

#### Remembering Wayka Bartolacelli for Her Countless Years of Dedication to the Marinwood Community



In loving memory of my mom, business partner, mentor, confidant, Realtor for 36 years ("The Marinwood Specialist"), Rotarian, wine enthusiast, world traveler, belly dancer, respected community member, poet & linguist, cat lover, advocate for women's rights, diplomatic negotiator, passionate humanitarian, supporter of our local schools, the arts, the environment, and most recently, the proudest Grandmother to our newest family member.

She is badly missed, but I hope you'll join my family in keeping her memory alive.

#### Gina Bartolacelli

Lic. #02091516 | 415.497.6819 | gina.bartolacelli@compass.com

#### **COMPASS**



#### Table of Contents



#### **Table of Contents**

Trail Map	4
Policies/District Information	5
Recreation Director Letter	.6
Marinwood Special Events	.7-10
Las Gallinas Lions Club	.11
Preschool Programs	.12
Youth Programs	.13-21
Youth Instructors	.22-23
Adult Programs	25-29
Adult Instructors	.30
Rentals	31-32
Employment Opportunities	33
Advertise in the Marinwood Review	.34



#### Marinwood Community Center

775 Miller Creek Road, San Rafael Ca 94903 (415) 479-0775 Fax (415) 479-7759

> HOURS Monday-Friday 9am-5pm

csd@marinwood.org

Marinwood Community will be closed: 11/10, 11/23, 11/24, 12/25, 1/1, 1/15,2/19

#### Marinwood Community Services District Contact Information

District Manager, Eric Dreikosen edreikosen@marinwood.org, (415) 479-7751

Recreation Director, Luke Fretwell

Ifretwell@marinwood.org, (415) 479-0775 x103

Assistant Recreation Director, Robyn Bruton rbruton@marinwood.org, (415) 479-0775 x 104

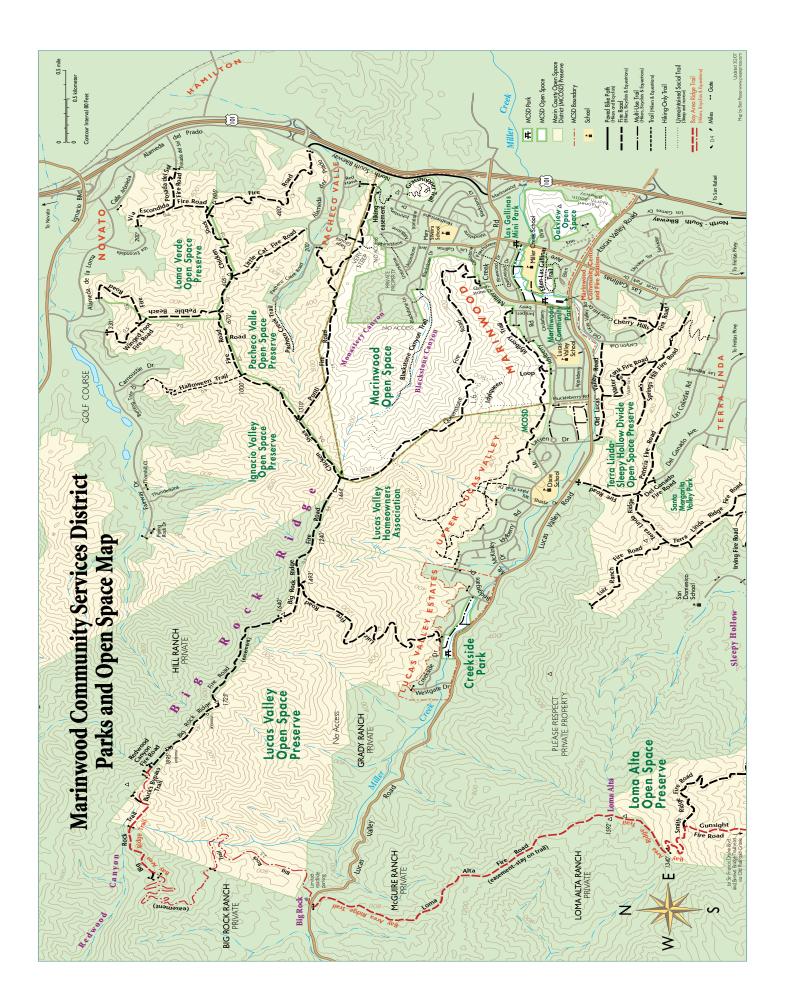
Recreation Supervisor, John Paul Kessler jpkessler@marinwood.org, (415) 479-0775 x105

General Inquiries, Carolyn Sullivan csd@marinwood.org, (415) 479-0775 x106

Marinwood Pool (April - October) (415) 479-2335

Parks and Open Space, Luke Fretwell Ifretwell@marinwood.org, (415) 479-0775 x 103

Fire Department - Non-emergency (415) 479-0122



#### Policies/District Information

#### **Policies**

All registrations are on a first come, first served basis.

Classes fill up quickly. Please register early.

Three easy ways to register:

- 1. Online: www.marinwood.org
- 2. Walk in: Monday Friday 9:00am-5:00pm
- 3. Mail or fax a registration form

#### Payment:

Payments must be received at the time of registration along with a registration form. We gladly accept Visa, Mastercard, American Express, Discover, cash, or check (made out to MCSD). Upon receipt of your registration form and payment, you will be registered for the class unless notified that a class is full or cancelled, in which case a full refund will be granted. Please note: Marinwood CSD only allows one payer per receipt.

#### Classes and Camps Refund and Transfer Policy:

Minimum cancellation fee: \$10.00. (Cancellation fee may vary, check registration activity on website for details). All refunds and changes must be made in writing and can be emailed to csd@marinwood.org. We will not process refunds or changes over the phone. Marinwood CSD reserves the right to cancel any class/activity that does not meet minimum enrollment. Please register early to avoid class cancellations. If a class is cancelled, you will receive a full refund.

#### **District Information**

The Marinwood Community Services District (CSD) was formed in 1960 to provide street lighting, fire protection and park and recreation services for our area. The CSD is governed by an elected five-member Board of Directors. The Board has established two advisory Commissions (Fire and Parks and Recreation) to oversee the routine operations of the District and to make recommendations regarding policies and budgetary matters. The District Manager and Department Heads carry out the day-to-day functions of the District as directed by the Board. The Board and Commission agendas can be found at www.marinwood.org. The Marinwood Review provides information on community meetings, events, programs, and other information of interest to the Community. Comments or suggestions regarding the publication should be directed to csd@marinwood.org.

