community Services District. Proof of residency required for resident rate. *Family:* up to 3 persons residing in the same household.

~Marinwood Pool Schedule SEPTEMBER/OCTOBER 2025~					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Please visit <a href="http://marinwood.org">marinwood.org</a> for information about the 2026 pool season.</i></p>			<p>LAP = Adult Lap Swim Hours (16+yrs) TOT = Tot Pool Hours (6yrs &amp; under) REC = Recreation Swim Hours (all ages)</p>		<p>Waterslides only open weekends in Fall, during REC hours</p>
	<b>1 September</b> <b>LABOR DAY</b> (WEEKEND HOURS) LAP 8AM-12PM TOT 8AM - 5PM REC 12PM - 5PM	<b>2</b> LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	<b>3</b> LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	<b>4</b> LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	<b>5</b> LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM
	<b>7</b> LAP 8AM-12PM TOT 8AM-5PM REC 12-5PM	<b>8</b> LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	<b>10</b> LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	<b>11</b> LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	<b>12</b> LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM
	<b>14</b> LAP 8AM-12PM TOT 8AM-5PM REC 12-5PM	<b>15</b> LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	<b>17</b> LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	<b>18</b> LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	<b>19</b> LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM
	<b>21</b> LAP 8AM-12PM TOT 8AM-5PM REC 12-5PM	<b>22</b> LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	<b>24</b> LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	<b>25</b> LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	<b>26</b> LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM
<b>28</b> LAP 8AM-12PM TOT 8AM-5PM REC 12-5PM	<b>29</b> LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	<b>30</b> LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	<b>October 1st</b> LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	<b>October 2nd</b> LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM	<b>October 3rd</b> <b>CLOSING DAY</b> LAP 6:30 - 9AM LAP 11AM - 2PM TOT 11AM - 5PM REC 2PM - 5PM
					





Group Picnic Area



Parkside Picnic Area



Playground adjacent to picnic areas



Playground adjacent to picnic areas

Facility	Picnic Tables	Restroom	BBQ	Additional Features	Time Slots	Fee
Group Picnic Area Location: Marinwood Park	3 Hexagon picnic tables Capacity: 50 people	Yes	2 Charcoal BBQ	Bounce house permissible with permit (\$)	9:00am-1:00pm 2:00-6:00pm 9:00am-6:00pm	\$90/ Residents \$180/ Non Residents All Day Fee: \$175/ Residents \$350/ Non Residents
Parkside Picnic Area Location: Marinwood Park	2 Rectangular tables Capacity: 20 people	Yes	1 Charcoal BBQ	No	9:00am-1:00pm 2:00-6:00pm 9:00am-6:00pm	\$80/ Residents \$160/ Non Residents All Day Fee: \$150/ Residents \$300/ Non Residents

**Resident: A resident of the Marinwood Community Services District**



# Rentals - Pool



Hillside Party area



Patio Party area



Alcove Party area



Main Pool



Tot Pool

Facility	Picnic Tables	Restroom	BBQ	Additional Features	Time slots	Fee
Patio Party Area Location: Between Tot pool and Main pool	2 Rectangular tables Capacity: 30 people	Yes	No	Ping Pong Table (\$)	12:15-2:30pm* or 2:45-5:00pm	Marinwood Residents/ Pool Members: \$130 Non-Residents: \$160
Hillside Party Area Location: Grassy knoll adjacent to main pool deep end	3 Hexagon picnic tables Capacity: 30 people	Yes	No	Ping Pong Table (\$)	12:15-2:30pm* or 2:45-5:00pm	Marinwood Residents/ Pool Members: \$130 Non-Residents: \$160
Alcove Party Area Location: Brick alcove just past the Lifeguard stand.	3 Rectangular tables Capacity: 30 people	Yes	No	Ping Pong Table (\$)	12:15-2:30pm* or 2:45-5:00pm	Marinwood Residents/ Pool Members: \$130 Non-Residents: \$160

\* 12:15-2:30pm only available on weekends



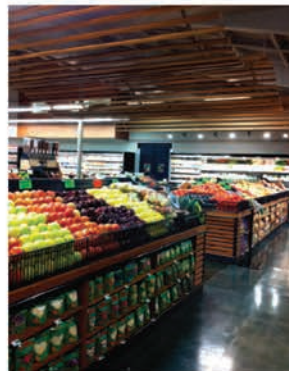


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