

Marinwood Community Services District - GUARDS in Training (GIT) Application -

775 Miller Creek Rd, San Rafael, CA 94903

Phone: (415) 479-0775 www.marinwood.org Fax: (415) 479-7759

Return your application to:

Marinwood Community Center
Attn: Luke Fretwell
775 Miller Creek Rd, San Rafael CA 94903
(415) 479-0775 phone / (415) 479-7759 fax

Questions?

Contact Luke Fretwell – Recreation Supervisor
Phone: (415) 479-0775x15 Email: lfretwell@marinwood.org

Marinwood Community Center office hours:

Monday – Friday, 9am-5pm

Name: _____ Phone: _____
Email: _____ Last Grade Completed: _____
Address: _____ City: _____ Zip: _____

SESSION AVAILABILITY

The GIT program is Monday through Friday, 8:45am–3:00pm. Each session is one week long. You must be available to volunteer everyday during the sessions you check. **I am available and would like to be a GIT during the following sessions:**

_____ Session 1	June 18-22
_____ Session 2	June 25-29
_____ Session 3	July 2-6 (no GIT on Wednesday, July 4 th)
_____ Session 4	July 9-13
_____ Session 5	July 16-20
_____ Session 6	July 23-27
_____ Session 7	July 30-Aug. 3
_____ Session 8	Aug. 6-10
_____ Session 9	August 13-17
_____ Session 10	August 20-24

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GIT APPLICATION QUESTIONS

Please answer the following questions: (Attach additional sheet if necessary)

1. Why do you want to be a G.I.T.?
2. Explain why you would be a good G.I.T. as well as any experience you have with swimming, babysitting, camps, working with children etc.
3. List 3 to 4 safety rules you think are important for children to follow at the pool.
4. What are some qualities or characteristics that every good lifeguard should possess?
5. What makes a good leader?
6. Do you consider yourself to be: (check all that apply)

<input type="checkbox"/> Funny	<input type="checkbox"/> Hard Working	<input type="checkbox"/> Artistic	<input type="checkbox"/> Patient
<input type="checkbox"/> Athletic	<input type="checkbox"/> Creative	<input type="checkbox"/> Loud	<input type="checkbox"/> Cooperative
<input type="checkbox"/> Friendly	<input type="checkbox"/> Outgoing	<input type="checkbox"/> Quiet	<input type="checkbox"/> Assertive

---Please return this form with your application---

**Mail, Drop-off, email (lfretwell@marinwood.org), or Fax (415-479-7759) completed applications to
Marinwood CSD by May 18^h, 5pm**

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GIT Information Sheet – for parents to complete

Please complete this form to help our staff get to know your GIT.

GIT Name: _____

Allergies: _____

Foods to avoid: _____

Medical information we should know: _____

Discipline issues: _____

Pick up after camp: please select one

Parent/guardian will pick up

OK for GIT to leave on his/her own

Someone other than Parent/guardian will pick up. Name and phone of this person:

Best phone number to contact you during the camp day: _____

Other numbers to reach you: _____

Parents/guardians name: _____

Notes: _____

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**Keep this page
for your records!**

GUIDELINES FOR GUARDS IN TRAINING (G.I.T.)

The GUARDS in Training program is a unique opportunity for participants to receive hands-on training and education in the fields of aquatics and recreation. The program is designed for participants who have completed 7th grade through 14 years old. As a G.I.T. you will learn a number of exciting lifeguard skills, have an opportunity to assist with teaching swim lessons, participate in lifeguard trainings, skill sessions and games, shadow professional lifeguards, and enjoy free swim time and a weekly barbecue. Participants will be assigned specific summer 1-week sessions to volunteer.

2018 DATES TO REMEMBER:

Once you have submitted this application, please plan to attend one of the mandatory GIT trainings.

- **Applications due:** **Friday, May 18th**

- **Training:** **Friday, May 25, 3:00-5pm**
If chosen to be a GIT, you must attend this training.

- **Session Assignments & Registration Opens:** **Tuesday, May 29**
After 2pm, a list will be posted at the Marinwood Community Center for those chosen to participate. Check the front windows for your assignments!

- **Registration & Payment due:** **Friday, June 8**
\$118 per session (\$98-session 3 due to shortened week)

GIT RULES

As a G.I.T. you are part of the aquatics staff team. You will be expected to observe the following guidelines:

- Know and follow all pool rules.
- Be present every day (1 week sessions = 5 working days)
- Come ready to participate (come wearing swimsuit, bring towel, change of clothes)
- Listen, understand and follow Director's instructions.
- Be friendly, patient, polite, positive and enthusiastic to children, parents and staff.
- While assisting with swim lessons watch children at all times and follow instructor's instructions.
- Participate in all aspects of the day's activities: skills, demos, games etc.
- Learn all the children's names and call them by name when talking to them.
- Be respectful and attentive to the lifeguard staff as you work together.
- Have fun while participating, the children will see you do this and do the same.

If you are chosen as a G.I.T. it is your responsibility to notify the GIT Director in case of illness or any other incidence that would cause your absence. Excessive absence or tardiness may result in dismissal.

FOR YOUR RECORDS – SESSION DATES

Session 1	June 18-22
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