#### Marinwood CSD Board of Directors

Meets 2nd Tuesday of each month, 7:30pm

Christopher Case (415) 250-5443 Kathleen Kilkenny (415) 601-1497 Sivan Oyserman (415) 488-6669 Lisa Ruggeri (415) 531-4232 William Shea (415) 472-4880

#### Fire Commission

Meets 1st Tuesday of each even numbered month, 7:00pm

Tom Elsbree Steve Farac

Pascal Karsenti

Ron Marinoff - CSA 13 Representative

John Seratt

Greg Stilson - CSA 13 Alternate

#### Park and Recreation Commission

Meets 4th Tuesday of each odd numbered month, 7:00pm

Michael Benesch Angela Bliss-Steiner Jon Campo

lan Fein Ryan Madden

#### Director's Letter



Greetings and welcome to the Fall/Winter Issue of the Marinwood Review. As summer winds down and the kids get ready to go back to school, the park is uncharacteristically mellow. In the coming weeks the sounds of preschool songs, Zumba beats, tennis grunts, water polo splashes, and countless other recreational noises will echo throughout the park and community center. But for now things are relatively quiet. At least as far as humans are concerned. If you pay close attention, the

park and community center are actually bustling with countless other creatures and critters. Woodpeckers drum about high in the trees. Crows caw-caw-caw the day's gossip. Bees, dragonflies, and mosquito's harmonize a buzzy barbershop quartet. Even the quieter critters have caused a ruckus this summer. Squirrels have started hiding nuts outside the community center office windows and chasing each other up and down the brick pillars. The gophers, whose population has exploded this year, have wreaked havoc on our grass (and taught at least one summer camper why we don't stick hands down gopher holes!) And most recently, a very handsome raccoon began raiding a camp-side trashcan after lunch each day, bringing endless delight to the campers (and rabies fears to the staff who know better, until Animal Control ruled it out—thanks Animal Control!) While the abundance of local wildlife can create challenges, like dog doo shoes, bee stings, and stolen lunches, it's also what makes Marinwood such a lovely place to come for programs, events, and recreating in general.

~ Luke Fretwell, Recreation Director



## Thank you Annie McBride!



The Marinwood Community Center honors Annie McBride for her 45 years of instruction.
You will be missed!

1978-2023

## MARINWOOD FALL ART SHOW



**SATURDAY 10.21.23** 

3:00-7:00pm

View works from local artists with the theme "Shades of Blue".

Juror: Vince Montague Artist & Writer

Free admission!

MASON JAR COLOSSAL SHADOW
MAKER
BY KAREN MASON

MARINWOOD COMMUNITY CENTER 775 MILLER CREEK RD. SAN RAFAEL, CA 94903





## Jingle Bell Jazz!

A HOLIDAY CONCERT

Friday, December 8th 5:00 - 6:30pm

LIVE MUSIC
PHOTOS WITH SANTA
JINGLE BELL BAR

Marinwood Community Center
More information at
www.marinwood.org

Marinwood's 13th Annual

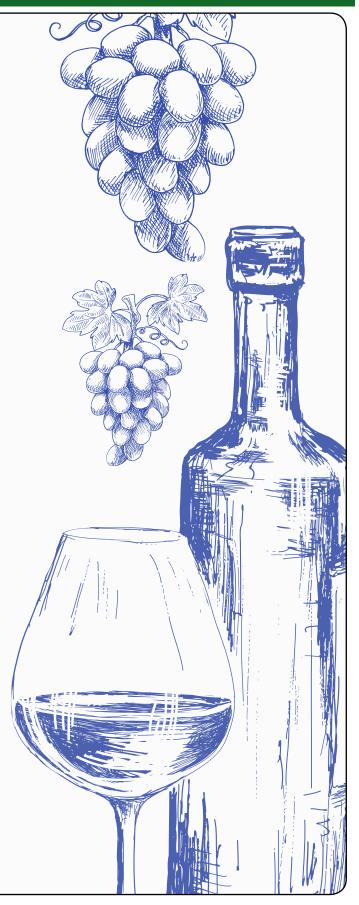
# RAISE A GLASS

Wine Tasting Event

Includes tastings, a commemorative glass, live music and hor d'oeuvres.

March 2, 2024 2:00-5:00pm \$30

Childcare available ages 2-8 \$15/child



# Join the Las Gallinas Lions Club

"WE SERVE"



 Service Projects such as Vision Clinics & Volunteer Days helping seniors

 Social Engagements such as Crab Feeds, Dinners and

Presentations



- Bi-Monthly Meetings, 1st and 3rd Wednesday evenings each month
- In-Person and/or on Zoom

INTERESTED IN JOINING A MEETING?

lasgallinaslions@gmail.com

**MORE INFORMATION** www.lasgallinaslions.com

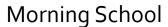
#### Threes Together

Ages 3-4

Our Threes Together class is a stimulating program that meets the developmental needs for three and four year olds. With small class sizes and a low student teacher ratio, we offer nurturing interactions, thoughtful and creative activities, and intentional support to our children as they begin their preschool experience. Each day, children will explore play materials that stimulate their imaginations, engage in art, play outside, and gather for circle time which includes puppetry, storytelling, and music.

Child must be 3 years old by September 1, 2023. \$150 Registration and Materials fee.

Instructor: Marinwood Staff



Ages 4-5

Similar in structure to our Threes Together Program, Morning School offers children a thriving environment to play and explore, with additional stimulation that caters to the older preschool child. With an emphasis on creative thinking and expression, Morning School provides rich opportunities to share, question, perform, role play, make decisions and construct. This final year of preschool prepares children for kindergarten with an enthusiastic and joyful outlook on learning.

Child must be 4 years old by December 1, 2023. \$150 Registration and Materials fee.

Instructor: Marinwood Staff

Ages	Day	Dates	Times	Fee
3-5	3 or 4 day options	Sept-May	9:30am-12:30pm	\$37/ day

Monday-Thursday (choice of 3 or 4 days)

Tuition: Monthly tuition is due the 1st business day of the month and will be automatically charged. There is no prorating for absences. Tuition is non-refundable. Your monthly tuition payment is based upon the number of school days per month.

Registration options are:

- Mon-Th
- Mon-Wed
- Tue-Th





### Alaina FuetschPreschool Supervisor

Alaina Fuetsch graduated in 2020 from San Francisco State University with a Bachelor's degree in Psychology. Since becoming a Preschool Teacher she has decided to pursue her Masters in Early Childhood Education at her alma mater.

Alaina has over 8 years of experience working with kids in a home and daycare setting. This will be her third year as a Preschool Teacher at Marinwood.

"I've always had a passion for working with children. I believe that preschool is a very important year for their growth and helps form key building blocks for their future emotional and social development. I am committed to providing a safe and caring environment while preparing students to be successful in Kindergarten."

#### After School Program

Ages 6-11, 1st-6th grade

The mission of the Marinwood After School Program is to provide participants quality care in a safe, recreational environment that promotes creative group and individual activities.

Core activities include:

- Homework time
- Creative arts and crafts
- Outside play
- Park time
- Healthy snacks
- Seasonal swimming
- Enrichment opportunities
- Weekly themes and special activities

Participants will spend time both indoors and outdoors throughout the day, although the majority of the time will be spent outside, weather permitting.

Please note: Marinwood does not provide transportation from the schools. Parents are responsible for transportation. Students may take the school bus from Lucas Valley Elementary or Mary Silveira. Please visit the school district's website for bus pass information.

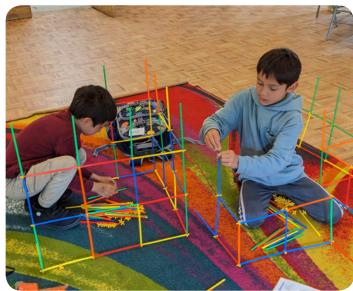
Tuition: Monthly tuition is due the 1st business day of the month and will be automatically charged. There is no prorating for absences. Tuition is non-refundable. Your monthly tuition payment is based upon the number of school days per month.

5 day/week: \$26/day 3-4 day/week: \$28/day 2 days/week: \$29/day \$100 registration fee

Instructor: Marinwood Staff

Ages	Day	Dates	Times	Fee
1st-6th grade	M, T, Th, F	Aug-June	2:45-6:00pm	Varies
	W		2:00-6:00pm	







#### Babysitter's Training

Ages 10-14

Babysitting is an important job. You need safety and life skills to take care of and protect children. In the American Red Cross Babysitter's Training course, you will learn basic care giving, how to make good decisions, accident prevention and age appropriate play. The course is fun and fast-paced with hands-on activities, exciting video and lively discussions. You'll learn to be the best babysitter on the block. Plus, you'll gain the confidence to make smart decisions and stay safe in any babysitting situation. Impress parents by earning your Babysitter's Training certificate! Course fee includes American Red Cross Babysitter's handbook and certificate. Please bring a pen/pencil, note paper, and snack/ lunch to class.

Instructor: Marinwood Staff

Ages	Day	Dates	Times	Fee
10-14	W	11/1	9:00am-12:45pm	\$96
10-14	F	11/17	9:00am-12:45pm	\$96



#### Irish Dance

With The Healy School of Irish Dance

Ages 5+

Intro to Irish Dance: Learn the basics of Irish Dance including drills, timing, and technique, as well as the reel and light jig.

Grade Level Solos: For dancers who have their reel and light jig to music. Dancers with light shoe only will be excused at 7:15pm.

	Ages	Day	Dates	Times	Fee
Intro to Irish Dance	5+	Th	9/7-10/26	6:00-6:30pm	\$184
Intro to Irish Dance	5+	Th	11/2-12/21	6:00-6:30pm	\$184
Grade Level Solos	5+	Th	9/7-10/26	6:30-7:30pm	\$184
Grade Level Solos	5+	Th	11/2-12/21	6:30-7:30pm	\$184

No class 11/16, 11/23





#### Little Explorers Art Class

Ages 3-5

Using Nature as inspiration to create beautiful things. Little ones get to experiment with different mediums and get creative. Some project examples



include clay pinch pots, nature sun catchers, leaf print wrapping paper, texture painting, flower press hanging or watercolor tape art.

Please note: A parent/guardian is required to attend with child.

Instructor: Alonya Van Rooyen

Ages	Day	Dates	Times	Fee
3-5	F	9/15-10/6	11:00-11:45am	\$129/ 4 classes
3-5	F	10/27-12/1	11:00-11:45am	\$129/ 4 classes

No class 11/10, 11/24

## Play Well Teknologies classes with Lego® Materials

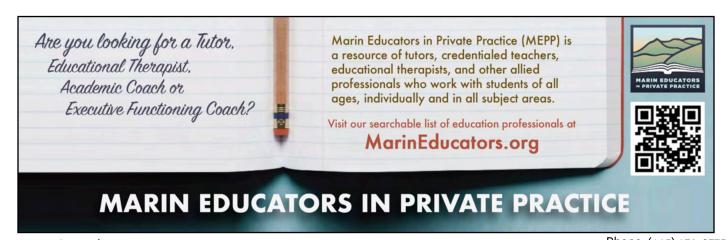
Ages 7-12

Ratchet up your imagination with tens of thousands of LEGO® parts! Build engineer-designed projects in our fun classes. It's about the process, not the result. Themed classes and camps explore imaginative worlds that kids already know and love, such as Star Wars or Minecraft.

Instructor: Play-Well TEKnologies

Please check website for class details.





#### Tae Kwon Do

Ages 5-11+

#### Beginning Children Tae Kwon Do

Your child will learn to defend themself, gain self-confidence, and increase mental concentration. This program is designed to develop motor skills, balance, and self-discipline. Both boys and girls are encouraged to experience this fun and confidence building program. This is a non-competitive curriculum. The instructor will announce belt testing dates and an optional TKD uniform may be purchased through the instructor. Students not purchasing a uniform should wear loose fitting clothing that they can move around in easily. Start building self-esteem and confidence today!

#### Advanced Tae Kwon Do

Advanced class must have instructor approval.

Your child will learn to defend themself, gain self-confidence, and increase mental concentration. This program is designed to develop motor skills, balance, and self-discipline. Both boys and girls are encouraged to experience this fun and confidence building program. This is a non-competitive curriculum. The instructor will announce belt testing dates and an optional TKD uniform may be purchased through the instructor. Students not purchasing a uniform should wear loose fitting clothing that they can move around in easily. Start building self-esteem and confidence today!

Drop-ins allowed! To register for one day per week, please

register through the Marinwood office. Drop in fee: \$20/ Beginning Tae Kwon Do Drop in fee: \$25/ Advanced Tae Kwon Do

Instructor: Master Sim



#### Beginning Tae Kwon Do Ages 5-6

Ages	Day	Dates	Times	Fee
5-6	T/Th	9/5-10/26	3:30-4:00pm	\$260/ 16 classes
5-6	T/Th	11/2-12/21	3:30-4:00pm	\$212/13 classes
5-6	T/Th	1/9-2/29	3:30-4:00pm	\$228/ 14 classes

No class: 11/21, 11/23, 2/20, 2/22

#### Beginning Tae Kwon Do Ages 7+

Ages	Day	Dates	Times	Fee
7+	T/Th	9/5-10/26	4:00-4:45pm	\$324/ 16 classes
7+	T/Th	11/2-12/21	4:00-4:45pm	\$264/ 13 classes
7+	T/Th	1/9-2/29	4:00-4:45pm	\$284/ 14 classes

No class: 11/21, 11/23, 2/20, 2/22

#### Advanced Tae Kwon Do Ages 7+

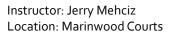
Ages	Day	Dates	Times	Fee
7+	T/Th	9/5-10/26	4:45-5:30pm	\$356/ 16 classes
7+	T/Th	11/2-12/21	4:45-5:30pm	\$290/ 13 classes
7+	T/Th	1/9-2/29	4:45-5:30pm	\$312/ 14 classes

No class: 11/21, 11/23, 2/20, 2/22

#### **Tennis Swingers**

Ages 5-7

These little swingers learn the FUNdamentals of tennis. The basic strokes and court sense will be introduced through fun drills and games.



Ages	Day	Dates	Times	Fee
5-7	T/Th	8/22-9/21	3:00-3:30pm	\$108/8 classes
5-7	T/Th	9/26-10/19	3:00-3:30pm	\$108/ 8 classes
5-7	T/Th	10/24-11/2	3:00-3:30pm	\$56/ 4 classes

No class: 9/5 and 9/7

#### Tennis Junior Intermediate/ Advanced

Ages 9-14

For the players who has graduated from beginner to an intermediate/advanced level. Consistency, accuracy, and power will be stressed through fun drills and match play.

Instructor: Jerry Mehciz Location: Marinwood Courts

Ages	Day	Dates	Times	Fee
9-14	T/Th	8/22-9/21	4:30-5:30pm	\$148/8 classes
9-14	T/Th	9/26-10/19	4:30-5:30pm	\$148/8 classes
9-14	T/Th	10/24-11/2	4:30-5:30pm	\$76/ 4 classes

No class: 9/5 and 9/7

#### **Tennis Junior Beginner**

Ages 8-14

Tennis is a game, so lets have fun learning forehands, backhands, volleys, smashes, and serving in a fun progressive program.

Instructor: Jerry Mehciz Location: Marinwood Courts

Ages	Day	Dates	Times	Fee
8-14	T/Th	8/22-9/21	3:30-4:30pm	\$148/8 classes
8-14	T/Th	9/26-10/19	3:30-4:30pm	\$148/8 classes
8-14	T/Th	10/24-11/2	3:30-4:30pm	\$76/ 4 classes

No class: 9/5 and 9/7

#### Tennis Junior League

Ages 9-14

This is an introduction to competitive tennis including practices and matches. All players will need permission from Coach Jerry to join if they



have never played Jr. League. Players must know how to play the game. For questions please call Jerry Mehciz at (707) 235-0973. Parents are responsible for getting players to "away" matches and providing snacks and drinks for "home" matches. League matches are held on Fridays at various locations in Marin from 4:00-6:00pm.

Instructor: Jerry Mehciz Location: Marinwood Courts

Ages	Day	Dates	Times	Fee
9-14	M/W/F	9/11-10/6	4:00-5:30pm	\$304/ 12 classes
9-14	M/W/F	10/9-11/3	4:00-5:30pm	\$304/ 12 classes

#### PRIVATE TENNIS LESSONS



Jerry Mehciz (707) 235-0973

\$80/hour \$40/half-hour



Ages 12-14

This team is intended for middle school girls and boys who would like to learn about this fast paced and fun water sport. The Marinwood Water Polo program is for those who have never

played the sport and want to learn, or for players who have previously played and want to continue working on their skills. This is a super opportunity to learn how to play a great sport and/or improve and extend existing skills before entering high school.

Instruction will include basic specialized swimming skills for water polo, passing, shooting, offense, defense, rules of the game, concepts of team play, and more as time permits. Players will get a chance to scrimmage in order to get a sense of how the overall game is played. This is a great launch point for being a confident and capable freshman high school player.

Space is limited, please contact Coach Chris Case to register at christophermcase@gmail.com or (415) 250-5443.

Season runs August 28 through October 4, 2023.

This program is not affiliated with any Marin Swim League swim team, nor any high school. All middle schoolers are welcome as long as they are water safe.

Instructor: Chris Case

Day	Dates	Times	Fee
M/W	8/28-10/4	5:00-6:30pm	\$425

#### White Crane Silat

Ages 5-14

White Crane Silat is a Chinese Indonesian martial art with roots in the kung fu diaspora. In this upbeat class for kids we play with jumping, rolling, sliding, falling, animal inspired movements, and breath, using obstacles and games to develop awareness, alertness, grounding, centering, balance, coordination, and a vocabulary of novel functional movement.

Drop-ins welcome: \$25

Instructor: Maggie Dawson

Ages	Day	Dates	Times	Fee
7-11	W	9/13-10/18	4:00-5:15pm	\$136/6 classes
7-11	W	10/25-12/6	4:00-5:15pm	\$136/ 6 classes

No class 11/22



#### Youth Programs- Camps

## National Academy of Athletics Sports Camps

#### All Sports Game Day - Veterans Day

Ages 4-11

The All Sports Game Day is a perfect place for kids to be introduced to the world of sports and an active, healthy lifestyle. This multi-sport camp may include sports like basketball, soccer, and flag football. Other games may include dodgeball, wiffleball, kickball, capture the flag, and ultimate Frisbee. These games teach children sport- specific skills while learning the importance of teamwork, losing and winning with dignity, and communication with friends and peers. Kids will PLAY HARD and HAVE FUN!

Instructor: National Academy of Athletics

Location: Marinwood Park

Ages	Day	Dates	Times	Fee
4-6	Fri	11/10	9:00am-12:00pm	\$49
7-11	Fri	11/10	9:00am-12:00pm	\$49
7-11	Fri	11/10	9:00am-2:00pm	\$79



Ages 7-11

Sports Camp

This program gives children a fun, active & educational experience tailored to the abilities of their age group. Kids have a blast learning motor skills and coordination while playing games with other children. Our program uses FUN to teach problem solving skills and the beginning fundamentals for sports including throwing, catching, kicking, and running. Games may include wiffleball, soccer, capture the flag, relay & obstacle races, and much more. Featuring structured, simple activities, individual and team-building challenges, and small-sided competitions to develop teamwork and engage young athletes.

Instructor: National Academy of Athletics

Location: Marinwood Park

Ages	Day	Dates	Times	Fee
7-11	Mon-Wed	11/20-11/22	9:00am-12:00pm	\$135
			9:00am-2:00pm	\$170





## Thanksgiving Break All Sorts of Sports Jr. Academy Camp

Ages 4-6

The Thanksgiving Break All Sorts of Sports camp by National Academy of Athletics is packed with fun. Whether your child is a beginner or more advanced player, this multi-sport camp is a perfect place for kids to be introduced to the world of sports, teamwork and athletics! Games we play may include, baseball, basketball, dodge ball, soccer, flag football, capture the flag, ultimate frisbee, relay and obstacle races and a whole lot more. Your children will learn new skills while having a blast and making new friends.

Instructor: National Academy of Athletics

Location: Marinwood Park

Ages	Day	Dates	Times	Fee
4-6	Mon-Wed	11/20-11/22	9:00am-12:00pm	\$135

#### Youth Programs- Camps

#### Winter Break Camp

Ages 4-11

Join Marinwood for winter break camp! Camp will run Wednesday-Friday for the twoweek break. You may enroll for one or both weeks. Your child will



have a blast participating in winter games, themed crafts, park time, and sports. Campers will spend time indoors and outdoors for the session with some of their favorite camp counselors.

This camp fills up quickly so register soon!

Camp Evergreen: Ages 4-6 (Pre-K- 1st grade) Camp Winterberry: Ages 7-11 (2nd - 6th grade)

No drop-in availability. Space is limited so register early!

Sibling Discount: \$10, applied at registration.

Please see our FAQ section for more detailed information.

Instructor: Marinwood Staff

Ages	Day	Dates	Times	Fee
4-11	W-F	12/27-12/29	9:00am-3:00pm	\$167/ Resident \$197/ Non- Resident
4-11	W-F	1/3-1/5	9:00am-3:00pm	\$167/ Resident \$197/ Non- Resident

#### Winter Break Camp Before/After Care

	Ages	Day	Dates	Times	Fee
Before Care	4-11	W-F	12/27-12/29 or 1/3-1/5	8:00-9:00am	\$32
After Care	4-11	W-F	12/27-12/29 or 1/3-1/5	3:00-5:00pm	\$63
Before & After Care	4-11	W-F	12/27-12/29 or 1/3-1/5	8:00-9:00am & 3:00- 5:00pm	\$90

#### Mid-Winter Break Camp

Ages 4-11

Have fun this week at Mid-Winter Break Camp! Campers will spend their school break exploring the forest of Marinwood, playing lots of sports and games and monkeying around on the playground. Campers will participate in games and sports, arts and crafts, cone ball and more!

This camp fills up quickly so register soon!

Camp Bunny Slope: Ages 4-5 (Pre-K and K) Camp Snowshoe: Ages 6-7 (1-2nd Grade) Camp Bobsled: Ages 8-11 (3-6th Grade)

Sibling discount: \$20, applied at registration.

Please see our FAQ section for more detailed information.

Instructor: Marinwood Staff

Ages	Day	Dates	Times	Fee
4-11	T-F	2/20-2/24	9:00am-3:00pm	\$222/ Resident \$262/ Non- Resident

#### Mid-Winter Break Camp Before/After Care

	Ages	Day	Dates	Times	Fee
Before Care	4-11	T-F	2/20-2/24	8:00-9:00am	\$42
After Care	4-11	T-F	2/20-2/24	3:00-5:00pm	\$84
Before & After Care	4-11	T-F	2/20-2/24	8:00-9:00am & 3:00- 5:00pm	\$120



#### Youth Programs- Camps

## Winter Break/Mid Winter Break Camp FAQs

Please note all campers must be fully potty trained to attend camp. Campers are not allowed to attend camp program if ill.

#### What if the camp I want to register for is already full?

If a camp is full, you can place your child on a waiting list. You will not be charged if placed on the waiting list. Our staff will contact you if a spot opens up and you will have 24 hours to get back to us.

#### What is your refund policy? How do I make camp changes?

All refund and changes must be made in writing and can be emailed to csd@marinwood.org. We will not process refunds or changes over the phone. Cancellations made more than 3 business days prior to camp will result in a \$25 per session, per camper processing fee. Cancellations made less than 3 business days prior to the first day of camp will result in a forfeiture of half the amount. No refunds for camp or After Care will be granted after 5pm the Friday before the session begins.

#### Winter Break Camp

Last day to cancel	Fee
Tuesday, 12/19, 5:00pm	\$25

#### Mid-Winter Break Camp

Last day to cancel	Fee
Tuesday, 2/13, 5:00pm	\$25

#### What do campers need to bring each day?

- A backpack or bag
- Closed-Toed Shoes
- Jacket/Sweatshirt
- Snack and Lunch and Water Bottle
- If inclement weather, please pack rainproof gear.

Please keep all toys and personal items at home. Please label all your child's belongings.

#### How do check-in and check-out work?

Please remember to obey all traffic laws and drive carefully around the Community Center.

#### Check-In:

Check-in takes place from 8:55-9:15am. Campers must be checked in with their camp director.

#### Check-out:

Campers must be checked out by camp staff and will take place from 2:45-3:00pm. If you camper is not picked up by 3:05pm, they will be taken to After Care and you will be charged the drop-in fee of \$22. Don't forget to pre-register for After Care.

#### What if my child has a food allergy?

Our number one priority is the safety of your child. Camp staff take precautions and preventative measures to ensure the safety of all campers. We practice a no share snack and lunch policy, where we talk with our campers about keeping our food to ourselves, educate our staff about monitoring during snack and lunch time and campers will wash hands after meals. Please indicate any allergies or medical conditions on your camper's ePACT online form so we can be aware of how to best support and provide for your child.



#### Youth Instructors



#### Maggie Dawson - White Crane Silat Instructor

Maggie Dawson is a 20-year practitioner of White Crane Silat who practices globally. Her laurels include two years under tutelage of the grandmaster, Suhu Gunawan Rahardja in West Java. Prior to that, several years in residence at the Esalen Institute root Maggie in the practice of somatic movement for healing. Kindhearted, personable, spontaneous and precise, Maggie energetically empowers each student through the metaphor of the conscious physical. Based in Marin County, she's been teaching silat as a vehicle for awakening since 2010. When not teaching and practicing, Maggie is using her presence and mindful words to raise a powerful and compassionate kid.



#### **Healy Irish Dance**

The Healy School of Irish Dance was established in 1870. The Healy School holds the record for the longest running Irish dance school in the world, with lessons taught by 4th generation ADCRG PattiAnn Ranum, and her daughter, 5th generation TCRG Alisa Belew. The Healy School competes locally and at world level and teaches all levels from beginners through Championship. Some of the highlights of the year besides competition are performing at the Giants Irish Heritage Nights, marching in the San Francisco St. Patrick's Day parade, and doing shows locally for the Marin Irish American Club, Marin County Fair, etc. We look forward to welcoming you into our Healy family!



#### Jerry Mehciz - Tennis Instructor

Jerry Mehciz has been teaching tennis as a career since 1987. He is part of the United States Professional Tennis Association and is ranked "elite". Jerry is also part of the Babolat Pro Staff. Although his tennis career has taken him to many places (Instructional Editor of Inside Tennis Magazine, Head Pro at Tiburon Peninsula Club, Tennis Director of Marin Country Club), he has always had an affection for Marinwood. "The people here in the Marinwood area are great. The way they live reminds me of where I grew up in the Midwest...family values and having fun doing it".



#### **National Academy of Athletics**

The NAofA sport programs for kids are specifically designed to help players of all abilities. The goal is to have tons of fun, learn sport-specific skills, and gain confidence on and off the field. We teach children about success, failure, and what it means to be part of a team. Our coaches provide an enthusiastic place for kids to fall in love with their chosen sport. All programs are led by a highly trained team of NAofA Certified coaches and instructors who are carefully selected to ensure each camper's safety, skill development & individual enjoyment. We encourage all our campers to play with confidence, enthusiasm and a love for the game.



#### Master Hyo Sim - Tae Kwon Do Instructor

Master Sim is an 8th Dan Black Belt. He has been a student of Martial Arts since late 1968 and has been sharing with others since 1980. He was a national collegiate champion and coached national and international level black belt competitors. Master Sim has worked with AAU TKD promoting their Jr. Olympics program, as well as initiate events for USTU/USTA (National Governing Body for TKD). However, he is best known amongst his peers for his tutorage of children in using TKD for their character building.

#### Youth Instructors



#### Alonya Van Rooyen - Art Instructor

Alonya Van Rooyen is a well-seasoned creative and local mom. Originally from South Africa, she moved to California in 2010 and worked for Levi Strauss & Co. for many years around the globe in various creative roles. When she became a mother, Alonya decided to pursue a new avenue of creativity while raising her young family. She has since taught several enrichment art classes in Tiburon, Strawberry and Ross and also owns a children's clothing label. She is a qualified early childhood teacher with 24 ECE units from UCLA. She is excited to share her skills and teach youth art classes at Marinwood.

## INTERESTED IN TEACHING A CLASS AT THE MARINWOOD COMMUNITY CENTER?

Please contact Assistant Recreation Director Robyn Bruton for youth related programs at rbruton@marinwood.org

Please contact Recreation Supervisor

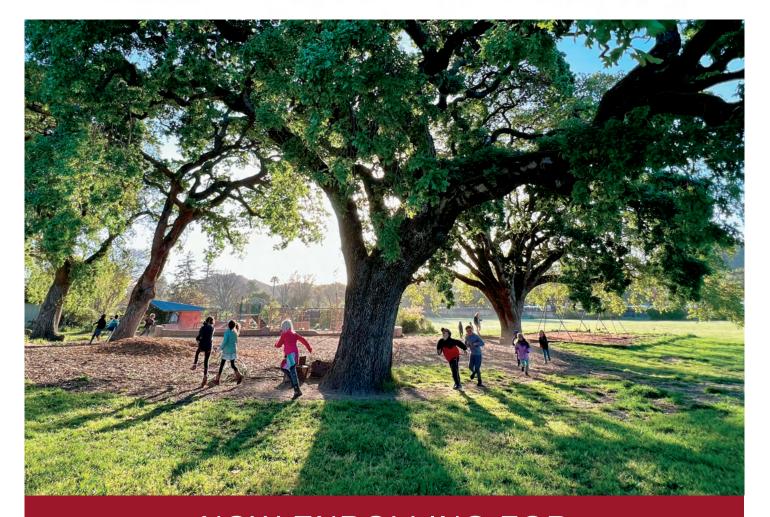
John Paul Kessler for adult related programs at
jpkessler@marinwood.org



#### www.marinwood.org



## MARIN Waldarf SCHOOL



## NOW ENROLLING FOR PRESCHOOL & KINDERGARTEN FALL 2023

Come visit our 10-acre campus (preschool - 8th grade) in Marinwood.

#### Adult Programs

### CPR/AED and First Aid

Ages Adults 15+

This comprehensive American Red Cross course certifies participants in CPR, AED, and First Aid for 2 years. The course is designed to train participants how to recognize and respond



to emergencies involving injuries, illnesses, and life threating situations. This class is perfect for employees of day cares, gyms, preschools, nursing homes, and anybody interested in learning how to save a life. Space is limited. Sign up today!

Instructor: Marinwood Staff

Day	Dates	Time	Fee
Th	9/28	5:00-9:00pm	\$125
Th	10/26	5:00-9:00pm	\$125
Th	11/30	5:00-9:00pm	\$125
Th	1/25	5:00-9:00pm	\$125
Th	2/29	5:00-9:00pm	\$125



#### The Feldenkrais Method

Ages Adults 15+

The Feldenkrais Method® was developed by Dr. Moshe Feldenkrais—an engineer, physicist, and renowned kinesiology instructor. It takes advantage of the neuroplasticity

of the brain through the application of gentle movements and exercises. Feldenkrais treatment can help relieve stress, pain and muscle tension. People of all ages are welcome to participate and can expect to experience increased flexibility, strength, and balance. The only equipment that is necessary to bring is a yoga mat and towel.

Instructor: Ruti Gorel

Day	Dates	Time	Fee
W	9/6-10/11	2:00-3:00pm	\$89/ 6 classes
W	10/18-11/29	2:00-3:00pm	\$89/ 6 classes

#### Las Gallinas Lions



Ages Adults 18+

The Las Gallinas Lions is Marinwood's only service club - our motto is "We Serve". Typical service activities include Vision Clinics for preschool children and people in Marin's lower income communities. Offering free eye-exams and glasses to people in need, supporting isolated seniors and other people in need, and organizing our Annual Marinwood Easter Egg Hunt for children in our community. We raise money and donate to organizations such as the SF-Marin Food Bank, Marin Villages, local youth sports teams and our Community Services District.

Membership is open to any adult who would like to know more about Marinwood and contribute toward helping others and improving our community. We welcome volunteers to support our service projects and hope you will consider joining us.

To learn more, check our website at www.lasgallinaslions.com or contact us at lasgallinaslions@gmail.com

Day	Dates	Time	Fee
1st Wed Zoom 3rd Wed In Person	Ongoing	6:00-8:00pm	\$8o/year



#### Adult Programs

#### **Pilates**

Ages Adults 15+

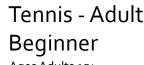
Dynamic Mat Pilates: Pilates is an incredible form of movement that connects us deep into our core. The practice emphasizes moving

mindfully with intention and awareness; this is what creates a powerful mind-body connection. This class will combine the elements of physical strengthening and therapeutic exercises. We will explore the fundamentals of Pilates to create a deeper understanding of the exercises and increase overall body awareness. Modifications will be offered.

Drop-ins: \$23

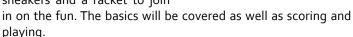
Instructor: Janet Carter

Day	Dates	Times	Fee
F	9/15-10/6	9:00-9:45am	\$76/ 4 classes
F	10/13-11/3	9:00-9:45am	\$76/ 4 classes



Ages Adults 15+

Have you always wanted to learn tennis? Now here is your chance. All you need is a pair of sneakers and a racket to join



Class size is small, so register early.

Instructor: Jerry Mehciz Location: Marinwood Courts

Day	Dates	Times	Fee
T/Th	9/12-10/5	6:00-7:00pm	\$180/8 classes
T/Th	10/10-11/2	6:00-7:00pm	\$180/ 8 classes



#### Senior Stroll

Ages Adults 60+ (all are welcome)

Join our Recreation Supervisor John Paul Kessler as you take leisurely strolls throughout the beautiful neighborhoods of

Marinwood. A great way to stretch your legs, see the sights and meet your neighbors!

**September 14th Stroll:** Panhandle and Beyond, 1.6 miles. Meet at Community Center, 10:00am.

October 12th Stroll: To Big Rock and Back, 2.4 miles. Meet at Community Center, 11:00am.

**December 14th Stroll:** T.B.D. Please call Community Center for information.

Day	Dates	Times	Fee
Th	9/14	10:00am start	Free
Th	10/12	11:00am start	Free
Th	12/14	T.B.D.	Free

#### Tennis - Adult Beginner Doubles

Ages Adults 15+

Have you always wanted to learn tennis? Now here is your chance. All you need is a pair of sneakers and a racket to join in on the fun. The basics will be covered as well as scoring and playing. Class size is small, so register early.

Instructor: Jerry Mehciz Location: Marinwood Courts

Day	Dates	Times	Fee
M/F	8/21-9/22	10:30am-12:00pm	\$180/8 classes
M/F	9/25-10/20	10:30am-12:00pm	\$180/8 classes
M/F	10/23-11/3	10:30am-12:00pm	\$92/ 4 classes

No class: 9/4 and 9/8

#### Adult Programs

#### Tennis - Adult Intermediate/ Advanced

Ages Adults 15+

For the player who has prior experience and would like drills

to sharpen skills. The last half hour is reserved specifically for playing, using skills, and strategies learned in the lessons. This should be a "C" or 3.0 or higher player. Class is limited to eight players.

Instructor: Jerry Mehciz Location: Marinwood Courts

Day	Dates	Times	Fee
T/Th	9/12-10/5	7:00-8:30pm	\$228/ 8 classes
T/Th	10/10-11/2	7:00-8:30pm	\$228/ 8 classes

#### Tennis - Adult Intermediate/ Advanced Doubles

Ages Adults 15+

For the player who has prior experience and would like drills to sharpen skills. The last half hour is reserved specifically for playing, using skills, and strategies learned in the lessons. This should be a "C" or 3.0 or higher player. Class is limited to eight players.

Instructor: Jerry Mehciz Location: Marinwood Courts

Day	Dates	Times	Fee
M/F	8/21-9/22	9:00-10:30am	\$228/ 8 classes
M/F	9/25-10/20	9:00-10:30am	\$228/ 8 classes
M/F	10/23-11/3	9:00-10:30am	\$116/ 4 classes

No class: 9/4 and 9/8



Ages Adults 14+ (Children 8-14 welcome, but must be accompanied by an adult.)



Learn how to make, roll and eat authentic Vietnamese spring rolls from an expert!

**Session 1:** The Vietnamese spring roll literally means salad roll. It is made of refreshing cilantro, cucumber, shrimp, and vermicelli rice noodle rolled together in rice paper and dipped in a sweet and savory authentic Vietnamese sauce or peanut sauce that is tasty and delicious to eat. You will learn the skill of rolling refreshing spring rolls and eating them too.

**Session 2:** Vietnamese Spring Roll Salad is everything you love about spring rolls without all the rolling! Simple toss all the ingredients together for this fresh, amazing Vietnamese-inspired salad! This Vietnamese Spring Roll Salad rocks with shrimp, fresh crunchy vegetables and all the wonderfully bright, herbaceous flavors of Vietnamese cuisine but without all the work.

**Session 3:** The Vietnamese gluten free Vermicelli Noodle Salad is made with vermicelli rice noodles, fresh herbs, and vegetables! It is light, refreshing, and full of crunchy vegetables and fresh herbs. It's tossed with cilantro, cucumbers, jalapeños (optional), pickled carrots and daikon (radishes), roasted crushed peanuts, roasted onions and roasted garlic (optional) in a delicious sweet and savory Vietnamese authentic sauce. The Vermicelli Noodle Salad dish may be served with authentic home-made fresh spring rolls (previous Vietnamese Spring Roll class).

Please remember to bring your own "takeout/to-go box" for your extra rolled spring roll(s) to bring home and share. All materials are included.

Instructor: Sarah Hellman

Day	Dates	Times	Fee
Session 1	Sat. 9/2	11:00am-1:00pm	\$52
Session 2	Sat. 10/14	4:00-6:00pm	\$52
Session 3	Sat. 11/4	11:00am-1:00pm	\$52

#### Watercolor Workshop

Ages Adults 15+

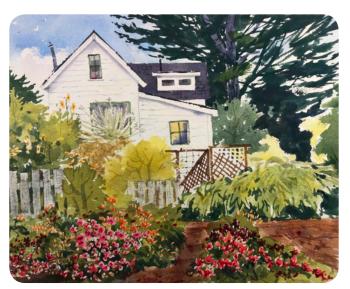
In this one-day workshop, you will spend the morning learning all about the fundamentals of painting with watercolor. Transparent watercolor is different from all other media and as such has some quite different aspects about how it is used. We'll cover the materials used with watercolor, the ways that we apply watercolor to (its very particular) paper, color theory and color mixing, what a classic palette of colors is. We'll discuss the importance of drawing (and drawing directly with the brush) as well as values and design/composition. We'll stop for a half hour lunch break (bring your lunch), during which we'll discuss the incredible history of watercolor painting in California. In the afternoon, we'll work together step by step to make a watercolor painting.

Each student should come to class with one sheet of Arches 140lb. Cold Press watercolor paper (approx. \$10). Paints, palettes and brushes will be available.

Students will leave this workshop with a good grounding in how to work with this wonderful medium and a painting of their own!

Instructor: Michael Friedland

Day	Dates	Times	Fee
Sat	10/14	10:00am-4:00pm	\$114
Sat	10/28	10:00am-4:00pm	\$114



Mendocino Blossoming by Michael Friedland

#### White Crane Silat -Breathwork Practice

Ages Adults 15-55



Coordinating breath and movement,

we awaken the senses to presence in nature with the rising of the morning qi. Students are introduced to a series of standing breathing meditations that harmonize body, mind and spirit. More advanced ongoing students may learn some seated breathing. Class appropriate for every level.

Instructor: Maggie Dawson

Day	Dates	Times	Fee
Sat	9/23-10/28	9:00am-10:00am	\$129/5 classes

No class 10/7, 10/21, 11/25

#### White Crane Silat -Adult Beginner

Ages Adults 15-55

White Crane Silat is a traditional Chinese-Indonesian martial art that harmonizes body, mind and spirit. Our practice begins and ends in a circle, with the breath. We use flowing, nature inspired movements, integrating barefoot sliding footwork, floor work, rolling, breathing, repetition, and partner exercises to cultivate balance, flexibility, strength, relaxation, grounding, timing, awareness, memory, confidence, feeling, intuition and flow.

Practice is sometimes meditative, sometimes strenuous; acrobatics, falling, and throwing practice may be included for able-bodied students. Classes are tailored to the needs and abilities of participants. Practice ideal for ages 15-55.

Ideal attire is loose white t-shirt and pants. Come prepared to sweat, and bring a sweater.

Drop-ins welcome: \$25 Instructor: Maggie Dawson

Day	Dates	Times	Fee	
Sat	9/23-12/9	10:00am-12:00pm	\$202/9 classes	

No class 10/7, 10/21, 11/25

### White Crane Silat - Forms Practice

Ages Adults 15-55

In this movement class, students have the opportunity to learn and refine the multitude of forms from White Crane Silat. Our nature inspired forms range from meditative and smooth, to strong and martially energetic sequences of movement. As a practitioner advances, movements are given as compliments an individual's unique nature.

#### Registration must be concurrent with Adult Beginner class.

Instructor: Maggie Dawson

Day	Dates	Times	Fee	
Sat	11/4-12/9	12:00-1:00pm	\$129/5 classes	

No class 11/25

#### Yoga

Ages Adults 15+

#### Vinyasa Yoga:

In this class we will work on strength and flexibility while moving with the breath. Each class will have a different focus

and will offer a variety of poses with variations. All levels welcome.

Drop-ins welcome: \$25
Instructor: Janet Carter

Day	Dates	Times	Fee
Fri	9/15-10/6	4:00-5:00pm	\$84/ 4 classes

#### Zumba®

Ages Adults 15+

Perfect for everybody and every body. Each Zumba® class is designed to bring people together to sweat and smile. How it works: We take the "work" out of workout, by mixing low intensity and high intensity moves for an interval style, calorie burning dance fitness party. This class fuses hypnotic rhythms and easy to follow moves to create a high energy, calories blasting, total body dance based workout. The perfect combo of fun and fitness has made Zumba® classes a worldwide phenomenon. Benefits: A total workout, combining all elements of fitness - cardio, muscle conditioning, balance and flexibility, boosted energy, and a serious dose of awesome each time you leave class.

Instructor: Chrissy Costello

Day	Dates	Times	Fee
Mon	Ongoing	6:00-7:00pm	\$12/class or \$100/ 10 class card
Tue	Ongoing	6:00-7:00pm	\$12/class or \$100/ 10 class card



#### Adult Instructors



#### Janet Carter - Pilates Instructor

Janet teaches Yoga and Pilates in Marin and San Francisco. She believes that practice is a journey of self discovery and internal transformation that helps to cultivate a more mindful way of living. Janet's classes are fun and upbeat with the opportunity for students to challenge themselves as they develop strength, balance, and flexibility. Her sequencing is grounded in the principles of alignment and breath awareness, offering a dynamic and centering practice. Janet also teaches Yoga and Mindfulness to kids and teens.



#### Chrissy Costello - Zumba® Instructor

"I've been passionate about dance my entire life - Salsa, Samba, Afro-Brazilian, Capoeira, Hip-Hop, South African House...the list goes on. If you've never tried Zumba, now is the time to start. No previous experience is necessary. The only goal is to have a blast while getting a great workout. The more you come, the easier and more enjoyable it gets (as you familiarize with the choreography). Smiling and sweating are the ultimate goals. If you have any questions, please don't hesitate to contact me at (415) 306-2683 or christine.o.co.costello@gmail.com.



#### Michael Friedland - Watercolor Instructor

Michael studied painting and design at Paier College of Art, Coronado School of Fine Art and Philadelphia College of Art. Retired now from a forty year career as a designer, he has been teaching painting (with watercolor) for the last eight years. He teaches in San Rafael, Corte Madera and Tiburon. He helps with CWA's Community Outreach program teaching Vietnam veterans in Oakland. He taught design at a university in Montréal and at the Academy of Art University in San Francisco. He teaches for several weeks each year at Yosemite in their artists in residency program. Michael is on the California Watercolor Association's board and is Director of their National Exhibition. He is an elected member of the Baywood Artists, a group that paints together each summer (en plein air) to fundraise for non-profit environmental organizations through an annual show and sale in the Fall.



#### Ruti Gorel - The Feldenkrais Method Instructor

As a new mom, suffering from terrible back pain, Ruti went to a Feldenkrais practitioner for a series of sessions. Seeing the miraculous changes she experienced, Ruti began training, ultimately becoming a Feldenkrais practitioner, with the desire to help others rid themselves of pain and limitations. Ruti received her Feldenkrais and Anat Baniel Neuromovement certification in 2006. This is her second career and her passion.



#### Sarah Dang Hellman - Vietnamese Cooking Instructor

Sarah is Vietnamese and loves to cook Vietnamese cuisine. She owns a food truck, Lotus Grill - Vietnamese Cuisine, selling authentic Vietnamese dishes, such as spring rolls and banh mi in Novato. Cooking is one of her passions as food is nourishment to one's soul. She teaches Vietnamese cooking classes in Marin County and wants to share her culture through cooking classes to San Rafael community.



#### Jerry Mehciz - Tennis Instructor

Jerry Mehciz has been teaching tennis as a career since 1987. He is part of the United States Professional Tennis Association and is ranked "elite". Jerry is also part of the Babolat Pro Staff. Although his tennis career has taken him to many places (Instructional Editor of Inside Tennis Magazine, Head Pro at Tiburon Peninsula Club, Tennis Director of Marin Country Club), he has always had an affection for Marinwood. "The people here in the Marinwood area are great. The way they live reminds me of where I grew up in the Midwest...family values and having fun doing it".

#### Rentals - Park





Group Picnic area

Parkside Picnic area



Playground adjacent to picnic areas.



Playground adjacent to picnic areas.

Facility	Picnic Tables	Restroom	BBQ	Additional Features	Time Slots	Fee
Group Picnic Area Location: Marinwood Park	3 Hexagon picnic tables Capacity: 50 people	Yes	2 Charcoal BBQ	Bounce house permissible with permit (\$)	9:00am-1:00pm 2:00-6:00pm 9:00am-6:00pm	\$84/ Residents \$168/ Non Residents All Day Fee: \$160/ Residents \$320/ Non Residents
Parkside Picnic Area Location: Marinwood Park	2 Rectangular tables Capacity: 20 people	Yes	1 Charcoal BBQ	No	9:00am-1:00pm 2:00-6:00pm 9:00am-6:00pm	\$72/ Residents \$144/ Non Residents All Day Fee: \$135/ Residents \$275/ Non Residents

Resident: A resident of the Marinwood Community Services District

### Rentals - Pool





Hillside Party area

Patio Pool Party area





Main pool

Tot pool

Facility	Picnic Tables	Restroom	BBQ	Additional Features	Time Slots	Fee
Patio Party Area Location: Between Tot pool and Main pool	3 Rectangular tables Capacity: 30 people	Yes	No	Ping Pong Table (\$)	12:15-2:30pm 2:45-5:00pm	\$120/ Residents & Pool Members \$150/ Non Residents
Hillside Party Area Location: Grassy knoll adjacent to main pool deep end	3 Hexagon picnic tables Capacity: 30 people	Yes	No	Ping Pong Table (\$)	12:15-2:30pm 2:45-5:00pm	\$120/ Residents & Pool Members \$150/ Non Residents

#### **Employment Opportunities**

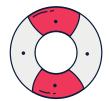
More information and applications available online:

marinwood.org/aboutus/employment



## JOIN OUR TEAM





- FALL LIFEGUARD
- TYPICAL HOURS: 10:45-3:00PM, MON-FRI
- AVAILABILITY TO WORK AT LEAST 2 DAYS/WEEK
- STARTING WAGE \$25.00/HOUR
- PRESCHOOL TEACHER & SUBSTITUTE TEACHER
   POSITIONS
- TYPICAL HOURS: 8:30-1:00PM, MON-THURS
- WAGES \$25.00-\$26.00/HOUR
- AFTER SCHOOL PROGRAM STAFF FOR 1-6TH GRADERS
- TYPICAL HOURS: M,T,TH: 2:30-6:00PM
   W: 1:30-6:00PM
- AVAILABILITY TO WORK 2-4 DAYS/WEEK
- STARTING WAGE \$18.00/HOUR





#### Advertise in the Marinwood Review

Promote your business to more than 19,000 local residences and businesses located in Marinwood, Lucas Valley, Mont Marin, San Rafael Park, Northern Terra Linda & selected areas in Ignacio and Hamilton. Our guide is also digital and available on our website at www.marinwood.org.

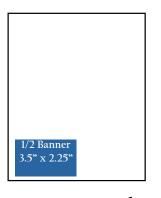
Publication: Twice a year

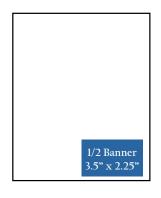
#### Specifications and Pricing

- Accepted File Types: PDF or JPEG. Ad's must be designed at 300 dpi and must be in the appropriate size as indicated below.
- Color: Files must be submitted as CMYK (not RGB).
- Ad Placement: Ad's will be placed on page as indicated below.
- Submit Ads To: csd@marinwood.org

Ad Sizes	WIDTH & HEIGHT	RATE
&	1/2 Banner 3.5" x 2.25"	\$100
Rates	Full Banner 7.25" x 2.25"	\$175
	Full Page 7.25" x 9.25"	\$450
Full Pa	\$500	
Full Page Pre	\$600	









Marinwood Recreation Department 775 Miller Creek Rd., San Rafael, CA 94903 Phone: 415-479-0775; Fax: 415-479-7759 www.marinwood.org



#### THE MARINWOOD MARKET

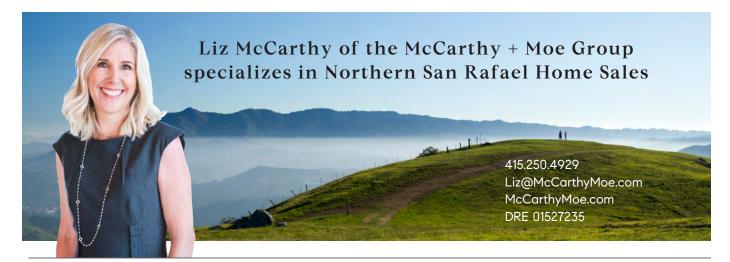
FULL LINE OF ORGANIC AND TRADITIONAL IN SEASON PRODUCE FULL SERVICE DELI, FULL SERVICE MEAT, FISH AND POULTRY SUSHI PREPARED DAILY BEER, WINE AND LIQUOR

#### "MARINWOOD GRILL

CHEESEBURGER, GARDEN BURGER, GRILLED CHICKEN SANDWICH, GRILLED TRI-TIP SANDWICH & BBQ PULLED PORK SANDWICH WITH YOUR CHOICE OF SIDES.







#### McCarthy + Moe Recent 94903 Sales

2502 Las Gallinas Ave SOLD \$1,425,000
91 Mt Muir Court SOLD \$1,489,000
794 Del Ganado Road SOLD \$1,625,000
206 Deepstone Drive SOLD \$1,655,000
542 Miller Creek SOLD \$2,400,000
136 Duran Drive COMING SOON

I'm Liz McCarthy, a real estate broker who lives within the Miller Creek School District community. I've been helping people buy and sell homes in our neighborhoods for over 18 years, so I know the market inside and out.

I'm passionate about helping people find their dream property, or helping sell their home and I'm committed to providing exceptional service every step of the way. I'll work with you to understand your needs and goals, and I'll do everything I can to help you achieve them.

I'm also the Founder of the McCarthy + Moe Group, which is a team of experienced real estate professionals who are dedicated to providing our clients with the best possible service.







#### www.McCarthyMoe.com

Featured Listings | Recent Transactions | Neighborhood Resources & Links | Blog | Seminar

If you're thinking about buying or selling a home in the Miller Creek School District or anywhere in Marin County, I'd love to chat with you. I'm happy to answer any questions you have, and I can give you a free consultation to discuss your real estate needs.



**COMPASS** 

Just give me a call or send me an email. I'd be happy to help!